I. CATALOG INFORMATION
   A. Discipline: INTERCOLLEGIATE ATHLETICS (ICA)
   B. Subject Code and Number: ICA M04A
   C. Course Title: Intercollegiate Football- Men
   D. Credit Course units:
      Units: 4 
      Lecture Hours per week: 1 
      Lab Hours per week : 9 
      Variable Units : No 
   E. Student Learning Hours:
      Lecture Hours:
      Classroom hours: 17.5 - 17.5 
      Laboratory/Activity Hours:
      Laboratory/Activity Hours 157.5 - 157.5 
      Total Combined Hours in a 17.5 week term: 175 - 175 
   F. Non-Credit Course hours per week 
   G. May be taken a total of: 1 2 3 X 4 time(s) for credit 
   H. Is the course co-designated (same as) another course: No X Yes 
      If YES, designate course Subject Code & Number: 
   I. Course Description:
      Develops athletic skills and techniques in Football. Emphasizes team 
      development and competitive improvement and intensity. Involves competition 
      against other institutions, and travel. 
   J. Entrance Skills
      *Prerequisite: No X Yes □ Course(s) 
      *Corequisite: No X Yes □ Course(s) 
      Limitation on Enrollment: No □ Yes X 
      Recommended Preparation: No X Yes □ Course(s) 
      Other: No X Yes □ 
   K. Other Catalog Information:
Repeatability is dependent upon CCCAA (California Community College Athletic Association) eligibility. Student must be capable of competing at the intercollegiate level. May be taken a maximum of four (4) times for credit. (Formerly PE M71 and KIN M103A.)

Course Credit Limitation:
UC - maximum credit of 4 units if combined with DANC M18 and any or all other ICA/KIN/PE Activity courses.

II. COURSE OBJECTIVES
Upon successful completion of the course, a student will be able to:

<table>
<thead>
<tr>
<th></th>
<th>Methods of evaluation will be consistent with, but not limited by, the following types or examples.</th>
</tr>
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<tbody>
<tr>
<td>1</td>
<td>demonstrate a variety of individual techniques and fundamentals required for intercollegiate participation and adhere to the CCCAA (California Community College Athletic Association) and collegiate rules for the sport.</td>
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<tr>
<td>2</td>
<td>develop and apply team skills necessary to successfully compete at the intercollegiate level.</td>
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<tr>
<td>3</td>
<td>develop and analyze offensive and defensive tactics and strategies and respond accordingly.</td>
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<tr>
<td>4</td>
<td>apply and develop principles for social interaction, teamwork and leadership.</td>
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<tr>
<td>5</td>
<td>demonstrate and practice an appreciation for high quality character traits including, but not limited to, sportsmanship, fair play and teamwork.</td>
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<tr>
<td>6</td>
<td>identify and practice good health habits through proper emphasis on training techniques, injury prevention, nutrition and substance education.</td>
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</table>

III. COURSE CONTENT

<table>
<thead>
<tr>
<th>Estimated %</th>
<th>Topic</th>
<th>Learning Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td>35.00%</td>
<td>Football's individual fundamental skills 1. Offensive techniques 2. Defensive techniques 3. Special situation skills</td>
<td>1, 2</td>
</tr>
<tr>
<td>35.00%</td>
<td>Football's team tactics and strategies 1. Offensive 2. Defensive 3. Special situations</td>
<td>2, 3, 4</td>
</tr>
</tbody>
</table>
### II. ATTITUDE AND BEHAVIORS
- High quality character traits
- Sportsmanship
- Fair play
- Teamwork/Social interaction
- Leadership
- Health habits
- Injury prevention

### III. CONDITIONING
- Pre-season
- Early season
- Conference season
- Post conference season

### Lab (must total 100%)

### IV. TYPICAL ASSIGNMENTS

#### A. Writing assignments
- Writing assignments are required. Possible assignments may include, but are not limited to:
  1. setting individual and team goals.
  2. personality trait assessment surveys.
  3. assessment of team attitudes.
  4. individual and team evaluations.

#### B. Appropriate outside assignments
- Appropriate outside assignments are required. Possible assignments may include, but are not limited to:
  1. individual and team goal development.
  2. understanding and applying play book.
  3. knowing and applying game strategy and tactic.
V. METHODS OF INSTRUCTION

Methods of instruction may include, but are not limited to:

☐ Distance Education – When any portion of class contact hours is replaced by distance education delivery mode (Complete DE Addendum, Section XV)

☒ Lecture/Discussion

☒ Laboratory/Activity

☒ Other (Specify) Skill development activities done in competitive environments.

☐ Optional Field Trips

☒ Required Field Trips

VI. METHODS OF EVALUATION

Methods of evaluation may include, but are not limited to:

☐ Essay Exam ☒ Classroom Discussion ☒ Skill Demonstration

☐ Problem Solving Exam ☐ Reports/Papers/Journals ☐ Participation

☐ Objective Exams ☐ Projects ☒ Other (specify)

Observation of skills in competitive environment.
Post game film analysis.
Statistical analysis.

VII. REPRESENTATIVE TEXTS AND OTHER COURSE MATERIALS


Instructor generated handouts.

VIII. STUDENT MATERIALS FEES

☒ No ☐ Yes
IX. PARALLEL COURSES

<table>
<thead>
<tr>
<th>College</th>
<th>Course Number</th>
<th>Course Title</th>
<th>Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>College of the Canyons</td>
<td>KPEI 260</td>
<td>Intercollegiate Football</td>
<td>3</td>
</tr>
<tr>
<td>Ventura College</td>
<td>ICA V07</td>
<td>Intercollegiate Football</td>
<td>4</td>
</tr>
<tr>
<td>L.A. Pierce College</td>
<td>PE 508</td>
<td>Intercollegiate Sports-Football</td>
<td>3</td>
</tr>
</tbody>
</table>

X. MINIMUM QUALIFICATIONS

Courses in Disciplines in which Masters Degrees are not expected:
Bachelor's Degree and two years of experience, or Associate's Degree and six years of experience.

XI. ARTICULATION INFORMATION

A. Title V Course Classification:
   1. This course is designed to be taken either:
      - Pass/No Pass only (no letter grade possible); or
      - Letter grade (P/NP possible at student option)
   2. Degree status:
      - Either [X] Associate Degree Applicable; or [ ] Non-associate Degree Applicable

B. Moorpark College General Education:
   1. Do you recommend this course for inclusion on the Associate Degree General Education list?
      Yes: [X] No: [ ] If YES, what section(s)?
      - A1 - Natural Sciences - Biological Science
      - A2 - Natural Sciences - Physical Science
      - B1 - Social and Behavioral Sciences - American History/Institutions
      - B2 - Social and Behavioral Sciences - Other Social Behavioral Science
      - C1 - Humanities - Fine or Performing Arts
      - C2 - Humanities - Other Humanities
      - D1 - Language and Rationality - English Composition
      - D2 - Language and Rationality - Communication and Analytical Thinking
      - E1 - Health/Physical Education
      - E2 - PE or Dance
      - F - Ethnic/Gender Studies

C. California State University (CSU) Articulation:
   1. Do you recommend this course for transfer credit to CSU? Yes: [X] No: [ ]
   2. If YES do you recommend this course for inclusion on the CSU General Education list?
      Yes: [X] No: [ ] If YES, which area(s)?
      - A1 [ ] A2 [ ] A3 [ ] B1 [ ] B2 [ ] B3 [ ] B4 [ ]
D. University of California (UC) Articulation:

1. Do you recommend this course for transfer to the UC?  Yes: [X] No: 

2. If YES do you recommend this course for the Intersegmental General Education Transfer Curriculum (IGETC)?  Yes: [X] No: 

IGETC Area 1: English Communication

- English Composition
- Critical Thinking-English Composition
- Oral Communication

IGETC Area 2: Mathematical Concepts and Quantitative Reasoning

- Mathematical Concepts

IGETC Area 3: Arts and Humanities

- Arts
- Humanities

IGETC Area 4: Social and Behavioral Sciences

- Anthropology and Archaeology
- Economics
- Ethnic Studies
- Gender Studies
- Geography
- History
- Interdisciplinary, Social & Behavioral Sciences
- Political Science, Government & Legal Institutions
- Psychology
- Sociology & Criminology

IGETC Area 5: Physical and Biological Sciences (mark all that apply)

- Physical Science Lab or Physical Science Lab only (non-sequence)
- Physical Science Lecture only (non-sequence)
- Biological Science
- Physical Science Courses
- Physical Science Lab or Biological Science Lab Only (non-sequence)
- Biological Science Courses
Biological Science Lab course
First Science course in a Special sequence
Second Science course in a Special Sequence
Laboratory Activity
Physical Sciences

IGETC Area 6: Language other than English

Languages other than English (UC Requirement Only)
U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)
U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

XII. REVIEW OF LIBRARY RESOURCES
A. What planned assignment(s) will require library resources and use?
The following assignments require library resources: None

B. Are the currently held library resources sufficient to support the course assignment?
YES: X NO: 
If NO, please list additional library resources needed to support this course.

XIII. PREREQUISITE AND/OR COREQUISITE JUSTIFICATION

XIV. WORKPLACE PREPARATION
ICA M04A: Not Applicable

XV. DISTANCE LEARNING COURSE OUTLINE ADDENDUM
ICA M04A: Not Applicable

XVI. GENERAL EDUCATION COURSE OUTLINE ADDENDUM

General Education Division of Learning [check all applicable boxes]:

- Natural Sciences
  - Biological Science
  - Physical Science
- Social and Behavioral Sciences
  - American History/Institutions
  - Other Social Science
- Humanities
  - Fine or Performing Arts
  - Other Humanities
- Language and Rationality
XOPTION #1: Moorpark College has already received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. Note: This option applies only to technical revisions and updated courses.

☐ OPTION #2: Moorpark College has not received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. This option applies to all new and substantively revised courses.

XVII. STUDENT MATERIALS FEE ADDENDUM
ICA M04A: Not Applicable

XVIII. REPEATABILITY JUSTIFICATION TITLE 5, SECTION 55041
Please check all that apply:

☐ 1. This is a course in which the content differs each time the course is offered. For the course in which the content may change significantly after a period of time, there must be a mechanism for ensuring that when a student wants to re-enroll, the content is different from the last time the student took the course. Indicate in the course description the circumstances that would permit repetition.

☐ 2. This is an activity course where the student meets course objectives by repeating a similar primary educational activity and the student gains an expanded educational experience each time the course is repeated for the following reasons:

☐ Skills or proficiencies are enhanced by supervised repetition and practice within class periods; or

☐ Active participatory experience in individual study for group assignments is the basic means by which learning objectives are obtained.

NOTE: Foreign language courses, for-credit ESL courses, and non-degree-applicable basic skills courses are NOT considered activity courses and therefore cannot be repeated.

X 3. This is a physical education activity course.

NOTE: Activity courses which involve the same primary educational activity (e.g., golf) or different levels of the same activity (e.g., beginning and intermediate golf), must combine all enrollments across all of these similar courses for purposes of the four enrollment repeatability limitation. In other words, a student may not enroll in beginning and intermediate golf four times each, but may enroll in these golf courses for a total of four times.
4. This is a **visual or performing arts courses** in music, fine arts, theater or dance.

**NOTE:** An exception is made for activity courses in the visual and performing arts in the same area (e.g., piano) that are a part of a transfer sequence (documentation maybe required). Students may repeat each level of each course (e.g., Piano 1, 2 and 3) up to three times for a total of four enrollments in each course.

XIX. CURRICULUM APPROVAL

Course Information:
- **Discipline:** INTERCOLLEGIATE ATHLETICS (ICA)
- **Discipline Code and Number:** ICA M04A
- **Course Revision Category:** Technical Course Revision

Course Proposed By:
- Originating Faculty: Glenela Rajpaul 10/29/2012
- Faculty Peer: Howard Davis 10/30/2012
- Curriculum Rep: Lee Ballestero 10/30/2012
- Department Chair: Delbert Parker 10/30/2012
- Division Dean: Lori Bennett 10/30/2012

Approved By:
- Curriculum Chair: Mary Rees 01/02/2013
- Executive Vice President: Glenela Rajpaul 01/02/2013
- Articulation Officer: Letrisha Mai 11/06/2012
- Librarian: Mary LaBarge 12/04/2012

Implementation Term and Year: Fall 2013

Approval Dates:
- Approved by Moorpark College Curriculum Committee: 11/06/2012
- Approved by Board of Trustees (if applicable): 11/06/2012
- Approved by State (if applicable): 02/09/2013