KIN M85: Softball

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KIN M85: SOFTBALL

Originator

ablack

Co-Contributor(s)

Name(s)

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College

Moorpark College

Discipline (CB01A)

KIN - Kinesiology

Course Number (CB01B)

M85

Course Title (CB02)

Softball

Banner/Short Title

Softball

Credit Type

Credit

Start Term

Spring 2021

Formerly

PE M28A, PE M28C & PE M28D

Catalog Course Description

Introduces basic rules, sportsmanship, fundamental skills, and strategies needed for playing softball. May be taken a maximum of four (4) times for credit. Applies to Associate Degree. (Formerly PE M28A, PE M28C & PE M28D) Applies to Associate Degree. Transfer credit: CSU;UC.

Taxonomy of Programs (TOP) Code (CB03)

0835.00 - Physical Education

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will not be required

Grading method

(L) Letter Graded

Alternate grading methods

- (0) Student Option-Letter/Pass
- (P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

52.5

Maximum Contact/In-Class Laboratory Hours

52.5

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class

Internship/Cooperative Work Experience

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

52.5

Total Maximum Student Learning Hours

52.5

Minimum Units (CB07)

1

Maximum Units (CB06)

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Student Learning Outcomes (CSLOs)

	Upon satisfactory completion of the course, students will be able to:		
1	Apply the scientific method in the understanding of the disease state.		
2	Students will understand the core components to Kinesiology.		
Course Objectives			
	Upon satisfactory completion of the course, students will be able to:		
1	Comprehend and demonstrate hitting and bunting the ball.		
2	Comprehend and demonstrate base running and sliding.		

Comprehend and demonstrate fundamentals and techniques of offensive and defensive strategies.

Discuss the social value of the game, softball history, rules, team play, and sportsmanship.

Course Content

Lecture/Course Content

N/A

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Laboratory or Activity Content

Hitting and bunting technique.

Base running technique.

History, team values, sportsmanship, and rules.

9-player offensive and defensive fundamentals involving player movement and ball position.

Comprehend and demonstrate throwing and catching the ball.

Catching technique.

Throwing technique.

Fielding ground and fly balls.

Sliding technique.

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply): Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Classroom Discussion Problem-solving exams Participation Reports/Papers/Journals Skills demonstrations

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Distance Education

Representative Course Assignments

Writing Assignments

write an appraisal of your softball practice sessions done outside of class.

write an evaluation of a recent softball tournament game that you have played in.

write a review of ASA Youth Softball.

write an appraisal of your experience at a college game.

Critical Thinking Assignments

examination on rules and sportsmanship.

Outside Assignments

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Equivalent Courses at 4 year institutions

University	Course ID	Course Title	Units
Ventura College	PE V64	Softball	1-1.5
CSU, Dominguez Hills	KIN 152	Softball	1
CSU, Northridge	KIN 171A	Softball I	1

Comparable Courses within the VCCCD

PE R160 - Co-Educational Softball

KIN M85: Softball

District General Education

- A. Natural Sciences
- **B. Social and Behavioral Sciences**
- C. Humanities
- D. Language and Rationality
- E. Health and Physical Education/Kinesiology
- F. Ethnic Studies/Gender Studies
- **CSU GE-Breadth**
- Area A: English Language Communication and Critical Thinking
- Area B: Scientific Inquiry and Quantitative Reasoning
- **Area C: Arts and Humanities**
- **Area D: Social Sciences**
- **Area E: Lifelong Learning and Self-Development**
- **Area F: Ethnic Studies**
- **CSU Graduation Requirement in U.S. History, Constitution and American Ideals:**

IGETC

- **Area 1: English Communication**
- **Area 2A: Mathematical Concepts & Quantitative Reasoning**
- **Area 3: Arts and Humanities**
- **Area 4: Social and Behavioral Sciences**
- **Area 5: Physical and Biological Sciences**
- **Area 6: Languages Other than English (LOTE)**

Textbooks and Lab Manuals

Resource Type

Textbook

Description

Noren, Rick. Softball Fundamentals. Human Kinetics, 2005.

Resource Type

Textbook

Description

Garman, Judi. Softball Skills and Drills. Human Kinetics, 2001.

Resource Type

Textbook

Description

Walker, Kirk. The Softball Drill Book. Human Kinetics, 2007.

Library Resources

Assignments requiring library resources

Research using the Library's print and online resources.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Using EBSCOhost, research the relevance of sportsmanship in a modern sports environment.

Distance Education Addendum

Definitions

Distance Education Modalities

Hybrid (51%-99% online) Hybrid (1%-50% online) 100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%-50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction	
Asynchronous Dialog (e.g., discussion board)	Instructor will post discussions for students to post their thoughts and reflections. Students will also have to respond to a minimum of two classmates. Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns.	
E-mail	Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor with their questions or concerns.	
Face to Face (by student request; cannot be required)	Students will have the option to meet the instructor to get one-on-one help. Help may include lecture clarification, review of assignments, and extra preparation for exams.	
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat or video conferencing technology.	
Telephone	Instructor may provide a phone number for the students where they can leave a voicemail and expect a call back within 24 hours.	

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leave a voicemail and expect a call back within 24 hours.

Video Conferencing

Other DE (e.g., recorded lectures)

Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. Furthermore, the instructor may lead an online lecture during a consistent time frame via Zoom or any other video conferencing tool.

Instructor may record workouts and post them for students to view within a specified time frame to be ready for the accompanying assignments and discussions. Instructor may also post a video or link to a video for students to view within a specified time frame to complete accompanying assignments and discussions.

Examinations

Hybrid (1%–50% online) ModalityOnline
On campus

Hybrid (51%-99% online) Modality

Online On campus

Primary Minimum Qualification

PHYSICAL EDUCATION

Review and Approval Dates

Department Chair

MM/DD/YYYY

Dean

MM/DD/YYYY

Technical Review

MM/DD/YYYY

Curriculum Committee

MM/DD/YYYY

DTRW-I

MM/DD/YYYY

Curriculum Committee

11/3/2020

Board

MM/DD/YYYY

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11/19/2020

Control Number

CCC000524548

DOE/accreditation approval date

MM/DD/YYYY