

Health Education for Moorpark College 2020-2021

Health Education (HED)	VC Comparable Course	OC Comparable Course
HED M01 Health and Society (2 Units)	HED V01 (3 units)	HED R101 (3 UNITS)
HED M03 Nutrition, Fitness, and Stress Management (3 Units)	HED V03 (3 UNITS)	HED R102 (3 UNITS)
HED M05 First Aid, CPR and Emergency Procedures (3 Units)	KIN V80 (3 UNITS)	HED R105 (3 UNITS)
HED M07 Personal Health (3 Units)	No comparable course	No comparable course
HED M80 Internship in Health Education (1 to 4 Units)	No comparable course	No comparable course
HED M122 Independent Study – Health Education (0.5 to 3 Units)	No comparable course	No comparable course