

I. CATALOG INFORMATION

A. Discipline: DANCE

B. Subject Code and Number: DANC M40

C. Course Title: Ballet Variations

D. Credit Course units:

Units: 2

Lecture Hours per week: 1

Lab Hours per week : 3

Variable Units : No

E. Student Learning Hours:

Lecture Hours:

Classroom hours: 17.5 - 17.5

Laboratory/Activity Hours:

Laboratory/Activity Hours 52.5 - 52.5

Total Combined Hours in a 17.5 week term: 70 - 70

F. Non-Credit Course hours per week _____

G. May be taken a total of: 1 2 3 4 time(s) for credit

H. Is the course co-designated (same as) another course: No Yes

If YES, designate course Subject Code & Number: _____

I. Course Description:

Continues development of technical skills through the practice of ballet repertory. Emphasizes developing artistic expression in Romantic, Classical and Contemporary variations and pas de deux.

J. Entrance Skills

*Prerequisite: No Yes Course(s)

*Corequisite: No Yes Course(s)

Limitation on Enrollment: No Yes

Recommended Preparation: No Yes Course(s)

DANC M10C

Other: No Yes

K. Other Catalog Information:

Moorpark College Faculty has defined Ballet Technique as a family of courses which includes DANC M09A, M10A, M10B, M10C, M10D and M40. A student may take a maximum of four (4) courses from a family.

II. COURSE OBJECTIVES

Upon successful completion of the course, a student will be able to:

		Methods of evaluation will be consistent with, but not limited by, the following types or examples.
1	demonstrate improvement in kinesthetic awareness and strengthening.	Faculty assessment Technical and performance assessment/testing
2	demonstrate proficiency in intermediate/advanced ballet technique and performance: barre, center adagio and allegro techniques.	Block (technique) testing Performance assessment Peer and faculty feedback
3	discuss the theory and practice of ballet technique and the corresponding somatic function of the body in relation to dancing "sur la pointe," partnering and lifts.	Journal entry, test, class discussion/presentation Test Class discussion/presentation
4	discuss the various periods of ballet and list influential individuals from the historical and contemporary periods.	Test Report Oral presentation
5	identify and define intermediate/advanced ballet terminology and reproduce learned movements correctly.	Journal entry Written test Practical assessment
6	identify the musical form and structure of the specific ballet choreography that is being studied.	Test Journal entry Class discussion/oral presentation
7	develop evaluative skills by attending various dance events and watching videos of professional dancers.	Written critique Journal entry Oral presentation
8	critique in writing a ballet production as a whole and the technical and artistic performance of the dancers.	Written critique Peer assessment

		Journal entry
9	demonstrate interpersonal skills in relation to the following dynamics: the dancer/choreographer, male partner/ Grand Pas de Deux and ensemble work.	Journal entry Class discussion/oral presentation Participation assessment
10	practice rehearsal management technique in relationship to choreography retention/revisions, stamina and injury prevention.	Journal entry Self-evaluation report Essay
11	demonstrate an awareness of artistic expression phrasing and musicality.	Rehearsal and performance assessment Self- and faculty/peer evaluation

III. COURSE CONTENT

Estimated %	Topic	Learning Outcomes
Lecture (must total 100%)		
15.00%	Ballet and Somatic Theory a. Postural alignment: ballet technique and partnering b. Proximal joint function and placement c. Turnout: 180 degree d. Somatic approaches to strengthen connectivity	1, 2, 3, 5
20.00%	Ballet Vocabulary and Intermediate/Advanced Exercises at Barre a. Musical performance qualities: syncopation, adagio, allegro b. Position of the feet, arms and head c. Plié: demi, grand avec relevé, élevé d. Battements: tendu, dégagé, frappé (double), petit, grand e. Rond de jambe: en dedans, en dehors, en l'air, sur la pointe f. Développé: en croix, en plié, sur le pointe g. Fondu avec relevé h. Port de bras au corps, épaulé/épaulement	1, 2, 3, 5, 6, 7, 8
15.00%	Directional Terms a. Épaulement: in relation to direction and in partnering movement b. Positions of the body-basic: à la quatrième derrière, à la second, croisé devant, croisé derrière, écarté devant, effacé devant, à la quatrième devant	1, 2, 3, 5, 8
15.00%	Center Technique and Performance Aesthetics a. Arabesques: 1st, 2nd, 3rd: promenade, tours b. Connecting steps: pas de bourrée, glissade, chassé c. Petite Batterié: entrechat quatre, entrechat trois, etc. d. Center exercises sur le pointe: sous sous, échappé, relevé: all with épaulement e. Petit allegro f. Grand Allegro: solo and supported/partnered g. Male and female choreographic techniques: fouetté pirouette, tour en l'air, etc. h. Révérence/bows: male and female specifics, pas de deuxCenter	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11

	Technique and Performance	
20.00%	Partnering Skills and Performance Techniques a. Partnering skills: hand grip's curve, hand and arm placement to ensure balance and stability in lifts and supported adagio b. Supported turns: finger pirouette, whip turns, paddle turns c. Lifts: stationary and travelling lifts d. Gender specific technique and performance traits	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11
15.00%	Ballet History a. Period and Style relating to ballet being studied: Romantic, Classical, Neo-Classical b. Ballet innovators and historical figures c. Ballet choreography	4, 6, 7, 8, 11
Lab (must total 100%)		
15.00%	Ballet and Somatic Theory Application utilizing various somatic platforms to enhance ballet performance, kinesthetic awareness and placement such as Pilates, Bartenieff Fundamentals, Yoga, etc.	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11
50.00%	Ballet Technique Intermediate/advanced ballet technique at the barre and center focusing on developing and enhancing the following areas 1. Ballet technique/epaulement 2. Performance 3. Female sepecific technique: pointe work, extention, aesthetics, etc. 4. Male specific technique: tours, beats, balon, aesthetics, etc.	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11
35.00%	Practice and Performance of Historical and Contemporary Ballet Choreography, Period and Style, Pas de deux Techniques including, but not limited to: 1. Ballet periods: Romantic, Classical, Neo-Classical 2. Research the influence of historical figures on the performance aesthetics of a specific ballet or period 3. Pas de deux techniques: support techniques, turns, basic vertical lifts and advanced supported traveling lifts	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11

IV. TYPICAL ASSIGNMENTS

A. Writing assignments

Writing assignments are required. Possible assignments may include, but are not limited to:	
1	research a choreographer from the Romantic era and discuss the aesthetic that are specific to their work.
2	outline or note sequence of choreography for a specific solo or duet.
3	critique a dance video and/or performance.

B. Appropriate outside assignments

Appropriate outside assignments are required. Possible assignments may include, but are not limited to:	
1	rehearse and condition for performance.
2	compare and contrast video performances of a single piece of repertory (i.e., compare the Royal ballet performance of the Sugar Plum Fairy solo with the Kirov performance).

3	read a related article from a dance magazine or journal.
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C. Critical thinking assignments

Critical thinking assignments are required. Possible assignments may include, but are not limited to:	
1	research the influence of historical figures on the performance aesthetics of a specific ballet or period.
2	identify the inherent technical components of a ballet variation, pas de deux or other piece of choreography.
3	compare and contrast video performances of a single piece of repertory (i.e., compare the Royal ballet performance of the Sugar Plum Fairy solo with the Kirov performance).

V. METHODS OF INSTRUCTION

Methods of instruction may include, but are not limited to:

Distance Education – When any portion of class contact hours is replaced by distance education delivery mode (Complete DE Addendum, Section XV)

Lecture/Discussion

Laboratory/Activity

Other (Specify)

Students learn through participation in a classical ballet setting, rehearsal process and performance.

Optional Field Trips

Required Field Trips

VI. METHODS OF EVALUATION

Methods of evaluation may include, but are not limited to:

- | | | |
|--|---|---|
| <input checked="" type="checkbox"/> Essay Exam | <input checked="" type="checkbox"/> Classroom Discussion | <input checked="" type="checkbox"/> Skill Demonstration |
| <input type="checkbox"/> Problem Solving Exam | <input checked="" type="checkbox"/> Reports/Papers/Journals | <input checked="" type="checkbox"/> Participation |
| <input type="checkbox"/> Objective Exams | <input type="checkbox"/> Projects | <input checked="" type="checkbox"/> Other (specify) |

Culminating performance in an informal or formal setting.

VII. REPRESENTATIVE TEXTS AND OTHER COURSE MATERIALS

Grieg, Valerie, and Naomi Rosenblatt . Inside Ballet Technique: Separating Anatomical Fact from Fiction in the Ballet Class. Princeton Book, 1994.

Cass, Joan. Dancing through History. Prentice-Hall, 1993.

Cohen, Selma J., and Katy Matheson, eds. Dance As a Theatre Art: Source Readings in Dance History from 1581 to the Present. 2nd ed. Princeton Book, 1992.

Foster, Rory. Ballet Pedagogy: The Art of Teaching. University Press of Florida, 2010.

Current Dance Magazine articles pertaining to:

- a) Historical content
- b) Partnering
- c) Dancing Sur le Pointe.

VIII. STUDENT MATERIALS FEES

No Yes

IX. PARALLEL COURSES

<i>College</i>	<i>Course Number</i>	<i>Course Title</i>	<i>Units</i>
Orange Coast College	DANC A211	Repertoire	1-4
El Camino College	DANC 221	Ballet Variations	2
Cerritos College	DANC 107	Ballet Variations	2

X. MINIMUM QUALIFICATIONS

Courses Requiring a Masters Degree:
 Master's in dance, physical education with a dance emphasis, or theater with dance emphasis, OR Bachelor's in any of the above AND Master's in physical education, any life science, physiology, theater arts, kinesiology, humanities, performing arts, or music OR the equivalent.

XI. ARTICULATION INFORMATION

A. Title V Course Classification:

1. This course is designed to be taken either:

- Pass/No Pass only (no letter grade possible); or
- Letter grade (P/NP possible at student option)

2. Degree status:

Either Associate Degree Applicable; or Non-associate Degree Applicable

B. Moorpark College General Education:

1. Do you recommend this course for inclusion on the Associate Degree General Education list?

Yes: No: If YES, what section(s)?

- A1 - Natural Sciences - Biological Science
- A2 - Natural Sciences - Physical Science
- B1 - Social and Behavioral Sciences - American History/Institutions
- B2 - Social and Behavioral Sciences - Other Social Behavioral Science
- C1 - Humanities - Fine or Performing Arts
- C2 - Humanities - Other Humanities
- D1 - Language and Rationality - English Composition
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- D2 - Language and Rationality - Communication and Analytical Thinking
- E1 - Health/Physical Education
- E2 - PE or Dance
- F - Ethnic/Gender Studies

C. California State University(CSU) Articulation:

1. Do you recommend this course for transfer credit to CSU? Yes: No:
2. If YES do you recommend this course for inclusion on the CSU General Education list?
Yes: No: If YES, which area(s)?

A1 <input type="checkbox"/>	A2 <input type="checkbox"/>	A3 <input type="checkbox"/>	B1 <input type="checkbox"/>	B2 <input type="checkbox"/>	B3 <input type="checkbox"/>	B4 <input type="checkbox"/>
C1 <input type="checkbox"/>	C2 <input type="checkbox"/>	D1 <input type="checkbox"/>	D2 <input type="checkbox"/>	D3 <input type="checkbox"/>	D4 <input type="checkbox"/>	D5 <input type="checkbox"/>
D6 <input type="checkbox"/>	D7 <input type="checkbox"/>	D8 <input type="checkbox"/>	D9 <input type="checkbox"/>	D10 <input type="checkbox"/>	E <input type="checkbox"/>	

D. University of California (UC) Articulation:

1. Do you recommend this course for transfer to the UC? Yes: No:
2. If YES do you recommend this course for the Intersegmental General Education Transfer Curriculum (IGETC)? Yes: No:

IGETC Area 1: English Communication

- English Composition
- Critical Thinking-English Composition
- Oral Communication

IGETC Area 2: Mathematical Concepts and Quantitative Reasoning

- Mathematical Concepts

IGETC Area 3: Arts and Humanities

- Arts
- Humanities

IGETC Area 4: Social and Behavioral Sciences

- Anthropology and Archaeology
- Economics
- Ethnic Studies
- Gender Studies
- Geography
- History
- Interdisciplinary, Social & Behavioral Sciences

- Political Science, Government & Legal Institutions
- Psychology
- Sociology & Criminology

IGETC Area 5: Physical and Biological Sciences (mark all that apply)

- Physical Science Lab or Physical Science Lab only (non-sequence)
- Physical Science Lecture only (non-sequence)
- Biological Science
- Physical Science Courses
- Physical Science Lab or Biological Science Lab Only (non-sequence)
- Biological Science Courses
- Biological Science Lab course
- First Science course in a Special sequence
- Second Science course in a Special Sequence
- Laboratory Activity
- Physical Sciences

IGETC Area 6: Language other than English

- Languages other than English (UC Requirement Only)
- U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)
- U.S. History, Constitution, and American Ideals (CSU Requirement ONLY)

XII. REVIEW OF LIBRARY RESOURCES

- A. What planned assignment(s) will require library resources and use?

The following assignments require library resources:

Research, using the Library's print and online resources, for a comparison and contrast paper on the image of the feminine in the French and Danish Romantic period.

- B. Are the currently held library resources sufficient to support the course assignment?

YES: NO:

If NO, please list additional library resources needed to support this course.

XIII. PREREQUISITE AND/OR COREQUISITE JUSTIFICATION

DANC M40: Not Applicable

XIV. WORKPLACE PREPARATION

DANC M40: Not Applicable

XV. DISTANCE LEARNING COURSE OUTLINE ADDENDUM

DANC M40: Not Applicable

XVI. GENERAL EDUCATION COURSE OUTLINE ADDENDUM

General Education Division of Learning [check all applicable boxes]:

- Natural Sciences
 - Biological Science
 - Physical Science
- Social and Behavioral Sciences
 - American History/Institutions
 - Other Social Science
- Humanities
 - Fine or Performing Arts
 - Other Humanities
- Language and Rationality
 - English Composition
 - Communication and Analytical Thinking
- Health/Physical Education
- Ethnic/Women's Studies

Check either Option 1 or Option 2

- OPTION #1:** Moorpark College has already received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. Note: This option applies only to technical revisions and updated courses.
- OPTION #2:** Moorpark College has not received approval from the CSU and/or UC systems for this course to fulfill a GE requirement. This option applies to all new and substantively revised courses.

XVII. STUDENT MATERIALS FEE ADDENDUM

DANC M40: Not Applicable

XVIII. REPEATABILITY JUSTIFICATION TITLE 5, SECTION 55041

DANC M40: Not Applicable

XIX. CURRICULUM APPROVAL

Course Information:

Discipline: DANCE

Discipline Code and Number: DANC M40

Course Revision Category: Outline Update

Course Proposed By:

Originating Faculty Robert Salas 02/11/2016

Faculty Peer: Sari Rawles 02/17/2016

Curriculum Rep: Beth Megill 02/19/2016

Department Chair: _____

Division Dean: _____

Approved By:

Curriculum Chair: Jerry Mansfield 03/12/2016

Executive Vice President: _____

Articulation Officer: Letrisha Mai 03/03/2016

Librarian: Mary LaBarge 02/24/2016

Implementation Term and Year: Fall 2016

Approval Dates:

Approved by Moorpark College Curriculum Committee: 03/08/2016

Approved by Board of Trustees (if applicable): _____

Approved by State (if applicable): 04/21/2016