

PSY M13: HUMAN SEXUALITY

Originator

vboucquey

Co-Contributor(s)
Name(s)

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College

Moorpark College

Discipline (CB01A)

PSY - Psychology

Course Number (CB01B)

M13

Course Title (CB02)

Human Sexuality

Banner/Short Title

Human Sexuality

Credit Type

Credit

Start Term

Fall 2022

Catalog Course Description

Explores psychological, biological, sociological, cultural and historical perspectives of human sexual behavior. Emphasizes the diversity of human sexual development and current research. Covers topics such as theoretical approaches to sexuality, sex research, sexual anatomy, physiology, sexual arousal and response, gender identity, sexual orientation, contraception, pregnancy, attraction, love & communication, sexually transmitted infections, HIV & AIDS, variations in sexual behavior, sexual challenges and therapies, sexual coercion and harassment, and sex work.

Additional Catalog Notes

Provider approved by the California Board of Registered Nursing; Provider number CEP2811 for 45 contact hours.

Taxonomy of Programs (TOP) Code (CB03)

2001.00 - Psychology, General

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

E - Non-Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

Will not be required

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

No

Units and Hours**Carnegie Unit Override**

No

In-Class**Lecture****Minimum Contact/In-Class Lecture Hours**

52.5

Maximum Contact/In-Class Lecture Hours

52.5

Activity

Laboratory

Total in-Class

Total in-Class

Total Minimum Contact/In-Class Hours

52.5

Total Maximum Contact/In-Class Hours

52.5

Outside-of-Class

Internship/Cooperative Work Experience

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Minimum Outside-of-Class Hours

105

Maximum Outside-of-Class Hours

105

Total Student Learning

Total Student Learning

Total Minimum Student Learning Hours

157.5

Total Maximum Student Learning Hours

157.5

Minimum Units (CB07)

3

Maximum Units (CB06)

3

Advisories on Recommended Preparation

PSY M01 or PSY M01H and ENGL M01A or ENGL M01AH

Requisite Justification

Requisite Type

Recommended Preparation

Requisite

ENGL M01A or ENGL M01AH

Requisite Description

Other (specify)

Specify Other Requisite Description

Recommended level of communication skill

Level of Scrutiny/Justification

Required communication/computation skill

Requisite Type

Recommended Preparation

Requisite

PSY M01 or PSY M01H

Requisite Description

Course not in a sequence

Level of Scrutiny/Justification

Content review

Student Learning Outcomes (CSLOs)**Upon satisfactory completion of the course, students will be able to:**

- | | |
|---|---|
| 1 | discuss ways that the content from Human Sexuality can apply to their lives by referencing core concepts, perspectives, and/or theories examined in this course. |
| 2 | demonstrate an understanding of perspectives, theories, and core concepts in Human Sexuality. |
| 3 | recognize and understand the impact and value of diversity on Human Sexuality research, theory, and application, including but not limited to: age, race, ethnicity, culture, gender, socioeconomic status, disability, and sexual orientation. |

Course Objectives**Upon satisfactory completion of the course, students will be able to:**

- | | |
|----|---|
| 1 | summarize the biological, psychological, sociological, cultural and historical factors influencing the ways we perceive and express ourselves as sexual beings. |
| 2 | evaluate research-based claims regarding sexuality presented in scholarly works as well as in popular media. |
| 3 | describe the sexual/reproductive anatomy and physiology based on one's sex and gender. |
| 4 | discuss theories and societal factors regarding sexual orientation and gender, gender role, and gender identity. |
| 5 | explain sexual differentiation and analyze the psychological impact on intersex individuals. |
| 6 | describe the common challenges to sexual functioning and the potential origins and treatments. |
| 7 | evaluate birth control methods, including abstinence and permanent forms such as tubal ligation and vasectomy . |
| 8 | describe potential health risks, prevention and treatments associated with sexually transmitted infections and HIV/ AIDS. |
| 9 | explain the theories regarding the origins and treatments for specific paraphilias. |
| 10 | understand different types of forced sexual interactions in terms of prevalence, theorized cause, effects on victim and perpetrator, and prevention. |
| 11 | evaluate the social and psychological effects of explicit erotic material and the profession of sex work on individuals and relationships. |
| 12 | explain the effects of stereotypes, prejudice and discrimination based on sexual orientation, gender identity, race, ethnicity, age, religion, or occupation. |

Course Content**Lecture/Course Content**

1. (5%) Sexuality in Perspectives
 - a. History of Sexuality
 - b. Theoretical Approaches
 - c. Media
 - d. Cross-cultural Perspectives
2. (5%) Sex Research/Sexology
 - a. Research Methods
 - b. Sex Researchers
 - c. Contemporary & Emerging Research Perspectives
 - d. Ethnicity & Sexuality

3. (15%) Sexual anatomy, physiology, sexual arousal and response
 - a. Internal & External anatomy
 - i. "Female"
 - ii. "Male"
 - iii. Intersex
 - b. Sexual Physiology
 - c. Sexual Response
 - i. Asexuality
4. (10%) Gender, Gender Identity & Gender Role
 - a. Transgender
 - b. Gender Role Learning & Scripts
 - c. Social Injustice
5. (10%) Sexual Orientation
 - a. History of Gay Rights Movement
 - b. LGBTQ+ Terminology
 - c. Social Injustice
6. (10%) Contraception
 - a. Methods
 - b. Abortion
7. (5%) Relationships
 - a. Attraction
 - b. Love
 - c. Communication
8. (10%) Sexually transmitted infections, HIV & AIDS
 - a. Bacterial versus Viral
 - b. HIV & AIDS
 - c. Safer Sex
 - d. Treatments
9. (10%) Variations in Sexual Behavior
 - a. Paraphilias vs. Paraphilic Disorders
 - b. Treatments for Paraphilic Disorders
10. (10%) Sexual Function Difficulties
 - a. Sexual Disorders
 - b. Enhancements & Therapies
11. (5%) Sexual Coercion and Harassment
 - a. Rape
 - b. Sexual Harassment
12. (5%) Sex Work
 - a. Sex Laws
 - b. Prostitution
 - c. Pornography

Laboratory or Activity Content

Not applicable

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Written expression
Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essay exams
Group projects
Individual projects
Journals
Objective exams
Oral analysis/critiques
Oral presentations
Problem-solving exams

Quizzes
 Research papers
 Role playing
 Skills demonstrations
 Written analyses
 Written creation (poem, screenplay, song)
 Classroom Discussion
 Projects
 Reports/Papers/Journals

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations
 Case studies
 Class activities
 Class discussions
 Collaborative group work
 Computer-aided presentations
 Demonstrations
 Distance Education
 Field experience/internship
 Field trips
 Group discussions
 Guest speakers
 Instructor-guided interpretation and analysis
 Internet research
 Lecture
 Role-playing
 Small group activities

Describe specific examples of the methods the instructor will use:

Instructor will use demonstrations, audio/visual presentations, class discussions, and small group activities to explain the course content. In addition, the instructor will model problem solving, and how to interpret and analyze research findings.

Representative Course Assignments

Writing Assignments

1. Journal assignments that are reactions to observations, class discussions and presentations, role-playing, guest speakers, case studies, newspaper, journal articles and Internet sources. An example could be: discuss similarities and differences between sexual orientation and gender identity in the context of course theories and concepts.
2. Written reflections on readings from case studies, newspaper, journal articles, and/or Internet sources. An example could be: identifying strategies to reduce the likelihood of contracting sexually transmitted infections.

Critical Thinking Assignments

1. Evaluate how the media influences and reflects society's views of sexuality.
2. Analyze the psychological and physical effects of pubertal blockers in transgender and gender diverse youth.

Reading Assignments

1. Read and study selected chapters from the textbook and the accompanying lecture notes and then answer questions assigned by the instructor. An example would be: identify and label reproductive anatomy and include functions of each structure.
2. Read the handouts provided by the instructor, such as a handout summarizing research evaluating the outcomes of instructor-created versus student-created study guides, as well as how to create an effective study guide. Then, practice the skill of creating a study guide for a particular topic in human sexuality.

Skills Demonstrations

1. Demonstrate the correct application and removal of an internal and external condom as well as a dental dam.
2. Demonstrate the correct application and removal of a dental dam.

Outside Assignments

Representative Outside Assignments

1. Using Library resources, research a particular topic in human sexuality, going beyond the textbook/lecture information. An example could be: research the psychological impact of conversion therapy.
2. Apply the concepts learned in lecture/reading to real-life situations, such as implementing effective interpersonal communication strategies.

Articulation

C-ID Descriptor Number

PSY 130

Status

Approved

Equivalent Courses at 4 year institutions

University	Course ID	Course Title	Units
Cal Poly San Luis Obispo	PSY 205	Human Sexuality	3
UC Davis	HUM DEV 12	Human Sexuality	3
CSU Northridge	PSY 230	Introduction to Human Sexual Behavior	3
CSU Fresno	PH 91	Human Sexuality	3
CSU Channel Islands	PSY 220	Human Sexual Behavior	3
CSU Monterey Bay	KIN 263	Introduction to Human Sexuality	3
CSU Chico	PHHA 265	Human Sexuality	3

Comparable Courses within the VCCCD

PSY V25 - Psychology of Human Sexuality

PSY R110 - Human Sexuality

District General Education

A. Natural Sciences

B. Social and Behavioral Sciences

B2. Social and Behavioral Sciences

Approved

C. Humanities

D. Language and Rationality

E. Health and Physical Education/Kinesiology

F. Ethnic Studies/Gender Studies

Course is CSU transferable

Yes

CSU Baccalaureate List effective term:

F1995

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

D Social Sciences

Approved

Area E: Lifelong Learning and Self-Development

E Lifelong Learning and Self-Development

Approved

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

UC TCA

UC TCA

Approved

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 4: Social and Behavioral Sciences

Approved

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type

Textbook

Classic Textbook

No

Description

Herd, Gilbert, and Nicole Polen-Petite. *Human Sexuality: Self, Society, and Culture*. 2nd ed., McGraw-Hill, 2021

Resource Type

Textbook

Classic Textbook

No

Description

Yarber, William, and Barbara Sayad. *Human Sexuality: Diversity in Contemporary Society*. 11th ed., McGraw-Hill, 2022.

Resource Type

Textbook

Classic Textbook

No

Description

Carroll, Janell. *Sexuality Now: Embracing Diversity*. 6th ed., Wadsworth, 2019.

Resource Type

Other Resource Type

Description

Supplemental Course Materials: Scientific journal article reprints, topical reading lists, self-scoring inventories.

Library Resources**Assignments requiring library resources**

Research, using the Library's print and online resources, in preparation for writing a paper on a topic appropriate to the course. Locate, read, analyze and reflect upon scholarly journal articles concerning research in the psychology of human sexuality.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Identify and analyze how issues of social justice affect the LGBT+ community and describe strategies for eliminating the inequities/inequalities.

Research paper on opposing views in sexuality which may include library and/or Internet research and professional journals. Examples could be: opposing views on decriminalization of sex work or censoring explicit erotic material.

Distance Education Addendum**Definitions****Distance Education Modalities**

Hybrid (1%–50% online)
Hybrid (51%–99% online)
100% online

Faculty Certifications

Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.

Yes

Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.

Yes

Regular Effective/Substantive Contact

Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular discussions/assignments will be used to encourage discussions amongst students where they can compare and contrast/discuss/analyze psychological topics involving human sexuality.
E-mail	Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor for clarification, questions, and student progress report.
Face to Face (by student request; cannot be required)	Students will have the option to meet the instructor in their office on campus to work on problem solving exercises in the presence of the instructor to get one-on-one help from the instructor. Also, the students may want to meet the instructor to have a face-to-face discussion about an issue of concern.
Other DE (e.g., recorded lectures)	Instructor may post recorded lectures, lecture notes, PowerPoint presentations, Internet websites, videos, and post them for students to view within a specified time frame. Students may upload their assignments to the course webpage to be graded by the instructor.
Synchronous Dialog (e.g., online chat)	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via an online chat. This would be the equivalent of on-line office hours. Instructor may also require students to be present on-line during certain hours of the week and have a dialogue with one another; for example, a student may post a question and other students will try to answer his/her question.
Video Conferencing	Instructor may be available on a certain day or days of the week within a certain time frame to help students and answer their questions via live video conferencing. This would be the equivalent of on-line office hours. Also, the instructor may choose to present a lecture to the students via video conferencing. Additionally, online group discussions can be held in this manner.
Telephone	Instructor may provide a phone number to the students where they can leave a voicemail and expect a call back within a specified time.

Hybrid (51%–99% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular discussions/assignments will be used to encourage discussions amongst students where they can compare and contrast/discuss/analyze psychological topics involving human sexuality.
E-mail	Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor for clarification, questions, and student progress report.
Face to Face (by student request; cannot be required)	Students will have the option to meet the instructor in their office on campus to work on problem solving exercises in the presence of the instructor to get one-on-one help from the instructor. Also, the students may want to meet the instructor to have a face-to-face discussion about an issue of concern.
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Telephone	Instructor may provide a phone number to the students where they can leave a voicemail and expect a call back within a specified time.

100% online Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	Regular discussions/assignments will be used to encourage discussions amongst students where they can compare and contrast/discuss/analyze psychological topics involving human sexuality.
E-mail	Instructor will email students with announcements about the course or an upcoming event. Students in turn may email the instructor for clarification, questions, and student progress report.
Face to Face (by student request; cannot be required)	Students will have the option to meet the instructor in their office on campus to work on problem solving exercises in the presence of the instructor to get one-on-one help from the instructor. Also, the students may want to meet the instructor to have a face-to-face discussion about an issue of concern.
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Telephone	Instructor may provide a phone number to the students where they can leave a voicemail and expect a call back within a specified time.

Examinations

Hybrid (1%–50% online) Modality

On campus
Online

Hybrid (51%–99% online) Modality

On campus
Online

Primary Minimum Qualification
PSYCHOLOGY

Review and Approval Dates

Department Chair

03/22/2021

Dean

03/23/2021

Technical Review

09/02/2021

Curriculum Committee

10/19/2021

DTRW-I

MM/DD/YYYY

Curriculum Committee

MM/DD/YYYY

Board

MM/DD/YYYY

CCCCO

11/01/2021

Control Number

CCC000433929

DOE/accreditation approval date

MM/DD/YYYY