# **PSY M04: CHILD PSYCHOLOGY**

#### Originator

vboucquey

#### Co-Contributor(s)

#### Name(s)

Vieira, Danielle (dvieira)

Ponce-O'Rourke, Sally (sponce\_orourke)

#### College

Moorpark College

# Discipline (CB01A)

PSY - Psychology

#### Course Number (CB01B)

M04

#### Course Title (CB02)

Child Psychology

#### **Banner/Short Title**

Child Psychology

#### **Credit Type**

Credit

#### **Start Term**

Fall 2022

### **Catalog Course Description**

Examines the stages of development: Prenatal and pregnancy, first 2 years, early childhood, middle childhood, adolescence and emerging adulthood. Addresses biological, physical, cognitive, emotional, and social development. Examines the influences of culture, family, society, and the environment on psychological development.

# Taxonomy of Programs (TOP) Code (CB03)

2001.00 - Psychology, General

#### **Course Credit Status (CB04)**

D (Credit - Degree Applicable)

# Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

# **Course Basic Skills Status (CB08)**

N - The Course is Not a Basic Skills Course

#### **SAM Priority Code (CB09)**

E - Non-Occupational

#### **Course Cooperative Work Experience Education Status (CB10)**

N - Is Not Part of a Cooperative Work Experience Education Program

### **Course Classification Status (CB11)**

Y - Credit Course

#### **Educational Assistance Class Instruction (Approved Special Class) (CB13)**

N - The Course is Not an Approved Special Class

# **Course Prior to Transfer Level (CB21)**

Y - Not Applicable

# **Course Noncredit Category (CB22)**

Y - Credit Course

# **Funding Agency Category (CB23)**

Y - Not Applicable (Funding Not Used)

# **Course Program Status (CB24)**

1 - Program Applicable

#### **General Education Status (CB25)**

Y - Not Applicable

# **Support Course Status (CB26)**

N - Course is not a support course

#### Field trips

Will not be required

# **Grading method**

(L) Letter Graded

#### Alternate grading methods

- (0) Student Option-Letter/Pass
- (P) Pass/No Pass Grading

# Does this course require an instructional materials fee?

No

# **Repeatable for Credit**

No

# Is this course part of a family?

No

# **Units and Hours**

# **Carnegie Unit Override**

No

# **In-Class**

Lecture

Minimum Contact/In-Class Lecture Hours

52.5

**Maximum Contact/In-Class Lecture Hours** 

52.5

**Activity** 

Laboratory

# **Total in-Class**

#### **Total in-Class**

**Total Minimum Contact/In-Class Hours** 

52.5

#### **Total Maximum Contact/In-Class Hours**

52.5

# **Outside-of-Class**

Internship/Cooperative Work Experience

**Paid** 

Unpaid

# **Total Outside-of-Class**

**Total Outside-of-Class** 

**Minimum Outside-of-Class Hours** 

105

**Maximum Outside-of-Class Hours** 

105

# **Total Student Learning**

**Total Student Learning** 

**Total Minimum Student Learning Hours** 

157.5

**Total Maximum Student Learning Hours** 

157.5

# **Minimum Units (CB07)**

3

Maximum Units (CB06)

3

### **Advisories on Recommended Preparation**

PSY M01 or PSY M01H and ENGL M01A or ENGL M01AH

# **Requisite Justification**

**Requisite Type** 

**Recommended Preparation** 

Requisite

ENGL M01A or ENGL M01AH

# **Requisite Description**

Other (specify)

# **Specify Other Requisite Description**

Recommended level of communication skill

#### Level of Scrutiny/Justification

Required communication/computation skill

# **Requisite Type**

**Recommended Preparation** 

#### Requisite

PSY M01 or PSY M01H

# **Requisite Description**

Course not in a sequence

# Level of Scrutiny/Justification

Content review

| Student Learning Outcomes (CSLOs) |  |  |  |  |  |
|-----------------------------------|--|--|--|--|--|
|                                   | Upon satisfactory completion of the course, students will be able to:  |  |  |  |  |
| 1                                 | discuss ways that the content from Child Psychology can apply to their lives by referencing core concepts, perspectives, and/or theories examined in this course.  |  |  |  |  |
| 2                                 | demonstrate an understanding of perspectives, theories, and core concepts in Child Psychology.   |  |  |  |  |
| 3                                 | recognize and understand the impact and value of diversity on Child Psychology research, theory, and application, including but not limited to: age, race, ethnicity, culture, gender, socioeconomic status, disability, and sexual orientation. |  |  |  |  |
| Course Object                     | Course Objectives  |  |  |  |  |
|                                   | Upon satisfactory completion of the course, students will be able to:  |  |  |  |  |
| 1                                 | compare theoretical approaches to studying human development, including biosocial, cognitive and psychosocial.   |  |  |  |  |
| 2                                 | evaluate the role of both genetic and environmental factors and how they interact to influence physical, emotional and mental development.   |  |  |  |  |
| 3                                 | describe and evaluate methodology used to assess child psychology, including cross-sectional, longitudinal, and sequential.  |  |  |  |  |
| 4                                 | describe the mechanics of conception, the stages of prenatal development, the birth process, and internal and external influences on each stage of the process.  |  |  |  |  |
| 5                                 | compare biosocial, cognitive and psychosocial development in the first two years, early childhood, middle childhood, and adolescence.  |  |  |  |  |
| 6                                 | describe the socialization process and the ways in which genetics, family, peers, schools, and culture influence human development throughout each stage of development.   |  |  |  |  |
| 7                                 | explain features, causes, and contributors to childhood disorders, including ADHD (Attention Deficit Hyperactivity Disorder), autism spectrum disorders, and mood and conduct behavioral disorders.  |  |  |  |  |
| 8                                 | describe the role and function of education on cognitive, emotional, and social development throughout childhood and adolescence.  |  |  |  |  |
| 9                                 | analyze the outcome of a variety of forms of parenting and child discipline across cultures and ethnic groups.   |  |  |  |  |
| 10                                | describe the social, cultural and biological impact on sexual orientation and gender identity development.   |  |  |  |  |
| 11                                | explain the major changes that take place as a result of puberty, including challenges adolescents face in modern society and the factors contributing to behavior in the teen years.  |  |  |  |  |

# **Course Content**

# **Lecture/Course Content**

- 1. (10%) Theories of Development
- Psychoanalytic Behaviorism
- Cognitive
- Sociocultural
- Epigenetic systems
- 2. (10%) Research Methods
- Case study
- Cross-sectional
- Longitudinal
- Cross-sequential
- Scientific method
- 3. (5%) Genetics and Environment
- Mechanisms of heredity
- Inherited abnormalities
- Nature and nurture
- 4. (10%) Prenatal Development and Birth
- Conception

- Three stages of prenatal development
- Birth process
- Normal birth
- Complications
- 5. (15%) First 2 Years: Infants and Toddlers
  - Biosocial development
- Growth and nutrition
- Brain development
- Motor development
- Health
- Cognitive development
- Sensorimotor intelligence: Piaget
- Information processing
- Language development
- Language theories
- Psychosocial development
- Emotional development
- Theories of caregiving
- Attachment
- Day care issues
- 6. (15%) Early Childhood: Ages 2 to 6
- Biosocial development
- Growth and nutrition
- Brain development
- Motor development
- Health
- Injuries
- Maltreatment
- Cognitive development
- Sensorimotor intelligence: Piaget and Vygotsky
- Information processing
- Language development
- Early childhood education
- Psychosocial development
- Emotional development
- Theories of emotion
- Prosocial and antisocial behavior
- Parenting patterns
- Theories of gender differences
- 7. (15%) Middle Childhood: Ages 6 to 11
  - Biosocial development
- Growth and nutrition
- Motor development
- Health
- Special needs
- Cognitive development
- Piaget and Vygotsky
- Information processing
- Language development
- Moral development
- Education
- Psychosocial development
- Emotional growth
- Development of self
- Family influences
- Peer groups
- Mental health
- 8. (15%) Adolescence: Transition from Childhood to Adulthood
- Biosocial development
- Puberty
- Biological changes
- Emotional responses to changes
- Physical health
- Mental health
- Cognitive maturation
- Piaget

- Elkind
- Moral reasoning
- Kolhberg
- Language development
- Education issues
- Decision-making
- Psychosocial development
- Identity development
- Erikson
- Marcia
- Sexuality
- Family relationships
- Peer relationships
- Mental health
- 9. (5%) Emerging Adulthood

#### **Laboratory or Activity Content**

N/A

# Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply): Written expression

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essay exams

**Group projects** 

Individual projects

Journals

Objective exams

Oral analysis/critiques

Oral presentations

Quizzes

Reports/papers

Research papers

Role playing

Written analyses

Written creation (poem, screenplay, song)

Classroom Discussion

Proiects

Participation

Reports/Papers/Journals

# Instructional Methodology

# Specify the methods of instruction that may be employed in this course

Audio-visual presentations

Case studies

Class activities

Class discussions

Collaborative group work

Computer-aided presentations

Demonstrations

**Distance Education** 

Field experience/internship

Field trips

Group discussions

Guest speakers

Instructor-guided interpretation and analysis

Internet research

Lecture

Observation

Role-playing

Small group activities

#### Describe specific examples of the methods the instructor will use:

Instructor will use demonstrations, audio/visual presentations, class discussions, and small group activities to explain the course content. In addition, the instructor will model problem solving, and how to interpret and analyze research findings.

# **Representative Course Assignments**

#### **Writing Assignments**

- 1. Journal assignments that are reactions to observations, class discussions and presentations, role-playing, guest speakers, case studies, newspaper, journal articles and Internet sources. An example could be: observing more than one individual from at least two different age groups and analyzing the observations in the context of course theories and concepts.
- 2. Written reflections on readings from case studies, newspaper, journal articles, movies and/or Internet sources. An example could be: watching a movie that relates to the field of child psychology and applying a theory or the psychological phenomena to behavior of characters in the movie.

### **Critical Thinking Assignments**

- 1. Identify the disparities in mental health between children in foster care and the general population.
- 2. Construct a model classroom that integrates theories of cognitive child development.

### **Reading Assignments**

- 1. Read selected passages on growth mindset and answer questions assigned by the instructor.
- 2. Read the handouts provided by the instructor, such as a handout summarizing research evaluating the outcomes of instructor-created versus student-created study guides, as well as how to create an effective study guide. Then, practice the skill of creating a study guide for a particular topic in child psychology.

# **Outside Assignments**

### **Representative Outside Assignments**

- 1. Using library resources, research a particular topic in child development, going beyond the textbook/lecture information. An example could be: research the impact of immigration enforcement on the psychosocial development of children and adolescents.
- 2. Using library resources, research the effect of immunizations on child health and write a essay/paper following guidelines assigned by instructor.
- 3. Observe social, artistic, and cognitive behavior of children in a preschool setting.

| Articulation                              |             |  |       |  |  |  |
|---|-------------|--|-------|--|--|--|
| Equivalent Courses at 4 year institutions |             |  |       |  |  |  |
| University                                | Course ID   | Course Title                                       | Units |  |  |  |
| CSU Northridge                            | CADV 150    | Foundations of Child and Adolescent<br>Development | 3     |  |  |  |
| Cal Poly Pomona                           | PSY 2206    | Child Psychology for Educators                     | 3     |  |  |  |
| San Jose State Univ.                      | PSYC 82     | Child and Adolescent Psychology                    | 3     |  |  |  |
| CSU Channel Islands                       | PSY/ECS 150 | Foundations of Child and Adolescent<br>Development | 3     |  |  |  |
| CSU Bakersfield                           | PSY 2250    | Lifespan Development                               | 3     |  |  |  |

#### **District General Education**

- A. Natural Sciences
- **B. Social and Behavioral Sciences**
- **B2. Social and Behavioral Sciences**

Approved

- C. Humanities
- D. Language and Rationality
- E. Health and Physical Education/Kinesiology
- F. Ethnic Studies/Gender Studies

Course is CSU transferable

Yes

**CSU Baccalaureate List effective term:** 

F1995

**CSU GE-Breadth** 

Area A: English Language Communication and Critical Thinking

**Area B: Scientific Inquiry and Quantitative Reasoning** 

**Area C: Arts and Humanities** 

**Area D: Social Sciences** 

D Social Sciences

**Approved** 

**Area E: Lifelong Learning and Self-Development** 

**E Lifelong Learning and Self-Development** 

Approved

**Area F: Ethnic Studies** 

**CSU Graduation Requirement in U.S. History, Constitution and American Ideals:** 

**UC TCA** 

**UC TCA** 

Approved

**IGETC** 

**Area 1: English Communication** 

**Area 2A: Mathematical Concepts & Quantitative Reasoning** 

**Area 3: Arts and Humanities** 

Area 4: Social and Behavioral Sciences

**Area 4: Social and Behavioral Sciences** 

**Approved** 

# **Area 5: Physical and Biological Sciences**

# Area 6: Languages Other than English (LOTE)

# **Textbooks and Lab Manuals**

**Resource Type** 

Textbook

**Classic Textbook** 

No

Description

Berk, Laura. Infants, Children, and Adolescents. 9th ed., Pearson, 2021

#### **Resource Type**

Textbook

#### **Classic Textbook**

No

#### Description

Berger, Kathleen Stassen. The Developing Person: Through Childhood and Adolescence. 12th ed., Macmillan Learning, 2021.

#### **Resource Type**

Textbook

#### **Classic Textbook**

No

#### Description

Santrock, John. Children. 15th ed., McGraw Hill, 2022.

# **Resource Type**

Textbook

#### **Classic Textbook**

No

# **Description**

Martorell, Gabriela. Child. 2nd ed., McGraw Hill, 2020.

# **Library Resources**

#### Assignments requiring library resources

Research, using the Library's print and online resources, in preparation for writing a paper on a topic appropriate to the course such as, how a particular parenting method effects emotional development of children.

Locate, read, analyze and reflect upon scholarly journal articles concerning research in the psychological development of children.

#### **Sufficient Library Resources exist**

Vac

#### **Example of Assignments Requiring Library Resources**

Identify and analyze how issues of social justice affect a child/adolescent's development across various domains. An example could be: researching inequities/inequalities in educational opportunities and the effects on a child's social, emotional, physical and/or cognitive development.

Research paper analyzing the effects of social media on one or more of a child's social, emotional, physical and/or cognitive development.

# **Distance Education Addendum**

# **Definitions**

#### **Distance Education Modalities**

Hybrid (1%-50% online) Hybrid (51%-99% online) 100% online

# **Faculty Certifications**

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

# **Regular Effective/Substantive Contact**

Hybrid (1%-50% online) Modality:

| Method of Instruction                                 | Document typical activities or assignments for each method of instruction   |
|---|---|
| Asynchronous Dialog (e.g., discussion board)          | Regular discussions/assignments will be used to encourage discussions amongst students where they can compare and contrast/discuss/analyze psychological topics involving child development.  |
| E-mail  | Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor for clarification, questions, and student progress report.   |
| Face to Face (by student request; cannot be required) | Students will have the option to meet the instructor in their office on campus to work on problem solving exercises in the presence of the instructor to get one-on-one help from the instructor. Also, the students may want to meet the instructor to have a face-to-face discussion about an issue of concern.   |
| Other DE (e.g., recorded lectures)                    | Instructor may post recorded lectures, lecture notes, PowerPoint presentations, Internet websites, videos, and post them for students to view within a specified time frame.  Students may upload their assignments to the course webpage to be graded by the instructor.   |
| Synchronous Dialog (e.g., online chat)                | Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat. This would be the equivalent of on-line office hours. Instructor may also require students to be present on-line during certain hours of the week and have a dialogue with one another; for example, a student may post a question and other students will try to answer his/her question. |
| Video Conferencing                                    | One-on-one meetings with students by request for clarification, questions, and student progress reports. Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. This would be the equivalent of on-line office hours. Also, the instructor may choose to present a lecture to the students via video conferencing.                       |
| Telephone   | One-on-one meetings with students by request for clarification, questions, and student progress reports   |

| Hybrid (51%-99% online) Modality:                     |   |
|---|---|
| Method of Instruction                                 | Document typical activities or assignments for each method of instruction   |
| Asynchronous Dialog (e.g., discussion board)          | Regular discussions/assignments will be used to encourage discussions amongst students where they can compare and contrast/discuss/analyze psychological topics involving child development.  |
| E-mail  | Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor for clarification, questions, and student progress report.   |
| Face to Face (by student request; cannot be required) | Students will have the option to meet the instructor in their office on campus to work on problem solving exercises in the presence of the instructor to get one-on-one help from the instructor. Also, the students may want to meet the instructor to have a face-to-face discussion about an issue of concern.   |
| Other DE (e.g., recorded lectures)                    | Instructor may post recorded lectures, lecture notes, PowerPoint presentations, Internet websites, videos, and post them for students to view within a specified time frame.  Students may upload their assignments to the course webpage to be graded by the instructor.   |
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| Video Conferencing                                    | One-on-one meetings with students by request for clarification, questions, and student progress reports. Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. This would be the equivalent of on-line office hours. Also, the instructor may choose to present a lecture to the students via video conferencing.                       |
| Telephone   | One-on-one meetings with students by request for clarification, questions, and student progress reports   |
| 100% online Modality:                                 |   |
| Method of Instruction                                 | Document typical activities or assignments for each method of instruction   |
| Asynchronous Dialog (e.g., discussion board)          | Regular discussions/assignments will be used to encourage discussions amongst students where they can compare and contrast/discuss/analyze psychological topics involving child development.  |
| E-mail  | Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor for clarification, questions, and student progress report.   |
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|   |   |

Video Conferencing

Telephone

One-on-one meetings with students by request for clarification, questions, and student progress reports. Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. This would be the equivalent of on-line office hours. Also, the instructor may choose to present a lecture to the students via video conferencing.

One-on-one meetings with students by request for clarification, questions, and student progress reports

# **Examinations**

Hybrid (1%-50% online) Modality

On campus Online

Hybrid (51%-99% online) Modality

On campus Online

**Primary Minimum Qualification** 

**PSYCHOLOGY** 

# **Review and Approval Dates**

**Department Chair** 

03/22/2021

Dean

03/23/2021

**Technical Review** 

09/02/2021

**Curriculum Committee** 

10/19/2021

DTRW-I

MM/DD/YYYY

**Curriculum Committee** 

MM/DD/YYYY

**Board** 

MM/DD/YYYY

CCCCO

11/01/2021

**Control Number** 

CCC000429451

DOE/accreditation approval date

MM/DD/YYYY