

I. CATALOG INFORMATION

A. Discipline: DANCE

B. Subject Code and Number: DANC M09A

C. Course Title: Introduction to Dance: Ballet

D. Credit Course units:

Units: 2

Lecture Hours per week: 1

Lab Hours per week : 3

Variable Units : No

E. Student Learning Hours:

Lecture Hours:

Classroom hours: 17.5 - 17.5

Laboratory/Activity Hours:

Laboratory/Activity Hours 52.5 - 52.5

Total Combined Hours in a 17.5 week term: 70 - 70

F. Non-Credit Course hours per week _____

G. May be taken a total of: 1 2 3 4 time(s) for credit

H. Is the course co-designated (same as) another course: No Yes

If YES, designate course Subject Code & Number: _____

I. Course Description:

Introduces fundamental ballet technique and terminology, general principles of alignment, centering and posture as it relates to ballet. Includes exercises at the barre to develop flexibility, strength, control, coordination and resilience and center practice of port de bras, simple adage and allegro movements.

J. Entrance Skills

*Prerequisite: No Yes Course(s)

*Corequisite: No Yes Course(s)

Limitation on Enrollment: No Yes

Recommended Preparation: No Yes Course(s)

Other: No Yes

K. Other Catalog Information:

Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

II. COURSE OBJECTIVES

Upon successful completion of the course, a student will be able to:

		Methods of evaluation will be consistent with, but not limited by, the following types or examples.
1	demonstrate improved kinesthetic conditioning: increased flexibility, strength, coordination and endurance.	Performance Assessment Written Testing
2	execute basic ballet barre exercises and elementary center adagio and allegro combinations.	Performance Assessment Block Testing
3	demonstrate an understanding of the theory and function of the various ballet exercises in relationship to the body and the dynamics of movement.	Performance Assessment Written Tests
4	demonstrate the ability to work cooperatively with classmates, as well as individually in solo or group assignments.	Performance Participation
5	demonstrate knowledge of the historical development and style of ballet: court ballet, romantic ballet and classical ballet.	Written Test
6	identify and define basic ballet terminology and reproduce learned movements correctly.	Written Test Performance Test
7	demonstrate musicality, awareness of musical structure (meter, adagio, allegro), and its application to movement phrasing.	Performance Test
8	demonstrate an appreciation of dance as a performing art by observing and critiquing innovation and technical skill in various ballet performances and venues: live stage performance, videos, and television programs.	Written Assignment

III. COURSE CONTENT

Estimated %	Topic	Learning Outcomes
Lecture (must total 100%)		
	Ballet Theory a. Postural alignment	

20.00%	<ul style="list-style-type: none"> b. Proximal joint function and placement c. Turnout: 180 degree d. Basic anatomy: rotators, hip flexors, metatarsals, etc. 	1, 2, 3, 5
20.00%	<p>Ballet Vocabulary and Fundamental Exercises at Barre</p> <ul style="list-style-type: none"> a. Musicality b. Positions of the feet and arms: 1st, 2nd, 3rd, 4th, and 5th c. Plié: demi, grand d. Battements: tendu, degagé, frappe, petit, grand e. Rond de jambe: en dedans, en dehors f. Developpé g. Fondu h. Port de bras au corps 	1, 2, 3, 5, 6, 7
20.00%	<p>Directional Terms</p> <ul style="list-style-type: none"> a. Devant, derrière b. En dehors, en dedans, en croix 	1, 2, 3, 5, 6, 7
20.00%	<p>Center Exercises</p> <ul style="list-style-type: none"> a. Coupé b. Chassé: à terre, en l'air c. Glissade d. Tombé e. Pas de bourée 	1, 2, 3, 4, 5, 7, 8
20.00%	<p>Ballet History</p> <ul style="list-style-type: none"> a. Early: Louis XIV b. Ballet d'Action c. Romantic 	5, 8
Lab (must total 100%)		
20.00%	<p>Ballet Theory</p> <ul style="list-style-type: none"> a. Postural alignment b. Proximal joint function and placement c. Turnout: 180 degree d. Basic anatomy: rotators, hip flexors, metatarsals, etc. 	1, 2, 3, 5
25.00%	<p>Ballet Vocabulary and Fundamental Exercises at Barre</p> <ul style="list-style-type: none"> a. Musicality b. Positions of the feet and arms: 1st, 2nd, 3rd, 4th, and 5th c. Plié: demi, grand d. Battements: tendu, degagé, frappe, petit, grand e. Rond de jambe: en dedan, en dehors f. Developpe g. Fondu h. Port de bras au corps 	1, 2, 3, 5, 6, 7
20.00%	<p>Directional Terms</p> <ul style="list-style-type: none"> a. Devant, derrière, en dehors, en dedans, en croix b. Positions of the body-basic: à la quatrieme, croise, ecarté 	1, 2, 3, 5, 6, 7
25.00%	<p>Center Exercises</p> <ul style="list-style-type: none"> a. Coupé b. Chassé: à terre, en l'air c. Glissade d. Tombé e. Pas de bourrée 	1, 2, 3, 4, 5, 7, 8
10.00%	<p>Evaluation</p> <ul style="list-style-type: none"> a. Instructor b. Peer c. Self-critique 	1, 2, 3, 4, 5, 6, 7, 8

IV. TYPICAL ASSIGNMENTS**A. Writing assignments**

Writing assignments are required. Possible assignments may include, but are not limited to:	
1	write a report on a ballet dancer or choreographer.
2	write a report on the romantic ballet classics: Giselle, La Sylphide.
3	write definitions of ballet vocabulary.

B. Appropriate outside assignments

Appropriate outside assignments are required. Possible assignments may include, but are not limited to:	
1	complete the assigned readings from text and other sources.
2	attend field trips to dance concerts performed by international, national ballet companies.
3	rehearse ballet steps or practice class combinations.

C. Critical thinking assignments

Critical thinking assignments are required. Possible assignments may include, but are not limited to:	
1	compare and contrast early court ballet practices with romantic ballets and techniques.
2	research and present the history of dancing "sur le pointe."
3	self-appraise one's performance or improvement according to established criteria of fundamental ballet technique.

V. METHODS OF INSTRUCTION

Methods of instruction may include, but are not limited to:

- Distance Education – When any portion of class contact hours is replaced by distance education delivery mode (Complete DE Addendum, Section XV)
- Lecture/Discussion
- Laboratory/Activity
- Other (Specify) Participation in an end-of-semester performance.
- Optional Field Trips
- Required Field Trips

VI. METHODS OF EVALUATION

Methods of evaluation may include, but are not limited to:

- | | | |
|---|---|---|
| <input type="checkbox"/> Essay Exam | <input checked="" type="checkbox"/> Classroom Discussion | <input checked="" type="checkbox"/> Skill Demonstration |
| <input type="checkbox"/> Problem Solving Exam | <input checked="" type="checkbox"/> Reports/Papers/Journals | <input checked="" type="checkbox"/> Participation |
| <input checked="" type="checkbox"/> Objective Exams | <input checked="" type="checkbox"/> Projects | <input checked="" type="checkbox"/> Other (specify) |

Participate in a choreographed and rehearsed performance project.

VII. REPRESENTATIVE TEXTS AND OTHER COURSE MATERIALS

Hammond, Sandra Noll. Ballet Basics. 5th ed. McGraw-Hill, 2004.

Grant, Gail. Technical Manual and Dictionary of Classical Ballet. BN Publishing, 2014.

VIII. STUDENT MATERIALS FEES

- No Yes

IX. PARALLEL COURSES

College	Course Number	Course Title	Units
CSU San Bernardino	KINE 150D	Dance Activities: Ballet	2
San Francisco State Univ.	DANC 163	Ballet I	1
UC Riverside	DNCE 71A	Beginning Ballet Technique	2
Diablo Valley College	KNDAN 110A	Ballet Fundamentals I	0.5-2
CSU Long Beach	DANC 102	Introduction to Ballet	3
CSU Northridge	KIN 139A	Ballet I	1

X. MINIMUM QUALIFICATIONS

Courses Requiring a Masters Degree:
 Master's in dance, physical education with a dance emphasis, or theater with dance emphasis, OR Bachelor's in any of the above AND Master's in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent.

XI. ARTICULATION INFORMATION

A. Title V Course Classification:

1. This course is designed to be taken either:

- Pass/No Pass only (no letter grade possible); or
 Letter grade (P/NP possible at student option)

2. Degree status:

Either Associate Degree Applicable; or Non-associate Degree Applicable

B. Moorpark College General Education:

1. Do you recommend this course for inclusion on the Associate Degree General Education list?

-

Yes: No: If YES, what section(s)?

- A1 - Natural Sciences - Biological Science
- A2 - Natural Sciences - Physical Science
- B1 - Social and Behavioral Sciences - American History/Institutions
- B2 - Social and Behavioral Sciences - Other Social Behavioral Science
- C1 - Humanities - Fine or Performing Arts
- C2 - Humanities - Other Humanities
- D1 - Language and Rationality - English Composition
- D2 - Language and Rationality - Communication and Analytical Thinking
- E1 - Health/Physical Education
- E2 - PE or Dance
- F - Ethnic/Gender Studies

C. California State University(CSU) Articulation:

1. Do you recommend this course for transfer credit to CSU? Yes: No:

2. If YES do you recommend this course for inclusion on the CSU General Education list?

Yes: No: If YES, which area(s)?

- A1 A2 A3 B1 B2 B3 B4
- C1 C2 D1 D2 D3 D4 D5
- D6 D7 D8 D9 D10 E

D. University of California (UC) Articulation:

1. Do you recommend this course for transfer to the UC? Yes: No:

2. If YES do you recommend this course for the Intersegmental General Education Transfer Curriculum (IGETC)? Yes: No:

IGETC Area 1: English Communication

- English Composition
- Critical Thinking-English Composition
- Oral Communication

IGETC Area 2: Mathematical Concepts and Quantitative Reasoning

- Mathematical Concepts

IGETC Area 3: Arts and Humanities

- Arts
- Humanities

IGETC Area 4: Social and Behavioral Sciences

- Anthropology and Archaeology
- Economics
- Ethnic Studies
- Gender Studies
- Geography
- History
- Interdisciplinary, Social & Behavioral Sciences
- Political Science, Government & Legal Institutions
- Psychology
- Sociology & Criminology

IGETC Area 5: Physical and Biological Sciences (mark all that apply)

- Physical Science Lab or Physical Science Lab only (non-sequence)
- Physical Science Lecture only (non-sequence)
- Biological Science
- Physical Science Courses
- Physical Science Lab or Biological Science Lab Only (non-sequence)
- Biological Science Courses
- Biological Science Lab course
- First Science course in a Special sequence
- Second Science course in a Special Sequence
- Laboratory Activity
- Physical Sciences

IGETC Area 6: Language other than English

- Languages other than English (UC Requirement Only)
- U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)
- U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

XII. REVIEW OF LIBRARY RESOURCES

- A. What planned assignment(s) will require library resources and use?

The following assignments require library resources:

Research a historical figure or concept from the romantic or classical ballet periods: choreography, dancer, scenarist, aesthetic values, etc. using the Library's print and online resources.

- B. Are the currently held library resources sufficient to support the course assignment?

YES: NO:

If NO, please list additional library resources needed to support this course.

XIII. PREREQUISITE AND/OR COREQUISITE JUSTIFICATION

DANC M09A: Not Applicable

XIV. WORKPLACE PREPARATION

DANC M09A: Not Applicable

XV. DISTANCE LEARNING COURSE OUTLINE ADDENDUM

1. Mode of Delivery

- Online (course will be delivered 100% online)
- Online with onsite examinations (100% of the instruction will occur online, but examinations and an orientation will be scheduled onsite)
- Online/Hybrid (a percentage of instruction will be held online and the remaining percentage of instruction will be held onsite)
 - Lab activities will be conducted onsite
- Televideo (Examinations and an orientation will be held onsite)
- Teleconference
- Other

2. Need/Justification

Improve general student access.

3. Describe how instructors teaching this course will ensure regular, effective contact with and among students.

The online portion will supplement course content and lecture material. Practical technical applications will be provided on site.

4. Describe how instructors teaching this course will involve students in active learning.

The students will be participating in active learning activities such as viewing video of ballet productions and critiquing the content; discussing the historical content, technique and aesthetics, commenting on assignment specific directives via a chat or dialogue box.

5. Explain how instructors teaching this course will provide multiple methods of content representation.

In addition to the lecture and practical portions of the class, the hybrid components will focus on homework assignments, vocabulary, handouts, lecture-related reading assignments, video performance viewing, commenting/critiquing, etc.

6. Describe how instructors teaching this course will evaluate student performance.

Practical assessment and oral presentation conducted onsite. Vocabulary homework, video analysis and critique, supplementary readings and quizzes may be submitted online.

XVI. GENERAL EDUCATION COURSE OUTLINE ADDENDUM

General Education Division of Learning [check all applicable boxes]:

- Natural Sciences
 - Biological Science
 - Physical Science
- Social and Behavioral Sciences
 - American History/Institutions
 - Other Social Science
- Humanities
 - Fine or Performing Arts
 - Other Humanities
- Language and Rationality
 - English Composition
 - Communication and Analytical Thinking
- Health/Physical Education
- Ethnic/Women's Studies

Check either Option 1 or Option 2

- OPTION #1:** Moorpark College has already received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. Note: This option applies only to technical revisions and updated courses.
- OPTION #2:** Moorpark College has not received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. This option applies to all new and substantively revised courses.

XVII. STUDENT MATERIALS FEE ADDENDUM

DANC M09A: Not Applicable

XVIII. REPEATABILITY JUSTIFICATION TITLE 5, SECTION 55041

DANC M09A: Not Applicable

XIX. CURRICULUM APPROVAL

Course Information:

Discipline: DANCE

Discipline Code and Number: DANC M09A

Course Revision Category: New Course

Course Proposed By:

Originating Faculty Beth Megill 01/04/2016

Faculty Peer: Sari Rawles 01/08/2016

Curriculum Rep: _____

Department Chair: _____

Division Dean: John Loprieno 01/14/2016

Approved By:

Curriculum Chair: Jerry Mansfield 05/07/2016

Executive Vice President: _____

Articulation Officer: Letrisha Mai 01/20/2016

Librarian: Mary LaBarge 01/20/2016

Implementation Term and Year: Fall 2017

Approval Dates:

Approved by Moorpark College Curriculum Committee: 05/03/2016

Approved by Board of Trustees (if applicable): 10/11/2016

Approved by State (if applicable): 12/19/2016