

KIN M82: BASKETBALL

Originator

vmanakas

Co-Contributor(s)
Name(s)

Black, Adam (ablack)

College

Moorpark College

Discipline (CB01A)

KIN - Kinesiology

Course Number (CB01B)

M82

Course Title (CB02)

Basketball

Banner/Short Title

Basketball

Credit Type

Credit

Start Term

Spring 2021

Formerly

PE M24C

Catalog Course Description

Introduces the fundamentals of basketball. Develops offensive and defensive skills and techniques through drills and games.

Additional Catalog Notes

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

Taxonomy of Programs (TOP) Code (CB03)

0835.00 - Physical Education

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will not be required

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

52.5

Maximum Contact/In-Class Laboratory Hours

52.5

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class**Internship/Cooperative Work Experience**

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

52.5

Total Maximum Student Learning Hours

52.5

Minimum Units (CB07)

1

Maximum Units (CB06)

1

Student Learning Outcomes (CSLOs)**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|--|
| 1 | demonstrate fundamentals of basketball skills and team play. |
| 2 | explain basketball offensive and defensive strategies. |
| 3 | demonstrate proficient basketball shooting mechanics. |

Course Objectives**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|--|
| 1 | comprehend and demonstrate fundamentals of shooting, ball handling, passing, and court spacing and movement. |
| 2 | comprehend and demonstrate fundamentals and techniques of offensive and defensive strategies. |
| 3 | demonstrate an understanding of basketball rules, team play and sportsmanship. |
| 4 | demonstrate cardiovascular endurance through large muscle activity. |
| 5 | identify and define the core topics in the field of kinesiology as they apply to basketball. |

Course Content**Lecture/Course Content**

N/A

Laboratory or Activity Content

- (20%) Introduce basketball movement concepts of anatomical Kinesiology, strength, flexibility, body composition, and cardiovascular and muscular endurance
- (20%) Two, three and five player offensive and defensive fundamentals involving player movement, ball movement, spacing, court position, and transition situations
- (20%) Discussion on rules of game, conduct during class/etiquette, and officiating at a game
- (20%) Discussion of healthful eating as it relates to physical activity and its affect on lifelong fitness and enhanced well-being
- (20%) Apply the fundamentals of basketball to the principles of specificity, overload, progression, motor learning and modifications of individual needs

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises
Skills demonstrations
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion
Individual projects
Journals
Oral analysis/critiques
Objective exams
Participation
Portfolios
Skills demonstrations
Skill tests or practical examinations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
Class activities
Class discussions
Distance Education
Demonstrations
Group discussions
Instructor-guided interpretation and analysis
Instructor-guided use of technology
Small group activities

Describe specific examples of the methods the instructor will use:

1. Demonstrate appropriate skill execution.
2. Promote classroom discussion regarding offensive and defensive strategy

Representative Course Assignments

Writing Assignments

1. Compose a written critique of basketball fundamentals.
2. Write a critique of the defensive and offensive systems of a high school, college, or professional basketball game.
3. Write an analysis of the basketball free throw and jump shot.

Critical Thinking Assignments

1. Explain strategic approach to a putting shot to the instructor.
2. Develop specific score goals to reach.

Reading Assignments

1. Read articles chosen by the instructor regarding the history of basketball.
2. Read articles chosen by the instructor on developing fitness to play basketball.

Skills Demonstrations

1. Demonstrate proper mechanics of a lay-up.
2. Demonstrate proper mechanics of a chest pass.

Outside Assignments

Articulation

Equivalent Courses at 4 year institutions

| University | Course ID | Course Title | Units |
|--------------------------|-----------|--------------|-------|
| CSU, Northridge | KIN 124A | Basketball I | 1 |
| CSU, Long Beach | KIN 161A | Basketball I | 1 |
| Cal Poly San Luis Obispo | KIN 213 | Basketball | 1 |
| CSU Dominguez Hills | KIN 118 | Basketball | 1 |

Comparable Courses within the VCCCD

KIN V40A - Basketball I
 PE M24C - Intermediate Basketball
 PE R155A - Basketball I

District General Education

A. Natural Sciences

B. Social and Behavioral Sciences

C. Humanities

D. Language and Rationality

E. Health and Physical Education/Kinesiology

E2. Physical Education

Approved

F. Ethnic Studies/Gender Studies

Course is CSU transferable

Yes

CSU Baccalaureate List effective term:

F1995

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

Area E: Lifelong Learning and Self-Development

E Lifelong Learning and Self-Development

Approved

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

UC TCA

UC TCA
Approved

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type

Textbook

Description

Wissel, Hal. *Basketball: Steps to Success*. 2nd ed., Human Kinetics, 2004.

Resource Type

Textbook

Description

Wootten, Morgan, and Joe Wootten. *Coaching Basketball Successfully*. 3rd ed., Human Kinetics, 2012.

Resource Type

Textbook

Description

Rose, Lee. *Winning Basketball Fundamentals*. Human Kinetics, 2012.

Resource Type

Textbook

Description

Krause, Jerry, and Craig Nelson. *Basketball Skills and Drills*. 4th ed., Human Kinetics, 2018.

Library Resources

Assignments requiring library resources

Research using the Library's print and online resources.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Using EBSCOhost, research the relevance of sportsmanship in a modern sports environment.

Distance Education Addendum**Definitions****Distance Education Modalities**

Hybrid (51%–99% online)

Hybrid (1%–50% online)

100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities.

Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact**Hybrid (1%–50% online) Modality:**

| Method of Instruction | Document typical activities or assignments for each method of instruction |
|---|---|
| Asynchronous Dialog (e.g., discussion board) | Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes. |
| E-mail | Email, class announcements and tools such as “Message Students Who” and “Assignment Comments” in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email. |
| Face to Face (by student request; cannot be required) | Labs will be face to face with practical (identification) quizzes and exams. Lab time will offer student-student interaction and time to ask question of the instructor. |
| Other DE (e.g., recorded lectures) | Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material. |

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100% online Modality:

| Method of Instruction | Document typical activities or assignments for each method of instruction |
|---|---|
| Asynchronous Dialog (e.g., discussion board) | Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/ discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes. |
| E-mail | Email, class announcements and tools such as “Message Students Who” and “Assignment Comments” in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email. |
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Examinations**Hybrid (1%–50% online) Modality**

Online
On campus

Hybrid (51%–99% online) Modality

Online
On campus

Primary Minimum Qualification

PHYSICAL EDUCATION

Review and Approval Dates**Department Chair**

9/30/2020

Dean

10/21/2020

Technical Review

10/29/2020

Curriculum Committee

11/3/2020

DTRW-I

MM/DD/YYYY

Curriculum Committee

MM/DD/YYYY

Board

MM/DD/YYYY

CCCCO

11/23/2020

Control Number

CCC000524546

DOE/accreditation approval date

MM/DD/YYYY