

I. CATALOG INFORMATIONA. Discipline: DANCEB. Subject Code and Number: DANC M10CC. Course Title: Ballet III - Intermediate

D. Credit Course units:

Units: 2Lecture Hours per week: 1Lab Hours per week : 3Variable Units : No

E. Student Learning Hours:

Lecture Hours:

Classroom hours: 17.5 - 17.5

Laboratory/Activity Hours:

Laboratory/Activity Hours 52.5 - 52.5**Total Combined Hours** in a 17.5 week term: 70 - 70

F. Non-Credit Course hours per week _____

G. May be taken a total of: 1 2 3 4 time(s) for creditH. Is the course co-designated (same as) another course: No Yes

If YES, designate course Subject Code & Number: _____

I. Course Description:

Continues the study of ballet technique at the intermediate-level both at the barre and in center work, with emphasis on the physical discipline within ballet forms and the physical abilities necessary to execute movements. Develops an appreciation of ballet as a creative art form.

J. Entrance Skills

*Prerequisite: No Yes Course(s)DANC M10B or commensurate skills demonstration*Corequisite: No Yes Course(s)

Limitation on Enrollment: No Yes

Recommended Preparation: No Yes Course(s)

Other: No Yes

K. Other Catalog Information:

Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

II. COURSE OBJECTIVES

Upon successful completion of the course, a student will be able to:

		Methods of evaluation will be consistent with, but not limited by, the following types or examples.
1	demonstrate improved kinesthetic conditioning: increased flexibility, strength, coordination and endurance.	Performance Assessment Testing
2	perform intermediate ballet movement vocabulary in an adagio or allegro pattern combination.	Performance or Skills Demonstration
3	outline the kinesthetic value of the various exercises for the body and mechanics of movements.	Written Test Journaling
4	identify/discuss world class ballet companies and leading figures in the field of ballet.	Written Test
5	identify and describe the important historical aspects of the Ballet Russe and modern dance influences on ballet practices in the 20th century.	Written Test Project Presentation
6	appraise in writing the aesthetic nature of ballet technique and performances.	Written Test Concert Review
7	define, identify and reproduce ballet terminology and its correlating movement correctly.	Written Test
8	identify and analyze musical meter construction and phrasing as they relate to dance.	Performance Testing
9	demonstrate an increase in performance quality and projection.	Performance
10	observe, analyze, and evaluate one or more of the following elements of a ballet performance (live or from video): movement, innovation, thematic development, technical skill, and/or aesthetic choices.	Concert Review

III. COURSE CONTENT

Estimated %	Topic	Learning Outcomes

Lecture (must total 100%)		
20.00%	Ballet Theory a. Postural alignment b. Proximal joint function and placement c. Turnout: 180 degree d. Somatic approaches to strengthen connectivity	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
25.00%	Ballet Vocabulary and Intermediate Exercises at Barre including, but not limited to: a. Musical performance qualities: adagio, andante, allegro b. Positions of the feet and arms: 1st, 2nd, 3rd, 4th, and 5th c. Plié: demi, grand d. Battements: tendu, dégagé, frappé, petit, grand e. Rond de jambe: en dedans, en dehors f. Développé g. Fondu h. Port de bras au corps	1, 2, 3, 7, 8, 9, 10
20.00%	Directional Terms including, but not limited to: a. Épaulement: in relation to direction: en avant, en arrière b. Positions of the body-basic: à la quatrième à la seconde, croisé devant, croisé derrière, écarté devant, effacé devant, à la quatrième devant	1, 2, 3, 7, 8, 9, 10
25.00%	Center Intermediate Vocabulary and Exercises including, but not limited to: a. Arabesque: 1st, 2nd, 3rd: promenade b. Pas de bourrée: dessus, dessous c. Temps lié d. Petite Batterie: entrechat quatre, entrechat trois, jeté battu e. Assemblé f. Sissone: fermée, ouverte, ouverte en avant g. Échappé: sauté h. Ballonné i. Petite Allegro: more complex j. Grand Allegro: integrate more elements k. Pirouettes: en dedans, en dehors, prep for fouetté l. Waltz: traveling m. Révérence	1, 2, 3, 4, 5, 6, 7, 8, 9, 10
10.00%	Ballet History: 20th Century Ballets: Eugene Loring, Frederick Ashton, Antony Tudor	4, 5, 6
Lab (must total 100%)		
25.00%	Ballet Theory a. Postural alignment b. Proximal joint function and placement c. Turnout: 180 degree d. Somatic approaches to strengthen connectivity	1, 2, 3, 7, 9, 10
25.00%	Ballet Vocabulary and Beginning Exercises at Barre a. Musical performance qualities: adagio, andante, allegro b. Positions of the feet and arms: 1st, 2nd, 3rd, 4th, and 5th c. Plié: demi, grand d. Battements: tendu, dégagé, frappé, petit, grand e. Rond de jambe: en dedans, en dehors f. Développé g. Fondu h. Port de bras au corps	1, 2, 3, 7, 9, 10
	Directional Terms a. Épaulement: in relation to direction: en avant, en arrière	

25.00%	b. Positions of the body-basic: à la quatrième à la seconde, croisé devant, croisé derrière, écarté devant, effacé devant, à la quatrième devant	1, 2, 3, 7, 8, 9, 10
25.00%	Center Vocabulary and Exercises a. Arabesque: 1st, 2nd, 3rd : promenade b. Pas de bourrée: dessus, dessous c. Temps lié d. Petite Batterie: entrechat quatre, entrechat trois, jeté battu e. Assemblé f. Sissone: fermée, ouverte, ouverte en avant g. Échappé: sauté h. Ballonné i. Petite Allegro: more complex j. Grand Allegro: integrate more elements k. Pirouettes: en dedans, en dehors, prep for fouetté l. Waltz: traveling	1, 2, 3, 7, 8, 9, 10

IV. TYPICAL ASSIGNMENTS

A. Writing assignments

Writing assignments are required. Possible assignments may include, but are not limited to:	
1	analyze and describe what is wrong with the dancer's alignment when their pelvis is tucked or tilted.
2	compare and contrast the French and Russian use of the body positions.

B. Appropriate outside assignments

Appropriate outside assignments are required. Possible assignments may include, but are not limited to:	
1	read texts and other selections from bibliography, <i>Dance Magazine</i> articles, newspaper reviews on current performances and handouts from instructor.
2	write critiques of dance performances, self-analysis, tests and book report.
3	practice barre and center; stretch and "tennis ball" exercises; rehearse final projects; choreograph final; practice for performance and attend concerts.

C. Critical thinking assignments

Critical thinking assignments are required. Possible assignments may include, but are not limited to:	
1	address two of the leading alignment problems in ballet technique and offer methods to address and correct the problems.
2	compare and contrast the image of the male and female role in the French and the Danish Romantic ballet period.

V. METHODS OF INSTRUCTION

Methods of instruction may include, but are not limited to:

- Distance Education – When any portion of class contact hours is replaced by distance education delivery mode (Complete DE Addendum, Section XV)
- Lecture/Discussion
- Laboratory/Activity
- Other (Specify) Participating in an-end-of-the-semester performance.
- Optional Field Trips
- Required Field Trips

VI. METHODS OF EVALUATION

Methods of evaluation may include, but are not limited to:

- Essay Exam
- Classroom Discussion
- Skill Demonstration
- Problem Solving Exam
- Reports/Papers/Journals
- Participation
- Objective Exams
- Projects
- Other (specify)

Participate in a choreographed and rehearsed performance project.

or

Oral presentation in a related topic: ballet choreographers, dancers, designers, composers

VII. REPRESENTATIVE TEXTS AND OTHER COURSE MATERIALS

Hammond, Sandra Noll. Ballet: Beyond the Basics. Waveland, 2011.

Grant, Gail. Technical Manual and Dictionary of Classical Ballet. BN Publishing, 2014.

Grieg, Valerie. Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class. Princeton Book, 1994.

VIII. STUDENT MATERIALS FEES

- No Yes

IX. PARALLEL COURSES

College	Course Number	Course Title	Units
CSU East Bay	DANC 2191/2192/2193	Intermediate Ballet Dance I/II/III	1/1/1
CSU Los Angeles	DANC 200A	Intermediate Ballet	3
CSU Long Beach	DANC 114A	Intermediate Ballet	2
CSU Sacramento	DNCE 13A	Intermediate Ballet	2
UC Davis	DRAMART 42B	Intermediate Ballet	2

X. MINIMUM QUALIFICATIONS**Courses Requiring a Masters Degree:**

Master's in dance, physical education with a dance emphasis, or theater with dance emphasis, OR Bachelor's in any of the above AND Master's in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent.

XI. ARTICULATION INFORMATION**A. Title V Course Classification:**

1. This course is designed to be taken either:

- Pass/No Pass only (no letter grade possible); or
 Letter grade (P/NP possible at student option)

2. Degree status:

Either Associate Degree Applicable; or Non-associate Degree Applicable

B. Moorpark College General Education:

1. Do you recommend this course for inclusion on the Associate Degree General Education list?

Yes: No: If YES, what section(s)?

- A1 - Natural Sciences - Biological Science
 A2 - Natural Sciences - Physical Science
 B1 - Social and Behavioral Sciences - American History/Institutions
 B2 - Social and Behavioral Sciences - Other Social Behavioral Science
 C1 - Humanities - Fine or Performing Arts
 C2 - Humanities - Other Humanities
 D1 - Language and Rationality - English Composition
 D2 - Language and Rationality - Communication and Analytical Thinking
 E1 - Health/Physical Education
 E2 - PE or Dance
 F - Ethnic/Gender Studies

C. California State University(CSU) Articulation:

1. Do you recommend this course for transfer credit to CSU? Yes: No:

2. If YES do you recommend this course for inclusion on the CSU General Education list?

Yes: No: If YES, which area(s)?

- A1 A2 A3 B1 B2 B3 B4
C1 C2 D1 D2 D3 D4 D5

D6 D7 D8 D9 D10 E

D. University of California (UC) Articulation:

1. Do you recommend this course for transfer to the UC? Yes: No:
2. If YES do you recommend this course for the Intersegmental General Education Transfer Curriculum (IGETC)? Yes: No:

IGETC Area 1: English Communication

- English Composition
- Critical Thinking-English Composition
- Oral Communication

IGETC Area 2: Mathematical Concepts and Quantitative Reasoning

- Mathematical Concepts

IGETC Area 3: Arts and Humanities

- Arts
- Humanities

IGETC Area 4: Social and Behavioral Sciences

- Anthropology and Archaeology
- Economics
- Ethnic Studies
- Gender Studies
- Geography
- History
- Interdisciplinary, Social & Behavioral Sciences
- Political Science, Government & Legal Institutions
- Psychology
- Sociology & Criminology

IGETC Area 5: Physical and Biological Sciences (mark all that apply)

- Physical Science Lab or Physical Science Lab only (non-sequence)
- Physical Science Lecture only (non-sequence)
- Biological Science
- Physical Science Courses
- Physical Science Lab or Biological Science Lab Only (non-sequence)
- Biological Science Courses
- Biological Science Lab course
- First Science course in a Special sequence
- Second Science course in a Special Sequence
- Laboratory Activity
-

Physical Sciences

IGETC Area 6: Language other than English

Languages other than English (UC Requirement Only)

U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

XII. REVIEW OF LIBRARY RESOURCES

A. What planned assignment(s) will require library resources and use?

The following assignments require library resources:

Using the Library's print and online resources, compare and contrast the Russian's perspective on French and Italian ballet styles.

B. Are the currently held library resources sufficient to support the course assignment?

YES: NO:

If NO, please list additional library resources needed to support this course.

XIII. PREREQUISITE AND/OR COREQUISITE JUSTIFICATION

Requisite Justification for DANC M10B

A. Sequential course within a discipline.

1. demonstrate improved kinesthetic conditioning: increased flexibility, strength, coordination and endurance.

2. execute beginning-level ballet barre exercises, center adagio and allegro combinations.

3. outline the purpose(s) for the various ballet exercises in relation to the body and mechanics of movement.

4. identify and discuss world class ballet companies and leading figures in the field of ballet.

5. demonstrate knowledge in the origins and evolution of the ballet tradition.

6. identify and define beginning ballet terminology and reproduce learned movements correctly.

7. demonstrate improved musicality and awareness of musical structure (meter, adagio, allegro) and its application to movement phrasing.

8. demonstrate evaluative skills and appreciation by observing and critiquing innovation and technical skill in various ballet performances and venues: live stage performance, videos, and television programs.

- B. Standard Prerequisite or Corequisite required by universities.
- C. Corequisite is linked to companion lecture course.
- D. Prerequisite or Corequisite is authorized by legal statute or regulation.
Code Section: _____
- E. Prerequisite or Corequisite is necessary to protect the students' health and safety.
- F. Computation or communication skill is needed.
- G. Performance courses: Audition, portfolio, tryouts, etc. needed.

or

Requisite Justification for commensurate skills demonstration

- A. Sequential course within a discipline.
- B. Standard Prerequisite or Corequisite required by universities.
- C. Corequisite is linked to companion lecture course.
- D. Prerequisite or Corequisite is authorized by legal statute or regulation.
Code Section: _____
- E. Prerequisite or Corequisite is necessary to protect the students' health and safety.
- F. Computation or communication skill is needed.
- G. Performance courses: Audition, portfolio, tryouts, etc. needed.

XIV. WORKPLACE PREPARATION

DANC M10C: Not Applicable

XV. DISTANCE LEARNING COURSE OUTLINE ADDENDUM

1. Mode of Delivery

- Online (course will be delivered 100% online)
- Online with onsite examinations (100% of the instruction will occur

online, but examinations and an orientation will be scheduled onsite)

Online/Hybrid (a percentage of instruction will be held online and the remaining percentage of instruction will be held onsite)

Lab activities will be conducted onsite

Televideo (Examinations and an orientation will be held onsite)

Teleconference

Other

2. Need/Justification

Improve general student access.

3. Describe how instructors teaching this course will ensure regular, effective contact with and among students.

A majority of the student-to-faculty contact will take place on site. Hybrid component will provide supplemental material related to course content. Written assignments, quizzes and discussions may be conducted online.

4. Describe how instructors teaching this course will involve students in active learning.

Online videos and related articles will be perused and perceptions/critique will be entered in a discussion board or printed out to be turned in during lab hours.

5. Explain how instructors teaching this course will provide multiple methods of content representation.

Material will be presented in online lectures and video samples. Students will be asked to conduct web searches for appropriate ballet videos online.

6. Describe how instructors teaching this course will evaluate student performance.

In addition to the synthesis of vocabulary, history and historical practices in lab work (ballet technique) students will turn in written assignments and complete quizzes on dance history, alignment and terminology appropriate for ballet.

XVI. GENERAL EDUCATION COURSE OUTLINE ADDENDUM

General Education Division of Learning [check all applicable boxes]:

Natural Sciences

Biological Science

Physical Science

Social and Behavioral Sciences

American History/Institutions

Other Social Science

Humanities

Fine or Performing Arts

- Other Humanities
- Language and Rationality
 - English Composition
 - Communication and Analytical Thinking
- Health/Physical Education
- Ethnic/Women's Studies

Check either Option 1 or Option 2

- OPTION #1:** Moorpark College has already received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. Note: This option applies only to technical revisions and updated courses.
- OPTION #2:** Moorpark College has not received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. This option applies to all new and substantively revised courses.

XVII. STUDENT MATERIALS FEE ADDENDUM

DANC M10C: Not Applicable

XVIII. REPEATABILITY JUSTIFICATION TITLE 5, SECTION 55041

DANC M10C: Not Applicable

XIX. CURRICULUM APPROVAL

Course Information:

Discipline: DANCE

Discipline Code and Number: DANC M10C

Course Revision Category: Outline Update

Course Proposed By:

Originating Faculty Beth Megill 01/04/2016

Faculty Peer: Sari Rawles 01/11/2016

Curriculum Rep: _____

Department Chair: Robert Salas 02/28/2016

Division Dean: John Loprieno 01/14/2016

Approved By:

Curriculum Chair: Jerry Mansfield 02/06/2016

Executive Vice President: Lori Bennett 02/01/2016

Articulation Officer: Letrisha Mai 01/20/2016

Librarian: Mary LaBarge 01/20/2016

Implementation Term and Year: Fall 2016

Approval Dates:

Approved by Moorpark College Curriculum Committee: 02/02/2016

Approved by Board of Trustees (if applicable): _____

Approved by State (if applicable): 04/21/2016