

PUBLIC HEALTH, ASSOCIATE IN SCIENCE FOR TRANSFER (AS-T)

Program Goals and Objectives

Must address a valid transfer, workforce preparation, basic skills, civic education, or lifelong learning purpose.

The Public Health Transfer degree offers students an opportunity to enrich their education with an emphasis on improved health as well as prepare students for transfer to bachelor's degree programs in Public Health, Health Science, Health Science with Health Education option, Health Science with Public Health option, Health Science with Community Health option, Health Science with Health Promotion & Disease Prevention, Health Education, Public Health, Public Health Promotion, Kinesiology with Health Education, Kinesiology with Health Science option, Kinesiology with Health and Wellness Promotion, Kinesiology with Health Promotion and Disease Prevention and Collaborative Health and Human Services with Community Health option.

Typical employment opportunities in the field are in areas of gerontology, health promotion, hospitals/health care facilities, community and public health programs, public and private health, and human services agencies (city, county, state, and national), long-term care facilities, diabetes education programs, occupational health, industrial hygiene, and professional consulting organizations.

Program Objectives:

Enhance one's own personal health Prepare students for transfer to Public Health programs at a CSU campus Discover employment opportunities within the Public Health field Identify strategies to reduce the risk and spread of infectious diseases

The Associate in Science in Public Health Transfer degree is intended for students who plan to complete a bachelor's degree in a "similar" major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major.

The proposal must demonstrate a need for a program that meets the stated goals and objectives in the region the college proposes to serve with the program.

The Health and Wellness Area of Interest Team for Guided Pathways determined that this degree would provide students with an opportunity to earn an ADT degree and transfer to a Public Health program. Upon graduation from a University, students will be able to gain employment earning a living wage in the field of public health.

Program Student Learning Outcomes

Program Student Learning Outcomes

Upon completion of this program a student will be able to:

apply the multidimensional approach of public health sciences.

identify proactive factors for disease prevention and risk factors for disease and disability.

apply behavior-changing techniques to maximize health and wellness.

apply the concepts of research, program planning, and evaluation strategies.

Catalog Description

Includes program requirements, prerequisite skills or enrollment limitations, student learning outcomes, and information relevant to program goal.

The Associate in Sciences in Public Health Transfer Degree (AS-T in Public Health) provides preparation for students interested in careers in public health. Typical employment opportunities in the field are in areas of gerontology, health promotion, hospitals/health care facilities, community and public health programs, public and private health, and human services agencies (city, county, state, and national), long-term care facilities, diabetes education programs, occupational health, industrial hygiene, and professional consulting organizations.

The Associate in Sciences in Public Health Transfer Degree (AS-T in Public Health) is intended for students who plan to complete a bachelor's degree in Public Health, Health Science with Health Education option, Health Science with Public Health option, Health Science with Community Health option, Health Science with Health Promotion & Disease Prevention, Health Education, Public Health, Public Health Promotion, Kinesiology with Health Education, Kinesiology with Health Science option, Kinesiology with Health and Wellness Promotion, Kinesiology with Health Promotion and Disease Prevention and Collaborative Health and Human Services with Community Health option or a "similar" major at a CSU campus. Students completing the degree are guaranteed admission to the CSU system, but not to a particular campus or major. Each CSU campus determines which of the degrees it offers are "similar" and can be completed with the preparation included in the AS-T in Public Health within 60 units once a student transfers, so which majors are "similar" varies from CSU to CSU. For a current list of what majors (and what options or areas of emphasis within that major) have been designated as "similar" to this degree at each CSU campus, please refer to CSU's Associate Degree for Transfer Major and Campus Search (<https://www.calstate.edu/apply/transfer/Pages/associate-degree-for-transfer-major-and-campus-search.aspx>) and

seek guidance from a Moorpark College counselor. The AS-T in Public Health may not be the best option for students intending to transfer to a particular CSU campus or to a college or university that is not part of the CSU system.

Includes course requirements and sequencing that reflect program goals.

To earn an AS-T in Public Health, students must:

1. Complete a minimum of 60 semester or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
 - a. The California General Education Transfer Curriculum (Cal-GETC) requirements.
 - b. The required coursework for the major as listed in the Moorpark College catalog.
2. Complete all courses in the major and Cal-GETC with a grade of "C" or better or "P" if the course is taken on a "pass-no-pass" basis. Even though a "Pass/Credit" grade is allowed, it is highly recommended that students complete their major courses with a letter grade (A, B, or C). **Note:** the UC system allows a maximum of 14 semester (21 quarter) units of courses graded "Pass/No Pass" (Credit/No Credit) toward the 60 transferable semester units required for transfer admission.
3. Obtain a minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum GPA of 2.0 is required for admission, some transfer institutions and majors may require a higher GPA. Please consult with a counselor for more information.
4. Complete a minimum of 12 semester units within the Ventura County Community College District.

Students transferring to a CSU campus that accepts the AS-T in Public Health degree will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is a designated "high-unit" major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. Students should consult with a counselor to obtain more information on university admission and transfer requirements.

Course ID	Title	Units/Hours
REQUIRED CORE: Complete the following		
HED M20	Introduction to Public Health	3
HED M22	Personal Health and Wellness	3
STAT C1000	Introduction to Statistics	4
or STAT C1000H	Introduction to Statistics - Honors	
or PSY M125	Statistics for the Behavioral and Social Sciences	
or SOC M125	Statistics for the Behavioral and Social Sciences	
BIOL M01	Introduction to Biology	4
Units from LIST A		4 - 5
Units from LIST B		3
Units from LIST C		3-5
Total Units for Major		24-27
LIST A: Select one course		
	Title	4-5
ANAT M01	Human Anatomy	4
CHEM M01A	General Chemistry I	5
CHEM M01AH	Honors: General Chemistry I	5
CHEM M12	Introductory Chemistry I	4
MICR M01	General Microbiology	5
PHSO M01	Human Physiology	4
PHSO M01H	Honors: Human Physiology	4
LIST B: Complete the following		3
HED M21	Social Determinants of Health, Disparities and Equities	3
LIST C: Select one of the following		3 - 5
ANTH M01	Biological Anthropology	3
ANTH M02	Cultural Anthropology	3
CD M02	Human Development: Infancy through Adolescence	3
CD M03	Child, Family, and Community	3
CD M03H	Honors: Child, Family, and Community	3
COMM C1004	Interpersonal Communication	3
GIS M01	Introduction to Geographic Information Systems	3
HED M05	First Aid, CPR, AED & Emergency Procedures	3

KIN M01	Introduction to Kinesiology	3
NTS M01	Introduction to Nutrition Science	3
PHYS M10A & M10AL	General Physics I and General Physics I Lab	4, 1
PSYC C1000	Introduction to Psychology	3
PSYC C1000H	Introduction to Psychology - Honors	3
PSY M05	Social Psychology	3
PSY M07	Developmental Psychology (Lifespan)	3
PSY M13	Human Sexuality	3
SOCI C1000	Introduction to Sociology	3
SOCI C1000H	Introduction to Sociology - Honors	3
SOC M130	Introduction to Marriage and Family	3
SPAN M100	Elementary Spanish I	5
SPAN M110	Elementary Spanish II	5
SPAN M200	Intermediate Spanish I	5
SPAN M210	Intermediate Spanish II	5

Total Units for Major	23-27
General Education (Cal-GETC)	34
Double-Counted Units	13-16
Elective Units	12-19
Total Units for the AS-T Degree	60

State Approved: 8.25.2026