

READING TIP: S.Q.R.R.R. (also Called SQ3R)



Experts agree that using the following steps to read your chapters will make you more efficient and will improve your recall of important points:

- **Survey**
Read each heading and subheading in the chapter before reading anything else. This will help you to focus on the *topics* the chapter will cover.
- **Question**
Turn each heading and subheading into a question; then read through the questions contained in the chapter (usually they are in the margins and/or at the end of the chapter. This will help you focus on the kinds of facts you'll be looking for as you read the chapter.
- **Read**
Read the chapter *section by section* (a section is the written information after one subheading and before the next subheading).
- **Recite**
After you read a section, recite aloud the important facts you have found in that section; it can also help to *highlight* these facts before going on to the next section of the chapter (this way you have reinforced the information through all of your learning modalities: auditory, visual, and tactile/kinesthetic).
- **Review**
Every few days go back and *review* the material in each chapter section. Then, you will be ready when an exam comes up—no more cramming necessary!