**AA-T in Kinesiology for Moorpark College 2023 - 2024**

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| **C-ID or required articulation**  | **Required Core Courses (11 units)** | **Oxnard College Comparable Course** | **Ventura College Comparable Course** |
|  | **Complete the following three courses (11 units):** |  |  |
| BIOL 110B | ANAT M01 Human Anatomy | ANAT R101 | ANAT V01 |
| KIN 100 | KIN M01 Introduction to Kinesiology | KIN R100 | KIN V81 |
| BIOL 120B | PHSO M01 Human PhysiologyORPHSO M01H Honors: Human Physiology | PHSO R101 | PHSO V01 |
|  | **Movement Based Courses (3 unit minimum): Select and complete one course maximum from any four following areas:**  |  |  |
|  | **Dance:** |  |  |
| AAM | DANC M10A Ballet I – Fundamentals | No comparable course | N/A, articulation required |
| AAM | DANC M10B Ballet II – Beginning | No comparable course | N/A, articulation required |
| AAM | DANC M11A Jazz Dance I – Fundamentals  | No comparable course | N/A, articulation required |
| AAM | DANC M11B Jazz Dance II – Beginning | DANC R104B | N/A, articulation required |
| AAM | DANC M12A Modern Dance I – Fundamentals | DANC R102A | N/A, articulation required |
| AAM | DANC M12B Modern Dance II – Beginning | DANC R102B | N/A, articulation required |
| AAM | DANC M13A Tap I - Fundamentals | No comparable course | N/A, articulation required |
| AAM | DANC M13B Tap II - Beginning | No comparable course | N/A, articulation required |
| AAM | DANC M16A Hip Hop I - Fundamentals | DANC R112A | N/A, articulation required |
| AAM | DANC M17 Musical Theater Dance | No comparable course | N/A, requiresarticulation  |
| AAM | DANC M19A Conditioning for Dance: Pilates I | No comparable course | No comparable course |
| AAM | DANC M19B Conditioning for Dance: Pilates II | No comparable course | No comparable course |
| AAM | DANC M30A Theory and Practice of Social Dance Forms: Ballroom Dance I | No comparable course | N/A, articulation required |
| AAM | DANC M30B Theory and Practice of Social Dance Forms: Ballroom Dance II | No comparable course | No comparable course |
|  | **Fitness:** |  |  |
| AAM | KIN M23 Walking for Fitness | KIN R140 | KIN V20 |
| AAM | KIN M24 Running for Fitness and Conditioning | KIN R141 | KIN V22 |
| AAM  | KIN M31 Body Conditioning/Fitness | No comparable course | KIN V10 |
| AAM  | KIN M32 Body Conditioning/Free Weights | KIN R146A | KIN V26 |
| AAM  | KIN M33 Power Lifting/Free Weights | KIN R148 | No comparable course |
| AAM  | KIN M34 Body Conditioning Boot Camp | KIN R145A | KIN V33 |
| AAM  | KIN M40 Cardio Step and Sculpt | No comparable course | KIN V18 |
| AAM  | KIN M42 Aerobic Dance Fitness | No comparable course | No comparable course |
| AAM  | KIN M43 Cardio Kickboxing | KIN R120A | KIN V16 |
| AAM  | KIN M50 Pilates Mat | KIN R143 | KIN V74A |
| AAM | KIN M51 Core Stability and Stretch | KIN R144 | No comparable course |
| AAM | KIN M52 Core Fitness with Cardio | No comparable course | No comparable course |
| AAM | KIN M53 T’ai Chi  | No comparable course | KIN V76A |
|  | **Individual Sports:** |  |  |
| AAM | KIN M71 Golf | No comparable course | No comparable course |
| AAM  | KIN M72 Tennis  | No comparable course | KIN V44A |
|  | **Team Sports:** |  |  |
| AAM | KIN M82 Basketball  | KIN R163AORKIN R163B | KIN V40AORKIN V40B |
| AAM | KIN M84 Soccer  | KIN R162AORKIN R162B | KIN V48AORKIN V48B |
| AAM  | KIN M85 Softball  | No comparable course | No comparable course |
| AAM | KIN M87 Volleyball  | KIN R165AOR KIN R165B | KIN V46A OR KIN V46B |
|  | **List A – Select and complete 6-10 units from 2 different OPTIONS below:**  |  |  |
| MATH 110 | MATH M15 Introductory StatisticsORMATH M15H Honors: Introductory Statistics | MATH R105 ORMATH R105H ORPSY R103 | MATH V44 |
|  | **OPTION 2** |  |  |
| AAM | BIOL M01 Introduction to Biology | N/A, requiresarticulation  | BIOL V01ANDBIOL V01L  |
| AAM  | BIOL M02A General BiologyORBIOL M02AH Honors: General Biology | N/A, requiresarticulation  | N/A, requiresarticulation |
| AAM | BIOL M16 Human Biology  | No comparable course | BIOL V12 |
|  | **OPTION 3** |  |  |
| CHEM 110 | CHEM M01A General Chemistry IORCHEM M01AH Honors: General Chemistry I | CHEM R120 | CHEM V01AANDCHEM V01AL |
| AAM | CHEM M11 Foundations of General, Organic, and Biochemistry | N/A requires articulation | CHEM V30ANDCHEM V30L |
| AAM  | CHEM M12 Introductory Chemistry I | CHEM R110 | CHEM V20ANDCHEM V20L |
| AAM  | CHEM M13 Introductory Chemistry II | N/A requires articulation | N/A, requiresarticulation |
|  | **OPTION 4** |  |  |
| PHYS 105ORPHYS 205 | PHYS M10A General Physics IAND PHYS M10AL General Physics I LabOR PHYS M20A Mechanics of Solids and FluidsAND PHYS M20AL Mechanics of Solids and Fluids Lab | PHYS R101ANDPHYS R101L ORPHYS R131 | (PHYS V02A ANDPHYS V02AL)OR(PHYS V03A ANDPHYS V03AL)OR(PHYS V04 ANDPHYS V04L) |
|  | **OPTION 5** |  |  |
| KIN 101 | HED M05 First Aid, CPR, and Emergency Procedures | HED R105 | KIN V80 |
|  | **TOTAL UNITS**  | **20-25** |  |

State approved: 7/26/2021