

**I. CATALOG INFORMATION**A. Discipline: DANCEB. Subject Code and Number: DANC M10AC. Course Title: Ballet I - Fundamentals

D. Credit Course units:

Units: 2Lecture Hours per week: 1Lab Hours per week : 3Variable Units : No

E. Student Learning Hours:

Lecture Hours:

Classroom hours: 17.5 - 0

Laboratory/Activity Hours:

Laboratory/Activity Hours 52.5 - 0**Total Combined Hours** in a 17.5 week term: 70 - 0

F. Non-Credit Course hours per week \_\_\_\_\_

G. May be taken a total of:  1  2  3  4 time(s) for creditH. Is the course co-designated (same as) another course: No  Yes 

If YES, designate course Subject Code &amp; Number: \_\_\_\_\_

I. Course Description:

Continues to introduce new movement and terminology that is part of the fundamental ballet technique. Focuses on proper alignment in Barre exercises for a strong technical foundation. Begins training in center with adage and allegro patterns.

J. Entrance Skills

\*Prerequisite: No  Yes  Course(s)  
\_\_\_\_\_\*Corequisite: No  Yes  Course(s)  
\_\_\_\_\_Limitation on Enrollment: No  Yes   
\_\_\_\_\_Recommended Preparation: No  Yes  Course(s)DANC M09AOther: No  Yes   
\_\_\_\_\_

## K. Other Catalog Information:

Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

## II. COURSE OBJECTIVES

Upon successful completion of the course, a student will be able to:

		<b>Methods of evaluation will be consistent with, but not limited by, the following types or examples.</b>
1	identify and define basic ballet terminology and reproduce learned movements correctly.	Written test Performance test
2	demonstrate musicality, awareness of musical structure (meter, adagio, allegro), and its application to movement phrasing.	Skills demonstration Performance
3	perform fundamental "linking steps" such as, but not limited to: pas de bourrée (dessus, dessous), temps lié, glissé, and chasé.	Skills demonstration Performance
4	coordinate simple foot work and arm patterns at the barre and in center.	Skills demonstration Performance
5	demonstrate an appreciation of dance as a performing art by observing and critiquing innovation and technical skill in various ballet performances and venues: live stage performance, videos, and television programs.	Written assignment

## III. COURSE CONTENT

<b>Estimated %</b>	<b>Topic</b>	<b>Learning Outcomes</b>
<b>Lecture</b> (must total 100%)		
25.00%	Center Combinations a. Adagio b. Petite Allegro c. Grand Allegro d. Pirouettes e. Waltz	1, 2, 3, 4, 5
25.00%	Alignment: a. Spinal alignment. b. Femoral alignment (specifically à la second) c. Lifted elbow and scapular movement in port de bras	1, 2, 3, 4, 5
25.00%	Linking Steps: a. Chasé b. Temps lie c. Tombé d. Variations on pas de bourrée e. Glissé f. Application of the	1, 2, 3, 4, 5

	above in sequences for adagio, petit allegro, grand allegro, waltz, and pirouette combinations	
25.00%	Directional Terms a. Épaulement: in relation to direction: en avant, en arrière b. Positions of the body-basic: à la quatrième, à la seconde, croisé devant, croisé derrière, écarté devant, effacé devant	1, 3, 4, 5
<b>Lab (must total 100%)</b>		
25.00%	Barre (Focus on Alignment): a. Spinal alignment. b. Femoral alignment (specifically à la seconde) c. Lifted elbow and scapular movement in port de bras.	1, 3, 4
25.00%	Center Combinations a. Adagio b. Petite Allegro c. Grand Allegro d. Pirouettes e. Waltz	1, 2, 3, 4, 5
25.00%	Linking Steps:(Barre and Center) a. Chasé b. Temps lié c. Tombé d. Variations on pas de bourrée e. Glissé f. Failli g. Application of the above in sequences for adagio, petit allegro, grand allegro, waltz, and pirouette combinations.	1, 3, 4
25.00%	Directional Terms a. Épaulement: in relation to direction: en avant, en arrière b. Positions of the body-basic: à la quatrième, à la seconde, croisé devant, croisé derrière, écarté devant, effacé devant	1, 2, 3, 4, 5

#### IV. TYPICAL ASSIGNMENTS

##### A. Writing assignments

Writing assignments are required. Possible assignments may include, but are not limited to:	
1	write a report on a ballet dancer or choreographer.
2	write a report on the romantic ballet classics: Giselle, La Sylphide.
3	write definitions of ballet vocabulary.

##### B. Appropriate outside assignments

Appropriate outside assignments are required. Possible assignments may include, but are not limited to:	
1	complete assigned readings from text and other sources.
2	participate in field trips to dance concerts performed by international, national ballet companies.
3	rehearse ballet steps or practice class combinations.

##### C. Critical thinking assignments

Critical thinking assignments are required. Possible assignments may include, but are not limited to:	
1	research and present the history of dancing "sur le pointe."

2	self-appraise one's performance or improvement according to established criteria of fundamental ballet technique.
3	compare and contrast the style of the "white ballets" with the character dances of the romantic era.

**V. METHODS OF INSTRUCTION**

Methods of instruction may include, but are not limited to:

- Distance Education – When any portion of class contact hours is replaced by distance education delivery mode (Complete DE Addendum, Section XV)
- Lecture/Discussion
- Laboratory/Activity
- Other (Specify) Participation in an end-of-semester performance.
- Optional Field Trips
- Required Field Trips

**VI. METHODS OF EVALUATION**

Methods of evaluation may include, but are not limited to:

- |  |   |   |
|--|---|---|
| <input checked="" type="checkbox"/> Essay Exam | <input checked="" type="checkbox"/> Classroom Discussion    | <input checked="" type="checkbox"/> Skill Demonstration |
| <input type="checkbox"/> Problem Solving Exam  | <input checked="" type="checkbox"/> Reports/Papers/Journals | <input checked="" type="checkbox"/> Participation       |
| <input type="checkbox"/> Objective Exams       | <input checked="" type="checkbox"/> Projects                | <input checked="" type="checkbox"/> Other (specify)     |

Participate in a choreographed and rehearsed performance project.

**VII. REPRESENTATIVE TEXTS AND OTHER COURSE MATERIALS**

Grant, Gail. Technical Manual and Dictionary of Classical Ballet. BN Publishing, 2014.

Hammond, Sandra Noll. Ballet Basics. 5th ed. McGraw-Hill, 2004.

**VIII. STUDENT MATERIALS FEES**

- No    Yes

**IX. PARALLEL COURSES**

<i>College</i>	<i>Course Number</i>	<i>Course Title</i>	<i>Units</i>
CSU San Bernardino	KINE 150D	Introduction to Ballet: Ballet	2
San Francisco State	DANC 163	Ballet I	1
CSU Dominguez Hills	DAN 210	Ballet I	2-4
UC Davis	DRAMART 42A	Beginning Ballet	2

CSU Northridge	KIN 139A	Ballet I	1
Cal Poly Pomona	DAN 276A	Ballet I-II	2
CSU Fresno	DANC 112	Ballet I	1-2
CSU Los Angeles	DANC 100A	Beginning Ballet	3
UC Riverside	DNCE 71A	Beginning Ballet Technique	2

**X. MINIMUM QUALIFICATIONS**

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**XI. ARTICULATION INFORMATION**

A. Title V Course Classification:

1. This course is designed to be taken either:

- Pass/No Pass only (no letter grade possible); or  
 Letter grade (P/NP possible at student option)

2. Degree status:

Either  Associate Degree Applicable; or  Non-associate Degree Applicable

B. Moorpark College General Education:

1. Do you recommend this course for inclusion on the Associate Degree General Education list?

Yes:  No:  If YES, what section(s)?

- A1 - Natural Sciences - Biological Science
- A2 - Natural Sciences - Physical Science
- B1 - Social and Behavioral Sciences - American History/Institutions
- B2 - Social and Behavioral Sciences - Other Social Behavioral Science
- C1 - Humanities - Fine or Performing Arts
- C2 - Humanities - Other Humanities
- D1 - Language and Rationality - English Composition
- D2 - Language and Rationality - Communication and Analytical Thinking
- E1 - Health/Physical Education
- E2 - PE or Dance
- F - Ethnic/Gender Studies

C. California State University(CSU) Articulation:

1. Do you recommend this course for transfer credit to CSU? Yes:  No:

2. If YES do you recommend this course for inclusion on the CSU General Education list?

Yes:  No:  If YES, which area(s)?

- A1  A2  A3  B1  B2  B3  B4
- C1  C2  D1  D2  D3  D4  D5
- D6  D7  D8  D9  D10  E

## D. University of California (UC) Articulation:

1. Do you recommend this course for transfer to the UC? Yes:  No:
2. If YES do you recommend this course for the Intersegmental General Education Transfer Curriculum (IGETC)? Yes:  No:

IGETC Area 1: English Communication

- English Composition
- Critical Thinking-English Composition
- Oral Communication

IGETC Area 2: Mathematical Concepts and Quantitative Reasoning

- Mathematical Concepts

IGETC Area 3: Arts and Humanities

- Arts
- Humanities

IGETC Area 4: Social and Behavioral Sciences

- Anthropology and Archaeology
- Economics
- Ethnic Studies
- Gender Studies
- Geography
- History
- Interdisciplinary, Social & Behavioral Sciences
- Political Science, Government & Legal Institutions
- Psychology
- Sociology & Criminology

IGETC Area 5: Physical and Biological Sciences (mark all that apply)

- Physical Science Lab or Physical Science Lab only (non-sequence)
- Physical Science Lecture only (non-sequence)
- Biological Science
- Physical Science Courses
- Physical Science Lab or Biological Science Lab Only (non-sequence)
- Biological Science Courses
- Biological Science Lab course
- First Science course in a Special sequence
- Second Science course in a Special Sequence
- Laboratory Activity
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Physical Sciences

IGETC Area 6: Language other than English

Languages other than English (UC Requirement Only)

U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

**XII. REVIEW OF LIBRARY RESOURCES**

A. What planned assignment(s) will require library resources and use?

The following assignments require library resources:

Research, using the Library's print and online resources, a ballet dancer or choreographer and their contributions to the development of ballet.

B. Are the currently held library resources sufficient to support the course assignment?

YES:  NO:

If NO, please list additional library resources needed to support this course.

**XIII. PREREQUISITE AND/OR COREQUISITE JUSTIFICATION**

**XIV. WORKPLACE PREPARATION**

DANC M10A: Not Applicable

**XV. DISTANCE LEARNING COURSE OUTLINE ADDENDUM**

DANC M10A: Not Applicable

**XVI. GENERAL EDUCATION COURSE OUTLINE ADDENDUM**

**General Education Division of Learning** [check all applicable boxes]:

Natural Sciences

Biological Science

Physical Science

Social and Behavioral Sciences

American History/Institutions

Other Social Science

Humanities

Fine or Performing Arts

Other Humanities

Language and Rationality

English Composition

Communication and Analytical Thinking

Health/Physical Education

Ethnic/Women's Studies

**Check either Option 1 or Option 2**

**OPTION #1:** Moorpark College has already received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. Note: This option applies only to technical revisions and updated courses.

**OPTION #2:** Moorpark College has not received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. This option applies to all new and substantively revised courses.

**XVII. STUDENT MATERIALS FEE ADDENDUM**

DANC M10A: Not Applicable

**XVIII. REPEATABILITY JUSTIFICATION TITLE 5, SECTION 55041**

DANC M10A: Not Applicable

**XIX. CURRICULUM APPROVAL**

Course Information:

Discipline: DANCE

Discipline Code and Number: DANC M10A

Course Revision Category: Technical Course Revision

Course Proposed By:

Originating Faculty Beth Megill 01/04/2016

Faculty Peer: Sari Rawles 01/08/2016

Curriculum Rep: \_\_\_\_\_

Department Chair: \_\_\_\_\_

Division Dean: John Loprieno 01/14/2016

Approved By:

Curriculum Chair: Jerry Mansfield 05/07/2016

Executive Vice President: \_\_\_\_\_

Articulation Officer: Letrisha Mai 04/20/2016

Librarian: Mary LaBarge 04/20/2016

Implementation Term and Year: Fall 2016

Approval Dates:

Approved by Moorpark College Curriculum Committee: 05/03/2016

Approved by Board of Trustees (if applicable): \_\_\_\_\_

Approved by State (if applicable): 05/16/2016



