

KIN M71: GOLF

Originator

ablack

Co-Contributor(s)
Name(s)

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College

Moorpark College

Discipline (CB01A)

KIN - Kinesiology

Course Number (CB01B)

M71

Course Title (CB02)

Golf

Banner/Short Title

Golf

Credit Type

Credit

Start Term

Spring 2021

Formerly

PE M06A, PE M06C & PE M06D

Catalog Course Description

Introduces the fundamental skills of golf. Covers rules, etiquette, equipment and strategies needed for playing golf.

Additional Catalog Notes

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

Taxonomy of Programs (TOP) Code (CB03)

0835.00 - Physical Education

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will not be required

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

52.5

Maximum Contact/In-Class Laboratory Hours

52.5

Total in-Class**Total in-Class****Total Minimum Contact/In-Class Hours**

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class**Internship/Cooperative Work Experience**

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

52.5

Total Maximum Student Learning Hours

52.5

Minimum Units (CB07)

1

Maximum Units (CB06)

1

Student Learning Outcomes (CSLOs)**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|---|
| 1 | demonstrate proficient mechanics of a golf swing. |
| 2 | demonstrate proficient golf putting techniques. |

Course Objectives**Upon satisfactory completion of the course, students will be able to:**

- | | |
|----|--|
| 1 | comprehend and demonstrate the putting stroke. |
| 2 | comprehend and demonstrate the chip shot. |
| 3 | comprehend and demonstrate the pitch shot. |
| 4 | comprehend and demonstrate the full swing. |
| 5 | comprehend and demonstrate the Driver and 5 Wood. |
| 6 | comprehend and demonstrate the greenside and fairway bunker shot. |
| 7 | discuss the social value of the game, golf history, rules, and etiquette. |
| 8 | comprehend and demonstrate shots played from uphill and downhill lies. |
| 9 | comprehend and demonstrate shots played from side hill lies. |
| 10 | identify and define the core topics in the field of kinesiology as it applies to golf. |

Course Content

Lecture/Course Content

N/A

Laboratory or Activity Content

1. (10%) Golf as a lifelong sport and the benefits of healthy eating and well-being
2. (10%) Flexibility, cardiovascular endurance and strength training as it applies to golf
3. (10%) Above and below the feet shot
4. (10%) Uphill and downhill shot
5. (10%) Sand bunker
6. (10%) Driver and fairway wood
7. (10%) Full swing
8. (10%) Chipping and pitching
9. (10%) Putting
10. (10%) History, golf etiquette, rules

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises
Skills demonstrations
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion
Individual projects
Journals
Oral analysis/critiques
Oral presentations
Projects
Participation
Portfolios
Reports/Papers/Journals
Skills demonstrations
Skill tests or practical examinations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
Class activities
Class discussions
Distance Education
Demonstrations
Group discussions
Instructor-guided interpretation and analysis
Instructor-guided use of technology
Small group activities

Describe specific examples of the methods the instructor will use:

1. Instructor will accurately record shot improvement to track student progress.
2. Instructor will assess skill proficiency of various skills specific to golf.

Representative Course Assignments

Writing Assignments

1. Maintain a personal scorecard journal recording weekly golf scores.
2. Write a report on the history of golf.

Critical Thinking Assignments

1. Explain strategic approach to a putting shot to the instructor.
2. Develop specific score goals to reach.

Reading Assignments

1. Read articles chosen by the instructor regarding the history of golf.
2. Read articles chosen by the instructor regarding various flexibility programs to improve golf swing.

Skills Demonstrations

1. Demonstrate a golf chip shot.
2. Demonstrate a drive of the golf tee.

Outside Assignments**Articulation****Equivalent Courses at 4 year institutions**

University	Course ID	Course Title	Units
CSU Long Beach	KIN 108A	Golf I	1
Cal Poly San Luis Obispo	KINE 208	Golf	1
CSU, Northridge	KIN 155A	Golf I	1

Comparable Courses within the VCCCD

KIN V42A - Golf I

District General Education**A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****E2. Physical Education**

Approved

F. Ethnic Studies/Gender Studies**Course is CSU transferable**

Yes

CSU Baccalaureate List effective term:

F1995

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

Area E: Lifelong Learning and Self-Development

E Lifelong Learning and Self-Development

Approved

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

UC TCA

UC TCA

Approved

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type

Textbook

Description

Golf Magazine. *The Best Instruction Book Ever! Golf Magazine's Top 100 Teachers Show You the Fastest Ways to Shoot Lower Scores.* Expanded ed., Time Inc., 2012.

Resource Type

Textbook

Description

Bradley, Nick. *The Seven Laws of the Golf Swing: Visualizing the Perfect Swing to Maximize Your Game.* Revised ed., Harry N. Abrams, 2013.

Resource Type

Textbook

Description

Nicholas, Jack. *Golf My Way: The Instructional Classic.* Revised ed., Simon and Schuster, 2005.

Library Resources

Assignments requiring library resources

Using the Moorpark College library databases for pertinent research.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Using EBSCOhost find and summarize an article highlighting the role golf has played in American History.

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Instructor will post discussions for students to post their thoughts and reflections. Students will also have to respond to a minimum of two classmates. Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns.
E-mail	Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns.
Face to Face (by student request; cannot be required)	Students will have the option to meet the instructor to get one-on-one help. Help may include lecture clarification, review of assignments, and extra preparation for exams.
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat or video conferencing technology.
Telephone	Instructor may provide a phone number for the students where they can leave a voicemail and expect a call back within 24 hours.
Video Conferencing	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. Furthermore, the instructor may lead an online lecture during a consistent time frame via Zoom or any other video conferencing tool.

Other DE (e.g., recorded lectures)	Instructor may record workouts and post them for students to view within a specified time frame to be ready for the accompanying assignments and discussions. Instructor may also post a video or link to a video for students to view within a specified time frame to complete accompanying assignments and discussions.
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100% online Modality:	
Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Instructor will post discussions for students to post their thoughts and reflections. Students will also have to respond to a minimum of two classmates. Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns.
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Examinations

Hybrid (1%–50% online) Modality

Online
On campus

Hybrid (51%–99% online) Modality

Online
On campus

Primary Minimum Qualification

PHYSICAL EDUCATION

Review and Approval Dates

Department Chair

10/10/2020

Dean

10/14/2020

Technical Review

10/30/2020

Curriculum Committee

MM/DD/YYYY

DTRW-I

MM/DD/YYYY

Curriculum Committee

11/3/2020

Board

MM/DD/YYYY

CCCCO

11/19/2020

Control Number

CCC000522771

DOE/accreditation approval date

MM/DD/YYYY