**Sexual Health**

**Men:**

**Testicular Cancer** is very rare. Still, it is the most common cancer found in men ages 15 to 40. Most cases of testicular cancer can be cured. [Are you doing monthly testicular exams?](http://tcrc.acor.org/tcexam.html)

**Are you sexually active**? When was the last time you were tested for sexually transmitted Infection (STI)? Are you experiencing any of the following: discharge from your penis, pain with urination, blood in urine, OR has your partner has had a STI?

**Women**:

It is recommended that women have a **gynecological exam by age 21.**

 **If you are sexually active** are you using some form of birth control? Have you been tested for Sexually Transmitted Infections (STI)? Are you experiencing any of the following: unusual vaginal discharge, abnormal bleeding, pain during sex or when urinating, urinary frequency, OR has your partner had an STI?

***Confidential STI testing & treatment, pap smears, birth control and pregnancy testing is available through the health center and FREE if you qualify for Family Pact Services***

 **Family Pact** **Services**– state funded family planning program which pays for sexual health visits, pap smears, birth control, STI (sexually transmitted infection) testing and treatment.

 Qualifications include: California resident AND income requirements based on your individual income alone (not parents), or if married documented income will be based on both you and your spouse.

**Make an appointment today:**

**Student Health Center, A 111**

**805.378.1413**