

KIN M72: TENNIS

Originator

ablack

Co-Contributor(s)
Name(s)

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College

Moorpark College

Discipline (CB01A)

KIN - Kinesiology

Course Number (CB01B)

M72

Course Title (CB02)

Tennis

Banner/Short Title

Tennis

Credit Type

Credit

Start Term

Spring 2021

Formerly

PE M11A, PE M11C and PE M11D

Catalog Course Description

Introduces the development of basic skills and techniques of tennis. Covers etiquette, rules and strategies of the game, including both singles and doubles.

Additional Catalog Notes

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

Taxonomy of Programs (TOP) Code (CB03)

0835.00 - Physical Education

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will not be required

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

52.5

Maximum Contact/In-Class Laboratory Hours

52.5

Total in-Class**Total in-Class****Total Minimum Contact/In-Class Hours**

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class**Internship/Cooperative Work Experience**

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Total Student Learning**Total Student Learning****Total Minimum Student Learning Hours**

52.5

Total Maximum Student Learning Hours

52.5

Minimum Units (CB07)

1

Maximum Units (CB06)

1

Student Learning Outcomes (CSLOs)**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|--------------------------------------------------------|
| 1 | demonstrate proficient mechanics of all tennis swings. |
| 2 | explain the rules of playing a tennis match. |

Course Objectives**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|--------------------------------------------------------------------------------------------------------------------|
| 1 | execute proper skills technique in class drills. |
| 2 | identify the rules, etiquette, code of conduct, strategies and history of the game of tennis. |
| 3 | demonstrate the development of tennis techniques including grips and strokes. |
| 4 | describe the rules, etiquette, code of conduct, skills technique and strategies in singles and doubles situations. |
| 5 | participate in competitive game situations. |
| 6 | identify and define the core topics in the field of kinesiology as applied to tennis. |

Course Content**Lecture/Course Content**

N/A

Laboratory or Activity Content

- (20%) Forehand and backhand groundstroke development including motor learning
- (10%) Body positions in relationship to various skill development including tennis as a lifelong sport and benefits of healthful eating and well-being

3. (10%) Execution of tactics and techniques in doubles and singles
4. (10%) Warm-up skills for game play development including flexibility, cardiovascular endurance and strength training
5. (20%) Overhead stroke development
6. (10%) Defensive and offensive lob development
7. (10%) Block volley development
8. (10%) Flat and spin serve development

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises
Skills demonstrations
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion
Individual projects
Journals
Oral analysis/critiques
Oral presentations
Projects
Participation
Portfolios
Reports/Papers/Journals
Skills demonstrations
Skill tests or practical examinations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
Class activities
Class discussions
Distance Education
Demonstrations
Group discussions
Instructor-guided interpretation and analysis
Instructor-guided use of technology
Small group activities

Describe specific examples of the methods the instructor will use:

1. Instructor will accurately demonstrate skills.
2. Instructor will assess skill proficiency of various skills specific to tennis

Representative Course Assignments

Writing Assignments

1. Write summaries and critiques of articles related to tennis.
2. Write a critique of high school, college or professional tennis match play.

Critical Thinking Assignments

1. Critique a professional tennis match from a sports psychology lens.
2. Write critiques of articles that pertain to tennis.
3. Written critique comparing and contrasting skill techniques of high school, college or professional tennis match play.

Reading Assignments

1. Read articles chosen by the instructor regarding the history of tennis.
2. Read the book "Inner game of tennis" by Timothy Gallwey.

Skills Demonstrations

1. Demonstrate proficiency in the forehand and backhand shots.
2. Demonstrate proficiency in serving and volley.

Outside Assignments**Articulation****Equivalent Courses at 4 year institutions**

University	Course ID	Course Title	Units
CSU Long Beach	KIN 114A	Tennis I	1
Cal Poly San Luis Obispo	KINE 210	Tennis	1
CSU San Bernardino	KINE 101S	Individual and Dual Activities: Tennis	1
CSU Dominguez Hills	KIN 162	Tennis	1

Comparable Courses within the VCCCD

KIN V44A - Tennis I
PE R141A - Tennis I

Equivalent Courses at other CCCs

College	Course ID	Course Title	Units
Irvine Valley College	KNES 25	Beginning Tennis	1

District General Education**A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****E2. Physical Education**

Approved

F. Ethnic Studies/Gender Studies**Course is CSU transferable**

Yes

CSU Baccalaureate List effective term:

F1995

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

Area E: Lifelong Learning and Self-Development

E Lifelong Learning and Self-Development

Approved

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type

Textbook

Description

Rive, Joey, and Scott C. Williams. *Tennis Skills and Drills*. Human Kinetics, 2011.

Resource Type

Textbook

Description

United States Tennis Association. *Official Rules of Tennis*. Triumph Books, 2011.

Library Resources

Assignments requiring library resources

Using the Moorpark College library databases for pertinent research.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Using EBSCOhost, research a professional tennis athlete and their contribution to the sport.

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/ discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tools such as “Message Students Who” and “Assignment Comments” in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
Face to Face (by student request; cannot be required)	exams. Lab time will offer student-student interaction and time to ask question of the instructor.
Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat or video conferencing technology.
Telephone	Instructor may provide a phone number for the students where they can leave a voicemail and expect a call back within 24 hours.
Video Conferencing	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. Furthermore, the instructor may lead an online lecture during a consistent time frame via Zoom or any other video conferencing tool.

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100% online Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/ discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
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Examinations**Hybrid (1%–50% online) Modality**

Online
On campus

Hybrid (51%–99% online) Modality

Online
On campus

Primary Minimum Qualification

PHYSICAL EDUCATION

Review and Approval Dates**Department Chair**

10/10/2020

Dean

10/14/2020

Technical Review

10/30/2020

Curriculum Committee

MM/DD/YYYY

DTRW-I

MM/DD/YYYY

Curriculum Committee

11/3/2020

Board

MM/DD/YYYY

CCCCO

11/19/2020

Control Number

CCC000524545

DOE/accreditation approval date

MM/DD/YYYY