

KIN M84: SOCCER

Originator

vmanakas

Co-Contributor(s)
Name(s)

Black, Adam (ablack)

College

Moorpark College

Discipline (CB01A)

KIN - Kinesiology

Course Number (CB01B)

M84

Course Title (CB02)

Soccer

Banner/Short Title

Soccer

Credit Type

Credit

Start Term

Spring 2021

Formerly

PE M27A, PE M27C & PE M27D

Catalog Course Description

Introduces the fundamentals of soccer. Develops the offensive and defensive skills and techniques through competitive drills and games.

Additional Catalog Notes

Credit Limitation: UC - Maximum credit of 4 units if combined with any or all other DANC/ICA/KIN/PE Activity courses.

Taxonomy of Programs (TOP) Code (CB03)

0835.00 - Physical Education

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will not be required

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

52.5

Maximum Contact/In-Class Laboratory Hours

52.5

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class

Internship/Cooperative Work Experience

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

52.5

Total Maximum Student Learning Hours

52.5

Minimum Units (CB07)

1

Maximum Units (CB06)

1

Student Learning Outcomes (CSLOs)

Upon satisfactory completion of the course, students will be able to:

- 1 demonstrate proficient soccer striking mechanics.
- 2 explain how the components of fitness benefit from soccer.
- 3 explain soccer offensive and defensive strategies.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- 1 comprehend and demonstrate heading the ball.
- 2 comprehend and demonstrate passing the ball on the ground.
- 3 comprehend and demonstrate chip/lofted passes.
- 4 comprehend and demonstrate dribbling the ball and how to receive a pass.
- 5 comprehend and demonstrate fundamentals and techniques of offensive and defensive strategies.
- 6 comprehend and demonstrate kicking the ball off the ground.
- 7 comprehend and demonstrate the throw-in and corner kick.
- 8 discuss the social value of the game, soccer history, rules, and sportsmanship.
- 9 demonstrate cardiovascular endurance through large muscle activity.

Course Content

Lecture/Course Content

N/A

Laboratory or Activity Content

1. (10%) Identify and define the core topics in the field of kinesiology as applied to soccer
2. (10%) Corner kick skills for offense and defense
3. (10%) Throw-in skills
4. (10%) Kicking the ball off the ground
5. (10%) Proper individual defense
6. (10%) Six to eleven player team fundamentals for offense and defense, player movement, ball movement, spacing, and scoring
7. (10%) Dribbling technique and receiving a pass skills
8. (10%) Chip/lofted passing skills
9. (10%) Passing, trapping and heading
10. (10%) History, sportsmanship, and rules

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Problem solving exercises
Skills demonstrations
Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion
Group projects
Journals
Oral analysis/critiques
Oral presentations
Problem-solving exams
Participation
Portfolios
Reports/Papers/Journals
Skills demonstrations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Class activities
Distance Education
Demonstrations
Instructor-guided interpretation and analysis
Instructor-guided use of technology
Small group activities

Describe specific examples of the methods the instructor will use:

1. Proper demonstration of all skills.
2. Show video of team offense and defense

Representative Course Assignments

Writing Assignments

1. Compose a written critique of soccer fundamentals.
2. Write a critique of the defensive and offensive systems of a high school, college, or professional soccer game.
3. Write an analysis of the corner kick strategy.

Critical Thinking Assignments

1. Explain the strategic approach of a corner kick to the instructor.
2. Explain specific soccer strategies and tactics.

Reading Assignments

1. Read articles assigned by the instructor regarding fitness specific to soccer.
2. Read articles assigned by the instructor regarding importance of soccer in cultures around the world.

Skills Demonstrations

1. Demonstrate proper throw in skills.
2. Demonstrate proper dribbling skills.

Outside Assignments**Representative Outside Assignments**

1. Evaluate techniques of professional soccer players.
2. Watch individual video and provide an oral assessment of individual soccer kicking techniques.

Articulation**Equivalent Courses at 4 year institutions**

University	Course ID	Course Title	Units
Cal Poly Pomona	KIN 1120A	Soccer	1
CSU, Long Beach	KIN 167A	Soccer I	1
CSU, Northridge	kin 1522	Soccer I	1

Comparable Courses within the VCCCD

KIN V48A - Soccer I
PE R159A - Soccer I

Equivalent Courses at other CCCs

College	Course ID	Course Title	Units
Irvine Valley College	KNES 71	Soccer I	1

District General Education**A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****E2. Physical Education**

Approved

F. Ethnic Studies/Gender Studies**Course is CSU transferable**

Yes

CSU Baccalaureate List effective term:

F1999

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

Area E: Lifelong Learning and Self-Development

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

UC TCA

UC TCA
Approved

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type

Textbook

Description

Luxbacher, Joseph. *Soccer Practice Games: 175 Games for Technique, Training, and Tactics*. 3rd ed., Human Kinetics, 2010.

Resource Type

Textbook

Description

Lennox, James, Janet Rayfield, and Bill Steffen. *Soccer Skills and Drills*. Human Kinetics, 2006.

Resource Type

Textbook

Description

Mielke, Danny. *Soccer Fundamentals: A Better Way to Learn the Basics*. Human Kinetics. 2003.

Library Resources

Assignments requiring library resources

Acquire background information on topics relevant to soccer by reading current articles in health, fitness and sports periodicals locate through the Library's print and online resources.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Utilize the library databases to locate and analyze articles regarding the importance of soccer in cultures around the world.

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%–99% online)
Hybrid (1%–50% online)
100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tools such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
Face to Face (by student request; cannot be required)	Labs will be face to face with practical (identification) quizzes and exams. Lab time will offer student-student interaction and time to ask question of the instructor.
Other DE (e.g., recorded lectures)	Recorded lectures will provide students with the same experience as in a traditional lecture class. Online practice exams and quizzes will provide the opportunity for asynchronous review of material.

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100% online Modality:

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Examinations**Hybrid (1%–50% online) Modality**

Online
On campus

Hybrid (51%–99% online) Modality

Online
On campus

Primary Minimum Qualification
PHYSICAL EDUCATION

Review and Approval Dates

Department Chair
11/02/2020

Dean
11/03/2020

Technical Review
11/05/2020

Curriculum Committee
11/17/2020

DTRW-I
MM/DD/YYYY

Curriculum Committee
MM/DD/YYYY

Board
MM/DD/YYYY

CCCCO
11/20/2020

Control Number
CCC000524547

DOE/accreditation approval date
MM/DD/YYYY