

# ICA M24A: INTERCOLLEGIATE SOCCER - WOMEN

**Originator**

vmanakas

**Co-Contributor(s)****Name(s)**

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**College**

Moorpark College

**Discipline (CB01A)**

ICA - Intercollegiate Athletics

**Course Number (CB01B)**

M24A

**Course Title (CB02)**

Intercollegiate Soccer - Women

**Banner/Short Title**

Intercollegiate Soccer - Women

**Credit Type**

Credit

**Start Term**

Fall 2021

**Formerly**

KIN M133A and PE M65A

**Catalog Course Description**

Develops athletic skills and techniques in Soccer. Emphasizes team development and competitive improvement and intensity.

**Additional Catalog Notes**

Involves competition against other institutions, and travel.

Student must be capable of competing at the intercollegiate level.

Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit.

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

**Taxonomy of Programs (TOP) Code (CB03)**

0835.50 - Intercollegiate Athletics

**Course Credit Status (CB04)**

D (Credit - Degree Applicable)

**Course Transfer Status (CB05) (select one only)**

A (Transferable to both UC and CSU)

**Course Basic Skills Status (CB08)**

N - The Course is Not a Basic Skills Course

**SAM Priority Code (CB09)**

E - Non-Occupational

**Course Cooperative Work Experience Education Status (CB10)**

N - Is Not Part of a Cooperative Work Experience Education Program

**Course Classification Status (CB11)**

Y - Credit Course

**Educational Assistance Class Instruction (Approved Special Class) (CB13)**

N - The Course is Not an Approved Special Class

**Course Prior to Transfer Level (CB21)**

Y - Not Applicable

**Course Noncredit Category (CB22)**

Y - Credit Course

**Funding Agency Category (CB23)**

Y - Not Applicable (Funding Not Used)

**Course Program Status (CB24)**

1 - Program Applicable

**General Education Status (CB25)**

Y - Not Applicable

**Support Course Status (CB26)**

N - Course is not a support course

**Field trips**

Will be required

**Faculty notes on field trips; include possible destinations or other pertinent information**

Various colleges across California for intercollegiate soccer competitions.

**Grading method**

(L) Letter Graded

**Alternate grading methods**

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

**Does this course require an instructional materials fee?**

No

**Repeatable for Credit**

Yes

**Number of times a student may enroll in this course**

4

**Maximum units a student may earn in this course**

16

**Specify the Title 5 justification for repeatability**

Intercollegiate athletics

**Justification for Repeatability**

Repeatability is dependent upon CCCAA (California Community College Athletic Association) eligibility.

**Is this course part of a family?**

No

**Units and Hours****Carnegie Unit Override**

No

**In-Class****Lecture****Minimum Contact/In-Class Lecture Hours**

17.5

**Maximum Contact/In-Class Lecture Hours**

17.5

**Activity****Laboratory****Minimum Contact/In-Class Laboratory Hours**

157.5

**Maximum Contact/In-Class Laboratory Hours**

157.5

**Total in-Class****Total in-Class****Total Minimum Contact/In-Class Hours**

175

**Total Maximum Contact/In-Class Hours**

175

**Outside-of-Class****Internship/Cooperative Work Experience****Paid****Unpaid****Total Outside-of-Class****Total Outside-of-Class****Minimum Outside-of-Class Hours**

35

**Maximum Outside-of-Class Hours**

35

**Total Student Learning****Total Student Learning****Total Minimum Student Learning Hours**

210

**Total Maximum Student Learning Hours**

210

**Minimum Units (CB07)**

4

**Maximum Units (CB06)**

4

**Student Learning Outcomes (CSLOs)**

**Upon satisfactory completion of the course, students will be able to:**

- |   |  |
|---|--|
| 1 | demonstrate proper technique in all skills associated with intercollegiate women's soccer. |
| 2 | develop and apply skills necessary to compete in intercollegiate athletics.                |
| 3 | develop, analyze, and apply offensive and defensive tactics and strategies.                |

**Course Objectives**

**Upon satisfactory completion of the course, students will be able to:**

- |   |  |
|---|--|
| 1 | demonstrate a variety of individual techniques and fundamentals required for intercollegiate participation and adhere to the CCCAA (California Community College Athletic Association) and collegiate rules for the sport. |
| 2 | develop and apply team skills necessary to successfully compete at the intercollegiate level.  |
| 3 | develop and analyze offensive and defensive tactics and strategies and respond accordingly.  |
| 4 | apply and develop principles for social interaction, teamwork and leadership.  |
| 5 | demonstrate and practice an appreciation for high quality character traits including, but not limited to, sportsmanship, fair play and teamwork.   |
| 6 | identify and practice good health habits through proper emphasis on training techniques, injury prevention, nutrition and substance education.   |

**Course Content****Lecture/Course Content**

1. (20%) Soccer individual fundamental skills
  - Offensive techniques
  - Defensive techniques
2. (15%) Special situation skills Conditioning
  - Pre-season
  - Early season
3. (20%) Conference season
4. (10%) Post conference season Attitude and behaviors
  - High quality character traits
  - Sportsmanship
  - Fair play
  - Teamwork/Social interaction
  - Leadership
  - Health habits
5. (10%) Injury prevention
6. (25%) Soccer team tactics and strategies
  - Offensive
  - Defensive
  - Special situations

**Laboratory or Activity Content**

1. (30%) Individual fundamental skills
  - Offensive techniques
  - Defensive techniques
  - Special situation skills
2. (25%) Conditioning
  - Pre-season
  - Early season
  - Conference season
  - Post conference season
3. (20%) Attitudes and behaviors

- High quality character traits
  - Sportsmanship
  - Fair play
  - Teamwork/Social interaction
  - Leadership
  - Health habits
  - Injury prevention
4. (25%) Team tactics and strategies
- Offensive
  - Defensive
  - Special situations

## Methods of Evaluation

**Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):**

Problem solving exercises  
 Skills demonstrations  
 Written expression

**Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):**

Classroom Discussion  
 Group projects  
 Individual projects  
 Laboratory activities  
 Oral analysis/critiques  
 Oral presentations  
 Performances  
 Participation  
 Skills demonstrations  
 Skill tests or practical examinations

## Instructional Methodology

**Specify the methods of instruction that may be employed in this course**

Audio-visual presentations  
 Clinical demonstrations  
 Class activities  
 Class discussions  
 Distance Education  
 Demonstrations  
 Field trips  
 Lecture  
 Small group activities

**Describe specific examples of the methods the instructor will use:**

1. Skill demonstrations to model safe and effective techniques
2. Demonstration of actions and reactions to various soccer situations
3. Provide feedback on Individual and group technique.

## Representative Course Assignments

### Writing Assignments

1. Setting individual and team goals specific to an intercollegiate soccer season.
2. Provide a written evaluation of the soccer season.
3. Provide peer evaluations to coaches.

**Critical Thinking Assignments**

1. Analyze soccer opponent's strengths and weaknesses.
2. Explain specific soccer strategies and tactics.
3. Apply specific soccer strategies and tactics in practice and competition.

**Reading Assignments**

1. Read articles or books on the history of soccer.
2. Read articles or books assigned by the instructor emphasizing leadership in sport.

**Skills Demonstrations**

1. Demonstrate correct instep kicking technique.
2. Demonstrate correct soccer dribbling technique.

**Outside Assignments****Representative Outside Assignments**

1. Evaluate techniques of professional soccer players.
2. Watch individual video and provide an oral assessment of individual soccer kicking techniques.
3. Take an attitude and personality assessment.
4. Develop individual and team goals.

**Articulation****Equivalent Courses at 4 year institutions**

University	Course ID	Course Title	Units
Calif. State Univ., Northridge	ATHL 216	Varsity Soccer - Women	2

**Comparable Courses within the VCCCD**

ICA R170 - Intercollegiate Soccer-Women  
ICA V13 - Intercollegiate Soccer: Women

**Equivalent Courses at other CCCs**

College	Course ID	Course Title	Units
Santa Barbara City College	PE 192A	Intercollegiate Soccer - Women	3
Allan Hancock College	PEIA 105	Intercollegiate Soccer, Women	3
Bakersfield College	PHED B23	Intercollegiate Competition for Women Soccer	3

**District General Education****A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****E2. Physical Education**

Approved

**F. Ethnic Studies/Gender Studies****Course is CSU transferable**

Yes

**CSU Baccalaureate List effective term:**

F1995

**CSU GE-Breadth****Area A: English Language Communication and Critical Thinking****Area B: Scientific Inquiry and Quantitative Reasoning****Area C: Arts and Humanities****Area D: Social Sciences****Area E: Lifelong Learning and Self-Development**

E Lifelong Learning and Self-Development

Approved

**Area F: Ethnic Studies****CSU Graduation Requirement in U.S. History, Constitution and American Ideals:****UC TCA**

UC TCA

Approved

**IGETC****Area 1: English Communication****Area 2A: Mathematical Concepts & Quantitative Reasoning****Area 3: Arts and Humanities****Area 4: Social and Behavioral Sciences****Area 5: Physical and Biological Sciences****Area 6: Languages Other than English (LOTE)****Textbooks and Lab Manuals****Resource Type**

Textbook

**Description**Williams, Pat and David Wimbish. *How to Be like Coach Wooden: Life Lessons from Basketball's Greatest Leader*. Health Communications, Inc., 2006.**Resource Type**

Textbook

**Description**Wooden, John, and Jay Carty. *Coach Wooden's Pyramid of Success: Building Blocks for a Better Life*. Regal, 2005.**Resource Type**

Textbook

**Classic Textbook**

No

**Description**

Shamberger, Michael. *Beyond the Pitch: Soccer Strategies for Winning at Life*. Higherlife Publishing, 2020.

**Library Resources**

**Assignments requiring library resources**

Utilize the Library's print and online resources to locate a peer-reviewed article discussing the effects of proper nutrition on performance.

**Sufficient Library Resources exist**

Yes

**Example of Assignments Requiring Library Resources**

Use the Library's databases to research social injustice issues in sports.

**Distance Education Addendum**

**Definitions**

**Distance Education Modalities**

Hybrid (51%–99% online)  
Hybrid (1%–50% online)  
100% online is a temporary emergency approval ONLY

**Faculty Certifications**

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

**Regular Effective/Substantive Contact**

**Hybrid (1%–50% online) Modality:**

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Asynchronous Dialog (e.g., discussion board) Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tools such as “Message Students Who” and “Assignment Comments” in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.



Face to Face (by student request; cannot be required)	Labs will be face to face with practical (identification) quizzes and exams. Lab time will offer student-student interaction and time to ask question of the instructor.
Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material.
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat or video conferencing technology.
Telephone	Instructor may provide a phone number for the students where they can leave a voicemail and expect a call back within 24 hours.
Video Conferencing	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. Furthermore, the instructor may lead an online lecture during a consistent time frame via Zoom or any other video conferencing tool.
<b>Hybrid (51%–99% online) Modality:</b>	
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**100% online Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
Asynchronous Dialog (e.g., discussion board)	Asynchronous Dialog (e.g., discussion board) Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tools such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
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**Examinations****Hybrid (1%–50% online) Modality**

Online  
On campus

**Hybrid (51%–99% online) Modality**

Online  
On campus

**Primary Minimum Qualification**

COACHING

**Review and Approval Dates****Department Chair**

11/2/2020

**Dean**

11/3/2020

**Technical Review**

11/5/2020

**Curriculum Committee**

11/17/2020

**DTRW-I**

MM/DD/YYYY

**Curriculum Committee**

MM/DD/YYYY

**Board**

MM/DD/YYYY

**CCCCO**

11/20/2020

**Control Number**

CCC000524569

**DOE/accreditation approval date**

MM/DD/YYYY