

ICA M02B: INTERCOLLEGIATE BASKETBALL-MEN/SPRING

Originator

vmanakas

Co-Contributor(s)**Name(s)**

Black, Adam (ablack)

College

Moorpark College

Discipline (CB01A)

ICA - Intercollegiate Athletics

Course Number (CB01B)

M02B

Course Title (CB02)

Intercollegiate Basketball-Men/Spring

Banner/Short Title

Intercol Basketball-Men/Sprig

Credit Type

Credit

Start Term

Spring 2021

Formerly

KIN M101B and PE M67

Catalog Course Description

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity.

Additional Catalog Notes

Student must be capable of competing at the intercollegiate level.

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

Taxonomy of Programs (TOP) Code (CB03)

0835.50 - Intercollegiate Athletics

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

May be required

Faculty notes on field trips; include possible destinations or other pertinent information

intercollegiate competition takes place at various colleges throughout California.

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

Yes

Number of times a student may enroll in this course

4

Maximum units a student may earn in this course

10

Specify the Title 5 justification for repeatability

Intercollegiate athletics

Justification for Repeatability

Repeatability is dependent upon CCCAA (California Community College Athletic Association) eligibility.

Is this course part of a family?

No

Units and Hours

Carnegie Unit Override

No

In-Class**Lecture****Minimum Contact/In-Class Lecture Hours**

43.75

Maximum Contact/In-Class Lecture Hours

43.75

Activity**Laboratory****Minimum Contact/In-Class Laboratory Hours**

87.5

Maximum Contact/In-Class Laboratory Hours

87.5

Total in-Class**Total in-Class****Total Minimum Contact/In-Class Hours**

131.25

Total Maximum Contact/In-Class Hours

131.25

Outside-of-Class**Internship/Cooperative Work Experience****Paid****Unpaid****Total Outside-of-Class****Total Outside-of-Class****Total Student Learning****Total Student Learning****Total Minimum Student Learning Hours**

131.25

Total Maximum Student Learning Hours

131.25

Minimum Units (CB07)

2.5

Maximum Units (CB06)

2.5

Student Learning Outcomes (CSLOs)**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|--|
| 1 | demonstrate proper technique in all skills associated with women's intercollegiate basketball. |
| 2 | demonstrate improvement in skills identified as inefficient at the end of the intercollegiate women's basketball season. |
| 3 | improve muscular strength and cardiovascular endurance. |

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- | | |
|---|--|
| 1 | demonstrate a variety of individual techniques and fundamentals required for intercollegiate participation and adhere to the CCCAA (California Community College Athletic Association) and collegiate rules for the sport. |
| 2 | develop and apply team skills necessary to successfully compete at the intercollegiate level. |
| 3 | develop and analyze offensive and defensive tactics and strategies and respond accordingly. |
| 4 | apply and develop principles for social interaction, teamwork and leadership. |
| 5 | demonstrate and practice an appreciation for high quality character traits including, but not limited to, sportsmanship, fair play and teamwork. |
| 6 | identify and practice good health habits through proper emphasis on training techniques, injury prevention, nutrition and substance education. |

Course Content**Lecture/Course Content**

(30%) Basketball individual fundamental skills

1. Offensive techniques
2. Defensive techniques

(30%) Special situation skills Conditioning

1. Post season
2. Pre season
3. In season

(10%) Pre-season Attitude and behaviors

1. High quality character traits
2. Sportsmanship
3. Fair play
4. Teamwork/Social interaction

(5%) Leadership

(5%) Health habits

(5%) Injury prevention

(15%) Basketball team tactics and strategies

1. Offensive
2. Defensive
3. Special situations

Laboratory or Activity Content

(30%) Individual fundamental skills

1. Offensive techniques
2. Defensive techniques
3. Special situation skills

(30%) Conditioning

1. Post season
2. Off season
3. Pre-season

(20%) Attitudes and behaviors

1. High quality character traits
2. Sportsmanship
3. Fair play
4. Teamwork/Social interaction
5. Leadership
6. Health habits

(20%) Team tactics and strategies

1. Offensive
2. Defensive
3. Special situations

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises

Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion
 Clinical demonstration
 Individual projects
 Laboratory activities
 Performances
 Participation
 Skills demonstrations
 Skill tests or practical examinations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
 Computer-aided presentations
 Collaborative group work
 Class activities
 Class discussions
 Distance Education
 Demonstrations
 Field trips
 Group discussions
 Instructor-guided interpretation and analysis
 Laboratory activities
 Lecture
 Small group activities

Describe specific examples of the methods the instructor will use:

1. Physical demonstration of skill or drill by the instructor
2. Film and video analysis will be used
3. Students and instructor will participate physically throughout the class period

Representative Course Assignments

Writing Assignments

1. Identify individualized basketball goals specific to skill improvement.
2. Complete Kouzes and Posner's Leadership Practice Inventory (LPI) to identify leadership strengths and weaknesses.
3. Provide peer evaluations to coaches.

Critical Thinking Assignments

1. Analyze of upcoming basketball opponent's strengths and weaknesses.
2. Explain specific basketball offensive and defensive strategies and tactics.
3. Apply specific basketball offensive and defensive strategies and tactics.
4. Analysis of individual's basketball strengths and weaknesses.

Reading Assignments

1. Read articles or books on sport psychology as it pertains to competing in college basketball.
2. Read articles or books assigned by the instructor emphasizing leadership in sport.

Skills Demonstrations

1. Demonstrate correct jump shot technique.
2. Demonstrate correct basketball screening technique.

Outside Assignments

Representative Outside Assignments

1. Evaluate techniques of professional basketball players.
2. Watch individual video and provide an oral assessment of individual shooting techniques.

3. Take an attitude and personality assessment.
4. Develop individual goals.

Articulation

Comparable Courses within the VCCCD

ICA V36 - Spring Intercollegiate Basketball

ICA R130B - Intercollegiate Basketball-Men/Spring

Equivalent Courses at other CCCs

College	Course ID	Course Title	Units
American River College	SPORT 312	Basketball, Intercollegiate Men - Spring	1.5
Consumes River College	SPORT 312	Basketball, Intercollegiate Men- Spring	1

District General Education

A. Natural Sciences

B. Social and Behavioral Sciences

C. Humanities

D. Language and Rationality

E. Health and Physical Education/Kinesiology

E2. Physical Education

Approved

F. Ethnic Studies/Gender Studies

Course is CSU transferable

Yes

CSU Baccalaureate List effective term:

F1995

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

Area E: Lifelong Learning and Self-Development

E Lifelong Learning and Self-Development

Approved

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

UC TCA

UC TCA
Approved

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type
Textbook

Description

Williams, Pat and David Wimbish. *How to Be like Coach Wooden: Life Lessons from Basketball's Greatest Leader*. Health Communications, Inc., 2006.

Resource Type
Textbook

Description

Wooden, John, and Jay Carty. *Coach Wooden's Pyramid of Success: Building Blocks for a Better Life*. Regal, 2005.

Resource Type
Textbook

Classic Textbook

No

Description

Correa, Joseph. *Creating the Ultimate Basketball Player*. CreateSpace, 2015.

Library Resources

Assignments requiring library resources

Research using the Library's print and online resources.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Utilize the library's databases to research social injustice issues in sports.

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online is a temporary emergency approval ONLY

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss/identify and analyze elements of course outcomes. Other discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tool such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify course content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
Face to Face (by student request; cannot be required)	Lab/activity will be face to face with practical (identification) quizzes and exams. lab/activity time will offer student-student interaction and time to ask question of the instructor.
Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. online practice exams and quizzes will provide the opportunity for asynchronous review of material.
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat or video conferencing technology.
Telephone	Instructor may provide a phone number for the students where they can leave a voicemail and expect a call back within 24 hours.
Video Conferencing	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. Furthermore, the instructor may lead an online lecture during a consistent time frame via Zoom or any other video conferencing tool.

Hybrid (51%–99% online) Modality:

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100% online Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss/identify and analyze elements of course outcomes. Other discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
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Examinations**Hybrid (1%–50% online) Modality**

Online

On campus

Hybrid (51%–99% online) Modality

Online

On campus

Primary Minimum Qualification

COACHING

Review and Approval Dates**Department Chair**

11/2/2020

Dean

11/3/2020

Technical Review

11/5/2020

Curriculum Committee

11/17/2020

DTRW-I

MM/DD/YYYY

Curriculum Committee

MM/DD/YYYY

Board

MM/DD/YYYY

CCCCO

11/20/2020

Control Number

CCC000524556

DOE/accreditation approval date

MM/DD/YYYY