

I. CATALOG INFORMATIONA. Discipline: DANCEB. Subject Code and Number: DANC M10BC. Course Title: Ballet II - Beginning

D. Credit Course units:

Units: 2Lecture Hours per week: 1Lab Hours per week : 3Variable Units : No

E. Student Learning Hours:

Lecture Hours:

Classroom hours: 17.5 - 17.5

Laboratory/Activity Hours:

Laboratory/Activity Hours 52.5 - 52.5**Total Combined Hours** in a 17.5 week term: 70 - 70

F. Non-Credit Course hours per week _____

G. May be taken a total of: 1 2 3 4 time(s) for creditH. Is the course co-designated (same as) another course: No Yes

If YES, designate course Subject Code & Number: _____

I. Course Description:

Continues development of ballet technique at the beginning level. Focuses on consistency, stamina and details in performance of ballet at the barre and in simple center sequences. Emphasizes the mechanics and performance of transitions, weight shifts, balances, turning and extension in preparation for intermediate-level training. Addresses specific student needs for improvement.

J. Entrance Skills

*Prerequisite: No Yes Course(s)

*Corequisite: No Yes Course(s)

Limitation on Enrollment: No Yes

Recommended Preparation: No Yes Course(s)

Possess fundamental ballet technique as determined by placement audition or
DANC M10A

Other: No Yes

K. Other Catalog Information:

Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

II. COURSE OBJECTIVES

Upon successful completion of the course, a student will be able to:

		Methods of evaluation will be consistent with, but not limited by, the following types or examples.
1	demonstrate improved kinesthetic conditioning: increased flexibility, strength, coordination and endurance.	Performance Assessment Written Testing
2	execute beginning-level ballet barre exercises, center adagio and allegro combinations.	Performance Assessment/Testing
3	outline the purpose(s) for the various ballet exercises in relation to the body and mechanics of movement.	Written Test Journaling
4	identify and discuss key figures in classical ballet history and the continued performance of classical ballets.	Written Test Oral Presentations
5	demonstrate knowledge in the origins and evolution of the ballet tradition.	Reports Oral Presentations Written Tests
6	identify and define beginning ballet terminology and reproduce learned movements correctly.	Written Testing Performance Testing
7	demonstrate improved musicality and awareness of musical structure (meter, adagio, allegro) and its application to movement phrasing.	Performance Testing Objective Testing
8	demonstrate evaluative skills and appreciation by observing and critiquing innovation and technical skill in various ballet performances and venues: live stage performance, videos, and television programs.	Class Discussion Written and Verbal Critique

III. COURSE CONTENT

Estimated %	Topic	Learning Outcomes

Lecture (must total 100%)		
20.00%	Ballet Theory a. Postural alignment b. Proximal joint function and placement c. Turnout: 180 degree d. Beginning-level anatomy: scapula, pelvis, lumbar spine	1, 2, 3, 6, 8
25.00%	Barre Work: a. Student specific goal setting in technical performance, alignment, musicality, coordination and performance energy b. Address each aspect of a full ballet barre as needed to solidify the student's technical foundation in preparation for the intermediate level 1. frappé: double frappé, double beats to pointé other detailed foot work 2. fouetté preparation, flic-flac 3. extended balances 4. strength building in extensions: 90 degree goal in all directions, grand rond de jambe	1, 2, 3, 4, 5, 6, 7, 8
20.00%	Center Directions and Alignment Training a. Épaulement: in relation to direction b. Positions of the body-basic: à la quatrième devant/derrière, à la second, croise derrière, ecarté devant/derrière, efface devant c. Positioning of body and épaulement during leg extensions (i.e., développé, promenade etc.) d. Balance in center	1, 2, 3, 4, 5, 6, 7, 8
25.00%	Center Vocabulary and Exercises a. Petite Batterie: entrechat quatre, royale, jeté,ballotte (Petite Allegro), Grand Allegro, Pirouettes, Waltz b. Challenge memory in patterns and sequences c. Reversing patterns and sequences from one side to the other and from front to back/back to front d. Create fluency in common petit allegro, grand allegro and pirouette combinations	1, 2, 3, 4, 5, 6, 7, 8
10.00%	Ballet History a. Romantic ballets: Giselle, Coppélia b. Classical ballets: Sleeping Beauty, Swan Lake c. Characteristics and techniques: Romantic vs. Classical	4, 5
Lab (must total 100%)		
20.00%	Ballet Theory a. Postural alignment b. Proximal joint function and placement c. Turnout: 180 degree d. Beginning level anatomy: scapula, pelvis, lumbar spine	1, 2, 3, 6, 8
25.00%	Ballet Vocabulary and Beginning Exercises at Barre a. Musical performance qualities: adagio, andante, allegro b. Positions of the feet and arms: 1st, 2nd, 3rd, 4th, and 5th c. Plié: demi, grand d. Battements: tendu, degagé, frappé, petit, grand e. Rond de jambe: en dedans, en dehors f. Développé g. Fondu h. Port de bras au corps	1, 2, 3, 4, 5, 6, 7, 8
20.00%	Directional Terms a. Épaulement: in relation to direction b. Positions of the body-basic: à la quatrième devant, à la quatrième derrière, à la second, croise derrière, ecarté devant, efface devant	1, 2, 3, 4, 5, 6, 7, 8

25.00%	Center Vocabulary and Exercises a. Arabesque: 1st, 2nd, 3rd b. Glissade c. Petite Batterie: entrechat quatre, royale, jeté d. Assemblé e. Sissone: fermée, ouverte f. Échappé g. Ballotté h. Petite Allegro i. Grand Allegro j. Pirouettes k. Waltz	1, 2, 3, 4, 5, 6, 7, 8
10.00%	Evaluation a. Instructor b. Peer c. Self-critique	1, 2, 3, 4, 5, 6, 7, 8

IV. TYPICAL ASSIGNMENTS

A. Writing assignments

Writing assignments are required. Possible assignments may include, but are not limited to:	
1	write a report on the classical ballet classics: Sleeping Beauty.
2	write a report on a ballet dancer or choreographer.
3	fill out vocabulary worksheets.

B. Appropriate outside assignments

Appropriate outside assignments are required. Possible assignments may include, but are not limited to:	
1	complete assigned readings from text and other sources on topics such as Center Vocabulary.
2	participate in field trips to dance concerts performed by international and/or national ballet companies.

C. Critical thinking assignments

Critical thinking assignments are required. Possible assignments may include, but are not limited to:	
1	compare and contrast the French and Danish Ballet traditions regarding the role of the male in Romantic Ballet Era.
2	compare and contrast Petipa and Ivanov's choreographic styles.
3	self-appraise one's progress or performance in class and identify aspects for improvement.

V. METHODS OF INSTRUCTION

Methods of instruction may include, but are not limited to:

- Distance Education – When any portion of class contact hours is replaced by distance education delivery mode (Complete DE Addendum, Section XV)
- Lecture/Discussion
- Laboratory/Activity
- Other (Specify) Participation in an end-of-semester performance.
- Optional Field Trips
- Required Field Trips

VI. METHODS OF EVALUATION

Methods of evaluation may include, but are not limited to:

- Essay Exam
- Classroom Discussion
- Skill Demonstration
- Problem Solving Exam
- Reports/Papers/Journals
- Participation
- Objective Exams
- Projects
- Other (specify)

Participate in a choreographed and rehearsed performance project.

VII. REPRESENTATIVE TEXTS AND OTHER COURSE MATERIALS

Hammond, Sandra Noll. Ballet Basics. 5th ed. McGraw-Hill, 2003.

Grant, Gail. Technical Manual and Dictionary of Classical Ballet. BN Publishing, 2014.

VIII. STUDENT MATERIALS FEES

- No Yes

IX. PARALLEL COURSES

College	Course Number	Course Title	Units
CSU Los Angeles	DANC 100A	Beginning Ballet	3
CSU Long Beach	DANC 113A	Beginning Ballet	2
Orange Coast College	DANC A111	Ballet 2	.5-2
CSU East Bay	DANC 1192	Beginning Ballet Dance II	1
CSU Northridge	KIN 139B	Ballet II	1
CSU San Bernardino	KINE 150D	Dance Activities: Ballet	2
UC Riverside	DNCE 71A	Beginning Ballet Technique	2

X. MINIMUM QUALIFICATIONS

Courses Requiring a Masters Degree:
 Master's in dance, physical education with a dance emphasis, or theater with dance emphasis, OR Bachelor's in any of the above AND Master's in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent.

XI. ARTICULATION INFORMATION

A. Title V Course Classification:

1. This course is designed to be taken either:

- Pass/No Pass only (no letter grade possible); or
- Letter grade (P/NP possible at student option)

2. Degree status:

- Either Associate Degree Applicable; or Non-associate Degree Applicable

B. Moorpark College General Education:

1. Do you recommend this course for inclusion on the Associate Degree General Education list?

Yes: No: If YES, what section(s)?

- A1 - Natural Sciences - Biological Science
- A2 - Natural Sciences - Physical Science
- B1 - Social and Behavioral Sciences - American History/Institutions
- B2 - Social and Behavioral Sciences - Other Social Behavioral Science
- C1 - Humanities - Fine or Performing Arts
- C2 - Humanities - Other Humanities
- D1 - Language and Rationality - English Composition
- D2 - Language and Rationality - Communication and Analytical Thinking
- E1 - Health/Physical Education
- E2 - PE or Dance
- F - Ethnic/Gender Studies

C. California State University(CSU) Articulation:

1. Do you recommend this course for transfer credit to CSU? Yes: No:

2. If YES do you recommend this course for inclusion on the CSU General Education list?

Yes: No: If YES, which area(s)?

- | | | | | | | | | | | | | | |
|----|--------------------------|----|--------------------------|----|--------------------------|----|--------------------------|-----|--------------------------|----|--------------------------|----|--------------------------|
| A1 | <input type="checkbox"/> | A2 | <input type="checkbox"/> | A3 | <input type="checkbox"/> | B1 | <input type="checkbox"/> | B2 | <input type="checkbox"/> | B3 | <input type="checkbox"/> | B4 | <input type="checkbox"/> |
| C1 | <input type="checkbox"/> | C2 | <input type="checkbox"/> | D1 | <input type="checkbox"/> | D2 | <input type="checkbox"/> | D3 | <input type="checkbox"/> | D4 | <input type="checkbox"/> | D5 | <input type="checkbox"/> |
| D6 | <input type="checkbox"/> | D7 | <input type="checkbox"/> | D8 | <input type="checkbox"/> | D9 | <input type="checkbox"/> | D10 | <input type="checkbox"/> | E | <input type="checkbox"/> | | |

D. University of California (UC) Articulation:

1. Do you recommend this course for transfer to the UC? Yes: No:

2. If YES do you recommend this course for the Intersegmental General Education Transfer Curriculum (IGETC)? Yes: No:

IGETC Area 1: English Communication

- English Composition
- Critical Thinking-English Composition
- Oral Communication

IGETC Area 2: Mathematical Concepts and Quantitative Reasoning

- Mathematical Concepts

IGETC Area 3: Arts and Humanities

- Arts
- Humanities

IGETC Area 4: Social and Behavioral Sciences

- Anthropology and Archaeology
- Economics
- Ethnic Studies
- Gender Studies
- Geography
- History
- Interdisciplinary, Social & Behavioral Sciences
- Political Science, Government & Legal Institutions
- Psychology
- Sociology & Criminology

IGETC Area 5: Physical and Biological Sciences (mark all that apply)

- Physical Science Lab or Physical Science Lab only (non-sequence)
- Physical Science Lecture only (non-sequence)
- Biological Science
- Physical Science Courses
- Physical Science Lab or Biological Science Lab Only (non-sequence)
- Biological Science Courses
- Biological Science Lab course
- First Science course in a Special sequence
- Second Science course in a Special Sequence
- Laboratory Activity
- Physical Sciences

IGETC Area 6: Language other than English

- Languages other than English (UC Requirement Only)
- U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)
-

U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

XII. REVIEW OF LIBRARY RESOURCES

- A. What planned assignment(s) will require library resources and use?

The following assignments require library resources:

Compare and contrast the French and Danish Ballet traditions of the role of the male in Romantic Ballet Era. Conduct research on ballet classics and on dancers and choreographers using the Library's print and online resources.

- B. Are the currently held library resources sufficient to support the course assignment?

YES: NO:

If NO, please list additional library resources needed to support this course.

XIII. PREREQUISITE AND/OR COREQUISITE JUSTIFICATION

XIV. WORKPLACE PREPARATION

DANC M10B: Not Applicable

XV. DISTANCE LEARNING COURSE OUTLINE ADDENDUM

1. Mode of Delivery

Online (course will be delivered 100% online)

Online with onsite examinations (100% of the instruction will occur online, but examinations and an orientation will be scheduled onsite)

Online/Hybrid (a percentage of instruction will be held online and the remaining percentage of instruction will be held onsite)

Lab activities will be conducted onsite

Televideo (Examinations and an orientation will be held onsite)

Teleconference

Other

1. Analysis of video and content discussion on class' online forum.
2. Supplement course lecture content with online articles and related materials.

2. Need/Justification

Improve general student access.

3. Describe how instructors teaching this course will ensure regular, effective contact with and among students.

Student to faculty contact will be ensure by the lab portion of the class.

4. Describe how instructors teaching this course will involve students in active learning.

Students will be involved in a variety of methods to actively involve them in the

course content: distribution of vocabulary homework, dance history content and submission via the net.

2. Analysis and discussion of dance related videos via class forum.

5. Explain how instructors teaching this course will provide multiple methods of content representation.

On site work will consist of lecture, practical demonstration and performance and oral presentations. Online: distribution and submission of class related materials and vocabulary homework. Analysis and discussion of dance videos and any articles that pertain to the class content.

6. Describe how instructors teaching this course will evaluate student performance.

In addition to the practical methods of assessment for the lab portion, faculty will assess critical thinking assignments, completed written assignments and participation in forum discussions.

XVI. GENERAL EDUCATION COURSE OUTLINE ADDENDUM

General Education Division of Learning [check all applicable boxes]:

- Natural Sciences
 - Biological Science
 - Physical Science
- Social and Behavioral Sciences
 - American History/Institutions
 - Other Social Science
- Humanities
 - Fine or Performing Arts
 - Other Humanities
- Language and Rationality
 - English Composition
 - Communication and Analytical Thinking
- Health/Physical Education
- Ethnic/Women's Studies

Check either Option 1 or Option 2

- OPTION #1:** Moorpark College has already received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. Note: This option applies only to technical revisions and updated courses.
- OPTION #2:** Moorpark College has not received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. This option applies to all new and substantively revised courses.

XVII. STUDENT MATERIALS FEE ADDENDUM

DANC M10B: Not Applicable

XVIII. REPEATABILITY JUSTIFICATION TITLE 5, SECTION 55041

DANC M10B: Not Applicable

XIX. CURRICULUM APPROVAL

Course Information:

Discipline: DANCE

Discipline Code and Number: DANC M10B

Course Revision Category: Outline Update

Course Proposed By:

Originating Faculty Beth Megill 01/04/2016

Faculty Peer: Sari Rawles 01/08/2016

Curriculum Rep: Michael Trainor 01/14/2016

Department Chair: _____

Division Dean: John Loprieno 01/14/2016

Approved By:

Curriculum Chair: Jerry Mansfield 02/06/2016

Executive Vice President: Lori Bennett 02/01/2016

Articulation Officer: Letrisha Mai 01/21/2016

Librarian: Mary LaBarge 01/20/2016

Implementation Term and Year: Fall 2016

Approval Dates:

Approved by Moorpark College Curriculum Committee: 02/02/2016

Approved by Board of Trustees (if applicable): _____

Approved by State (if applicable): 04/21/2016