

AA-T in Kinesiology for **Moorpark College 2020-2021**

C-ID or required articulation	Required Core Courses (11 units)	VC Comparable Course	OC Comparable Course
	Complete the following three courses (11 units):		
BIOL 110B	ANAT M01 Human Anatomy	ANAT V01	ANAT R101
KIN 100	KIN M01 Introduction to Kinesiology	KIN V81	HED R110
BIOL 120B	PHSO M01 Human Physiology or PHSO M01H Honors: Human Physiology	PHSO V01	PHSO R101
	Movement Based Courses (3 unit minimum): Select and complete one course maximum from any four following areas:		
	Dance:		
AAM	DANC M10A Ballet I – Fundamentals	DANC V15A	no comparable course
AAM	DANC M10B Ballet II – Beginning	DANC V15B	no comparable course
AAM	DANC M11A Jazz Dance I – Fundamentals	DANC V29A	DANC R104A
AAM	DANC M11B Jazz Dance II – Beginning	DANC V29B	n/a requires articulation
AAM	DANC M12A Modern Dance I – Fundamentals	DANC V10A	DANC R102A
AAM	DANC M12B Modern Dance II – Beginning	DANC V10B	n/a requires articulation
AAM	DANC M13A Tap I - Fundamentals	DANC V13A	no comparable course
AAM	DANC M13B Tap II - Beginning	DANC V13B	no comparable course
AAM	DANC M16A Hip Hop I - Fundamentals	DANC V27	DANC R112A
AAM	DANC M17 Musical Theater Dance	n/a requires articulation	no comparable course
AAM	DANC M30A Theory and Practice of Social Dance Forms: Ballroom Dance I	DANC V23	no comparable course
AAM	DANC M30B Theory and Practice of Social Dance Forms: Ballroom Dance II	no comparable course	no comparable course
	Fitness:		
AAM	KIN M23 Walking for Fitness	KIN V20	PE R146
AAM	KIN M24 Running for Fitness and Conditioning	KIN V22	PE R143
AAM	KIN M31 Body Conditioning/Fitness	KIN V10	no comparable course
AAM	KIN M32 Body Conditioning/Free Weights	KIN V26	PE R150A
AAM	KIN M33 Power Lifting/Free Weights	no comparable course	PE R107
AAM	KIN M34 Body Conditioning Boot Camp	no comparable course	PE R104A
AAM	KIN M40 Cardio Step and Sculpt	KIN V18	no comparable course

AAM	KIN M42 Aerobic Dance Fitness	no comparable course	no comparable course
AAM	KIN M43 Cardio Kickboxing	KIN V16	PE R131A
AAM	KIN M50 Pilates Mat	KIN V74A	PE R108
AAM	KIN M53 T'ai Chi	KIN V76A	no comparable course
	Individual Sports:		
AAM	KIN M71 Golf	no comparable course	no comparable course
AAM	KIN M72 Tennis	KIN V44A	no comparable course
	Team Sports:		
AAM	KIN M82 Basketball	KIN V40A or KIN V40B	PE R155A Or PE R155B
AAM	KIN M84 Soccer	KIN V48A or KIN V48B	PE R159A or PE R159B
AAM	KIN M85 Softball	no comparable course	PE R160
AAM	KIN M87 Volleyball	KIN V46A or KIN V46B	PE R161
	List A – Select and complete 6-10 units from 2 different OPTIONS below:		
MATH 110	MATH M15 Introductory Statistics or MATH M15H Honors: Introductory Statistics	MATH V44	MATH R105 or MATH R105H or PSY R103
	OPTION 2		
AAM	BIOL M01 Introduction to Biology	BIOL V01 and BIOL V01L	n/a requires articulation
AAM	BIOL M02A General Biology or BIOL M02AH Honors: General Biology	n/a requires articulation	n/a requires articulation
AAM	BIOL M16 Human Biology	BIOL V12	no comparable course
	OPTION 3		
CHEM 110	CHEM M01A General Chemistry I or CHEM M01AH Honors: General Chemistry I	CHEM V01A and CHEM V01AL	CHEM R120
AAM	CHEM M11 Foundations of General, Organic, and Biochemistry	CHEM V30 and	n/a requires articulation

		CHEM V30L	
AAM	CHEM M12 Introductory Chemistry I	CHEM V20 and CHEM V20L	CHEM R110
AAM	CHEM M13 Introductory Chemistry II	n/a requires articulation	n/a requires articulation
	OPTION 4		
PHYS 105 or PHYS 205	PHYS M10A General Physics I and PHYS M10AL General Physics I Lab or PHYS M20A Mechanics of Solids and Fluids and PHYS M20AL Mechanics of Solids and Fluids Lab	PHYS V02A and PHYS V02AL or PHYS V03A and PHYS V03AL or PHYS V04 and PHYS V04L	PHYS R101 And PHYS R101L or PHYS R131
	OPTION 5		
KIN 101	HED M05 First Aid, CPR, and Emergency Procedures	KIN V80	HED R105
	TOTAL UNITS	20-25	