



Moorpark College ACCESS presents....

Spring 2021 Workshops

Time Management & Goal Setting with Christina

Learn self-management strategies and how to set goals for school & life

Tuesday, January 26th: 4pm-5pm

Textbook Reading/Note-Taking with Hadar

Increase textbook comprehension and annotation skills.

Wednesday, February 3rd: 4pm-5pm

Taking Notes & Getting Organized for Remote Learning with Christina

Learn how to take notes and stay organized

Tuesday, February 9th: 11am-12pm

Test-Taking in Canvas & Beyond with Christina

Best methods for taking tests in Canvas & remotely

Tuesday, February 23rd: 11am-12pm

Staying Motivated Learning Remotely with Christina

Learn motivational strategies to finish the semester strong

Tuesday, March 16th 11am-12pm

Memory Tricks for Testing with Hadar

Learn tricks on how to memorize better and improve memory.

Wednesday, March 31st: 4pm-5pm

Reducing Anxiety for Life & Tests with Hadar

Anxiety, its causes, and ways to overcome it.

Wednesday, April 14th: 4pm-5pm

How to Ace your Finals with Hadar

How to study and be successful for finals

Wednesday, May 5th: 4pm-5pm

Weekly Check-in and Workshops
Presented via Zoom

<https://cccconfer.zoom.us/j/96442419914>
Meeting ID: 9644 241 9914
Password: 356118



Weekly Student Check-In

Every Wednesday
11:00am-12:00pm

Meet, Get Support, Connect and have Fun Conversations with your Peers and ACCESS staff.

ACCESS Phone: 805-378-1461 Email: MCACCESS@vcccd.edu

***for interpreting services contact Shyan Diaz-Brown**