

ICA M25A: INTERCOLLEGIATE SOFTBALL-WOMEN

Originator

ablack

Co-Contributor(s)**Name(s)**

Manakas, Vance (vmanakas)

College

Moorpark College

Discipline (CB01A)

ICA - Intercollegiate Athletics

Course Number (CB01B)

M25A

Course Title (CB02)

Intercollegiate Softball-Women

Banner/Short Title

Intercollegiate Softball-Women

Credit Type

Credit

Start Term

Spring 2021

Formerly

KIN M134A and PE M73

Catalog Course Description

Develops athletic skills and techniques in Softball. Emphasizes team development and competitive improvement and intensity.

Additional Catalog Notes

Student must be capable of competing at the intercollegiate level.

Repeatability is dependent upon California Community College Athletic Association (CCCCAA) eligibility. May be taken a maximum of four (4) times for credit.

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

Taxonomy of Programs (TOP) Code (CB03)

0835.50 - Intercollegiate Athletics

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will be required

Faculty notes on field trips; include possible destinations or other pertinent information

Various colleges across California for intercollegiate softball competitions.

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

Yes

Number of times a student may enroll in this course

4

Maximum units a student may earn in this course

16

Specify the Title 5 justification for repeatability

Intercollegiate athletics

Justification for Repeatability

Students must be enrolled in the class in order to compete as a student-athlete in the California Community College Athletic Association (CCCCAA)

Units and Hours**Carnegie Unit Override**

No

In-Class

Lecture

Minimum Contact/In-Class Lecture Hours

17.5

Maximum Contact/In-Class Lecture Hours

17.5

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

157.5

Maximum Contact/In-Class Laboratory Hours

157.5

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

175

Total Maximum Contact/In-Class Hours

175

Outside-of-Class

Internship/Cooperative Work Experience

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Minimum Outside-of-Class Hours

35

Maximum Outside-of-Class Hours

35

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

210

Total Maximum Student Learning Hours

210

Minimum Units (CB07)

4

Maximum Units (CB06)

4

Student Learning Outcomes (CSLOs)

Upon satisfactory completion of the course, students will be able to:

- | | |
|---|--|
| 1 | demonstrate proper technique in all skills associated with softball. |
| 2 | organize a scouting report of upcoming opponents. |

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- | | |
|---|--|
| 1 | demonstrate a variety of individual techniques and fundamentals required for intercollegiate participation and adhere to the CCCAA (California Community College Athletic Association) and collegiate rules for the sport. |
| 2 | develop and apply team skills necessary to successfully compete at the intercollegiate level. |
| 3 | develop and analyze offensive and defensive tactics and strategies and respond accordingly. |
| 4 | apply and develop principles for social interaction, teamwork and leadership. |
| 5 | demonstrate and practice an appreciation for high quality character traits including, but not limited to, sportsmanship, fair play and teamwork. |
| 6 | identify and practice good health habits through proper emphasis on training techniques, injury prevention, nutrition and substance education. |

Course Content**Lecture/Course Content**

(20%) Softball individual fundamental skills

1. Offensive techniques
2. Defensive techniques
3. Special situation skills

(20%) Conditioning

1. Pre-season
2. Early season
3. Conference season
4. Post conference season

(20%) Attitude and behaviors

1. High quality character traits
2. Sportsmanship
3. Fair play
4. Teamwork/Social interaction
5. Leadership

(20%) Health habits

1. Injury prevention
2. Nutrition

(20%) Softball team tactics and strategies

1. Offensive
2. Defensive
3. Special situations

Laboratory or Activity Content

(20%) Softball individual fundamental skills

1. Offensive techniques
2. Defensive techniques
3. Special situation skills

(20%) Conditioning

1. Pre-season
2. Early season
3. Conference season
4. Post conference season

(20%) Attitude and behaviors

1. High quality character traits
2. Sportsmanship
3. Fair play
4. Teamwork/Social interaction
5. Leadership

(20%) Health habits

1. Injury prevention
2. Nutrition

(20%) Softball team tactics and strategies

1. Offensive
2. Defensive
3. Special situations

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises
Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion
Journals
Oral analysis/critiques
Participation
Portfolios
Skills demonstrations
Skill tests or practical examinations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
Class activities
Class discussions
Distance Education
Demonstrations
Field trips
Group discussions
Guest speakers
Instructor-guided interpretation and analysis
Instructor-guided use of technology
Small group activities

Describe specific examples of the methods the instructor will use:

1. Use video analysis to help students improve technique.
2. Assess skill proficiency.

Representative Course Assignments

Writing Assignments

1. Setting individual and team softball goals.
2. Provide a written evaluation of the softball season.
3. Provide peer evaluations to coaches.

Critical Thinking Assignments

1. Analysis of softballs opponent's strengths and weaknesses.
2. Explain specific softball strategies and tactics.
3. Application of specific softball strategies and tactics.

Reading Assignments

1. Read articles or books on the history of softball in the Olympics.
2. Read articles or books assigned by the instructor emphasizing leadership in sport.

Skills Demonstrations

1. Demonstrate correct pitching technique.
2. Demonstrate correct batting technique.

Outside Assignments**Representative Outside Assignments**

1. Evaluate techniques of Olympic softball players.
2. Watch individual video and provide an oral assessment of individual softball techniques.
3. Take an attitude and personality assessment.
4. Develop individual and team goals.

Articulation**Equivalent Courses at 4 year institutions**

University	Course ID	Course Title	Units
Calif. State Univ., Northridge	ATHL 217	Varsity Softball - Women	2
CSU Fullerton	KNES 186	Softball - Women Only	2

Comparable Courses within the VCCCD

ICA R180 - Intercollegiate Softball-Women

ICA V14 - Intercollegiate Softball: Women

Equivalent Courses at other CCCs

College	Course ID	Course Title	Units
El Camino College	PE 120ABC	Women's Intercollegiate Softball Team	3
American River Collegesport 365	SPORT 365	Softball, Intercollegiate - Women	3

District General Education**A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****E2. Physical Education**

Approved

F. Ethnic Studies/Gender Studies**Course is CSU transferable**

Yes

CSU Baccalaureate List effective term:

F1995

CSU GE-Breadth**Area A: English Language Communication and Critical Thinking****Area B: Scientific Inquiry and Quantitative Reasoning****Area C: Arts and Humanities****Area D: Social Sciences****Area E: Lifelong Learning and Self-Development****E Lifelong Learning and Self-Development**

Approved

Area F: Ethnic Studies**CSU Graduation Requirement in U.S. History, Constitution and American Ideals:****UC TCA****UC TCA**

Approved

IGETC**Area 1: English Communication****Area 2A: Mathematical Concepts & Quantitative Reasoning****Area 3: Arts and Humanities****Area 4: Social and Behavioral Sciences****Area 5: Physical and Biological Sciences****Area 6: Languages Other than English (LOTE)****Textbooks and Lab Manuals****Resource Type**

Textbook

DescriptionWilliams, Pat and David Wimbish. *How to Be like Coach Wooden: Life Lessons from Basketball's Greatest Leader*. Health Communications, Inc., 2006.**Resource Type**

Textbook

DescriptionWooden, John, and Jay Carty. *Coach Wooden's Pyramid of Success: Building Blocks for a Better Life*. Regal, 2005.**Resource Type**

Other Resource Type

Description

Instructor generated handouts..

Library Resources

Assignments requiring library resources

Research various articles, periodicals, and books using the Library's online databases.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Using EBSCOhost, find and summarize an article on psychology of sport performance.

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online is a temporary emergency approval ONLY

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities.

Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Other DE (e.g., recorded lectures)	Instructor may record the lectures and post them for students to view within a specified time frame to be ready for the accompanying assignments and discussions. Instructor may also post a video or link to a video for students to view within a specified time frame to complete accompanying assignments and discussions.
Asynchronous Dialog (e.g., discussion board)	Instructor will post discussions for students to post their thoughts and reflections. Students will also have to respond to a minimum of two classmates. Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns.
E-mail	Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns. Students will email their programs and projects to the instructor.
Face to Face (by student request; cannot be required)	Students will have the option to meet the instructor to get one-on-one help. Help may include lecture clarification, review of assignments, and extra preparation for exams.
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat or video conferencing technology.

Video Conferencing	Instructor may be available on a certain day or days of the week with in a certain time frame to help students and answer their questions via live video conferencing. Furthermore, the instructor may lead an online lecture during a consistent time frame via Zoom or any other videoconferencing tool.
Telephone	Instructor may provide a phone number for the students where they can leave a voicemail and expect a call back within 24 hours.
Hybrid (51%–99% online) Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
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100% online Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Other DE (e.g., recorded lectures)	Instructor may record the lectures and post them for students to view within a specified time frame to be ready for the accompanying assignments and discussions. Instructor may also post a video or link to a video for students to view within a specified time frame to complete accompanying assignments and discussions.
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Examinations

Hybrid (1%–50% online) Modality

Online
On campus

Hybrid (51%–99% online) Modality

Online
On campus

Primary Minimum Qualification

COACHING

Review and Approval Dates

Department Chair

10/07/2020

Dean

10/15/2020

Technical Review

10/30/2020

Curriculum Committee

11/3/2020

DTRW-I

MM/DD/YYYY

Curriculum Committee

MM/DD/YYYY

Board

MM/DD/YYYY

CCCCO

11/19/2020

Control Number

CCC000524570

DOE/accreditation approval date

MM/DD/YYYY