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# ICA M20A: INTERCOLLEGIATE BASKETBALL-WOMEN/FALL

# Originator

vmanakas

### Co-Contributor(s)

#### Name(s)

Black, Adam (ablack)

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#### College

Moorpark College

#### Discipline (CB01A)

ICA - Intercollegiate Athletics

#### Course Number (CB01B)

M<sub>20</sub>A

### Course Title (CB02)

Intercollegiate Basketball-Women/Fall

#### **Banner/Short Title**

Intercol/Basketball-Women/Fall

#### **Credit Type**

Credit

### **Start Term**

Fall 2021

#### **Formerly**

KIN M130A and PE M68

# **Catalog Course Description**

Develops athletic skills and techniques in Basketball. Emphasizes team development and competitive improvement and intensity. Involves competition against other institutions, and travel.

#### **Additional Catalog Notes**

Repeatability is dependent upon California Community College Athletic Association (CCCAA) eligibility. Student must be capable of competing at the intercollegiate level.

May be taken a maximum of four (4) times for credit.

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

# Taxonomy of Programs (TOP) Code (CB03)

0835.50 - Intercollegiate Athletics

#### **Course Credit Status (CB04)**

D (Credit - Degree Applicable)

# Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

#### Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

#### SAM Priority Code (CB09)

E - Non-Occupational

### **Course Cooperative Work Experience Education Status (CB10)**

N - Is Not Part of a Cooperative Work Experience Education Program

#### **Course Classification Status (CB11)**

Y - Credit Course

# **Educational Assistance Class Instruction (Approved Special Class) (CB13)**

N - The Course is Not an Approved Special Class

#### **Course Prior to Transfer Level (CB21)**

Y - Not Applicable

### **Course Noncredit Category (CB22)**

Y - Credit Course

# **Funding Agency Category (CB23)**

Y - Not Applicable (Funding Not Used)

### **Course Program Status (CB24)**

1 - Program Applicable

#### **General Education Status (CB25)**

Y - Not Applicable

#### **Support Course Status (CB26)**

N - Course is not a support course

#### Field trips

Will be required

#### Faculty notes on field trips; include possible destinations or other pertinent information

Various colleges across California for intercollegiate basketball competitions.

#### **Grading method**

(L) Letter Graded

# Alternate grading methods

- (0) Student Option-Letter/Pass
- (P) Pass/No Pass Grading

# Does this course require an instructional materials fee?

No

#### Repeatable for Credit

Yes

#### Number of times a student may enroll in this course

4

### Maximum units a student may earn in this course

16

#### Specify the Title 5 justification for repeatability

Intercollegiate athletics

### **Justification for Repeatability**

Repeatability is dependent upon CCCAA (California Community College Athletic Association) eligibility.

# Is this course part of a family?

No

# **Units and Hours**

**Carnegie Unit Override** 

No

#### In-Class

Lecture

**Minimum Contact/In-Class Lecture Hours** 

17.5

**Maximum Contact/In-Class Lecture Hours** 

17.5

**Activity** 

Laboratory

**Minimum Contact/In-Class Laboratory Hours** 

157.5

**Maximum Contact/In-Class Laboratory Hours** 

157.5

# **Total in-Class**

**Total in-Class** 

**Total Minimum Contact/In-Class Hours** 

175

**Total Maximum Contact/In-Class Hours** 

175

# **Outside-of-Class**

Internship/Cooperative Work Experience

Paid

Unpaid

# **Total Outside-of-Class**

**Total Outside-of-Class** 

**Minimum Outside-of-Class Hours** 

35

**Maximum Outside-of-Class Hours** 

35

# **Total Student Learning**

**Total Student Learning** 

**Total Minimum Student Learning Hours** 

210

**Total Maximum Student Learning Hours** 

210

**Minimum Units (CB07)** 

1

Maximum Units (CB06)

4

Student Learning Outcomes (CSLOs)				
	Upon satisfactory completion of the course, students will be able to:			
1	demonstrate proper technique in all skills associated with women's basketball.			
2	develop and apply team skills necessary to successfully compete at the intercollegiate level in women's basketball.			
Course Objectives				
	Upon satisfactory completion of the course, students will be able to:			
1	demonstrate a variety of individual techniques and fundamentals required for intercollegiate participation and adhere to the CCCAA (California Community College Athletic Association) and collegiate rules for the sport.			
2	develop and apply team skills necessary to successfully compete at the intercollegiate level.			
3	develop and analyze offensive and defensive tactics and strategies and respond accordingly.			
4	apply and develop principles for social interaction, teamwork and leadership.			
5	demonstrate and practice an appreciation for high quality character traits including, but not limited to, sportsmanship, fair play and teamwork.			
6	identify and practice good health habits through proper emphasis on training techniques, injury prevention, nutrition and substance education.			

# **Course Content**

#### **Lecture/Course Content**

(30%)Individual fundamental skills

- A. Offensive techniques
- B. Defensive techniques
- C. Special situation skills

#### (30%)Conditioning

- A. Conference season
- B. Post conference season
- C. Off season

(20%) Attitudes and behaviors

- A. High quality character traits
- B. Sportsmanship
- C. Fair play
- D. Teamwork/Social interaction
- E. Leadership
- F. Health habits
- G. Injury prevention

(20%) Team tactics and strategies

- À. Offensive
- B. Defensive
- C. Special situations

# **Laboratory or Activity Content**

(30%)Individual fundamental skills

- À. Offensive techniques
- B. Defensive techniques
- C. Special situation skills

#### (30%)Conditioning

- À. Conference season
- B. Post conference season
- C. Off season

(20%) Attitudes and behaviors

- A. High quality character traits
- B. Sportsmanship
- C. Fair play
- D. Teamwork/Social interaction
- E. Leadership
- F. Health habits
- G. Injury prevention

(20%) Team tactics and strategies

- A. Offensive
- B. Defensive
- C. Special situations

# **Methods of Evaluation**

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises

Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion Clinical demonstration Individual projects Laboratory activities Performances Participation Skills demonstrations

# **Instructional Methodology**

### Specify the methods of instruction that may be employed in this course

Audio-visual presentations
Computer-aided presentations
Collaborative group work
Distance Education
Demonstrations
Field trips
Group discussions
Instructor-guided interpretation and analysis
Laboratory activities
Lecture
Small group activities

# Describe specific examples of the methods the instructor will use:

- 1. Physical demonstration of drills and skills by the instructor
- 2. Film and video analysis will be used
- 3. Students and instructor will participate physically throughout the class

# **Representative Course Assignments**

### **Writing Assignments**

- 1. Set individual and team goals.
- 2. Complete individual and team evaluations.
- 3. Conduct personality trait assessment surveys.

### **Critical Thinking Assignments**

- 1. Complete an analysis of opponent strengths and weaknesses.
- 2. Develop techniques for application of team strategies and tactics.
- 3. Analyze application of individual strategies and tactics.

#### **Reading Assignments**

- 1. Read articles of offensive basketball strategies.
- 2. Read articles of defensive basketball strategies.
- 3. Read articles on motivation for athletes.

#### **Skills Demonstrations**

- 1. Proper Shooting techniques.
- 2. Proper Dribbling techniques.
- 3. Proper Passing techniques.

# **Outside Assignments**

### **Representative Outside Assignments**

- 1. Complete game film analysis.
- 2. Practice development of skills and techniques.
- 3. Participate in video analysis of opponents.

# **Articulation**

#### **Equivalent Courses at 4 year institutions**

University	Course ID	Course Title	Units
UCSB	ES 1-11	Intercollegiate Basketball	3
CSU Northridge	ATHL 202	Varsity Basketball - Women	2
Cal Poly Pomona	ATH 1831	Intercollegiate Women's Basketball	2

# **Comparable Courses within the VCCCD**

ICA R190A - Intercollegiate Basketball-Women/Fall ICA V04 - Intercollegiate Basketball: Women

# **Equivalent Courses at other CCCs**

College	Course ID	Course Title	Units
Irvine Valley College	IA 12	Intercollegiate Women's Basketball	3
Allan Hancock College	PEIA 135	Intercollegiate Basketball, Women	3

# **District General Education**

- A. Natural Sciences
- **B. Social and Behavioral Sciences**
- C. Humanities
- D. Language and Rationality
- E. Health and Physical Education/Kinesiology
- **E2. Physical Education**

Approved

# F. Ethnic Studies/Gender Studies

# Course is CSU transferable

Yes

# **CSU Baccalaureate List effective term:**

F1995

**CSU GE-Breadth** 

Area A: English Language Communication and Critical Thinking

**Area B: Scientific Inquiry and Quantitative Reasoning** 

**Area C: Arts and Humanities** 

**Area D: Social Sciences** 

**Area E: Lifelong Learning and Self-Development** 

**E Lifelong Learning and Self-Development** 

Approved

**Area F: Ethnic Studies** 

**CSU Graduation Requirement in U.S. History, Constitution and American Ideals:** 

# **UC TCA**

**UC TCA** 

Approved

# **IGETC**

**Area 1: English Communication** 

**Area 2A: Mathematical Concepts & Quantitative Reasoning** 

**Area 3: Arts and Humanities** 

Area 4: Social and Behavioral Sciences

**Area 5: Physical and Biological Sciences** 

Area 6: Languages Other than English (LOTE)

# **Textbooks and Lab Manuals**

# **Resource Type**

Textbook

### Description

Williams, Pat and David Wimbish. How to Be like Coach Wooden: Life Lessons from Basketball's Greatest Leader. Health Communications, Inc., 2006.

# **Resource Type**

Textbook

# **Description**

Wooden, John, and Jay Carty. Coach Wooden's Pyramid of Success: Building Blocks for a Better Life. Regal, 2005.

#### **Resource Type**

Textbook

# **Classic Textbook**

No

### Description

Correa, Joseph. Creating the Ultimate Basketball Player. CreateSpace, 2015.

# **Library Resources**

**Sufficient Library Resources exist** 

Yes

# **Distance Education Addendum**

#### **Definitions**

**Distance Education Modalities** 

Hybrid (51%-99% online) Hybrid (1%-50% online) 100% online

# **Faculty Certifications**

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

# **Regular Effective/Substantive Contact**

Hybrid (1%-50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tools such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
Face to Face (by student request; cannot be required)	Labs will be face to face with practical (identification) quizzes and exams. Lab time will offer student-student interaction and time to ask question of the instructor.
Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
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Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material
100% online Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
E-mail	Email. class announcements and tool such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify course content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Student will given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss/identify and analyze elements of course outcomes. Other discussion by boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning
Face to Face (by student request; cannot be required)	Lab/activity will be face to face with practical (identification) quizzes and exams. Lab/activity time will offer student-student interaction and time to ask question of the instructor
Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material
Examinations	
<b>Hybrid (1%–50% online) Modality</b> Online On campus	
Hybrid (51%–99% online) Modality Online On campus	

**Primary Minimum Qualification** COACHING

# **Review and Approval Dates**

**Department Chair** 

10/14/2020

Dean

10/15/2020

**Technical Review** 

10/30/2020

**Curriculum Committee** 

11/03/2020

DTRW-I

MM/DD/YYYY

**Curriculum Committee** 

MM/DD/YYYY

**Board** 

MM/DD/YYYY

CCCCO

11/19/2020

**Control Number** 

CCC000524551

DOE/accreditation approval date

MM/DD/YYYY