

STRATEGY #1

GROWTH MINDSET

Did you know that just believing that we can learn actually helps us learn? Carol Dweck has found a strong correlation between student learning and "growth mindset."



THREE EASY THINGS YOU CAN DO:



1. **Introduce** your students to the concept: take a quiz on their own mindset at mindsetworks.com or watch Carol Dweck's Ted Talks
2. Require students to **reflect** on their work progress and study habits so they can figure out strategies that help them grow. Assign a paragraph, create a quick questionnaire, etc. following tests and other work.
3. **Praise effort, strategy, and reflection** instead of just intelligence or high grades. And when someone says "I don't understand" you can respond with a simple word: **"yet."**

**BROUGHT TO YOU BY
THE TEACHING AND
LEARNING CENTER: LLR
3RD FLOOR**

tutoring and resources
for students and
faculty