

DANC M70D: MC SPIRIT PRACTICE AND PERFORMANCE IV

Originator

bmegill

College

Moorpark College

Attach Support Documentation (as needed)

DANC M70D_state approval letter_CCC000617772.pdf

Discipline (CB01A)

DANC - Dance

Course Number (CB01B)

M70D

Course Title (CB02)

MC Spirit Practice and Performance IV

Banner/Short Title

Spirit Practice and Perf IV

Credit Type

Credit

Start Term

Fall 2022

Catalog Course Description

Continues development of best practices in squad leadership for competitive dance and cheer teams, collectively known as spirit squads. Offers skills development in movement and cheer performance technique for participants at an intermediate to advanced level. Includes, possibly, an invitation to choreograph routines to be performed at Moorpark College athletic events, community outreach programs, and Moorpark College performing arts events.

Taxonomy of Programs (TOP) Code (CB03)

1008.10 - *Commercial Dance

Course Credit Status (CB04)

D (Credit - Degree Applicable)

Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

SAM Priority Code (CB09)

C - Clearly Occupational

Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

Course Classification Status (CB11)

Y - Credit Course

Educational Assistance Class Instruction (Approved Special Class) (CB13)

N - The Course is Not an Approved Special Class

Course Prior to Transfer Level (CB21)

Y - Not Applicable

Course Noncredit Category (CB22)

Y - Credit Course

Funding Agency Category (CB23)

Y - Not Applicable (Funding Not Used)

Course Program Status (CB24)

1 - Program Applicable

General Education Status (CB25)

Y - Not Applicable

Support Course Status (CB26)

N - Course is not a support course

Field trips

May be required

Faculty notes on field trips; include possible destinations or other pertinent information

MC Spirit will attend all Moorpark College athletic events (home and away) and local community outreach events such as fairs, parades and city functions.

Grading method

(L) Letter Graded

Alternate grading methods

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

Does this course require an instructional materials fee?

No

Repeatable for Credit

No

Is this course part of a family?

Yes

Select the other courses that make up this family

DANC M70A - MC Spirit Practice and Performance I

DANC M70B - MC Spirit Practice and Performance II

DANC M70C - MC Spirit Practice and Performance III

Units and Hours

Carnegie Unit Override

No

In-Class

Lecture

Activity

Laboratory

Minimum Contact/In-Class Laboratory Hours

105

Maximum Contact/In-Class Laboratory Hours

105

Total in-Class**Total in-Class****Total Minimum Contact/In-Class Hours**

105

Total Maximum Contact/In-Class Hours

105

Outside-of-Class**Internship/Cooperative Work Experience**

Paid

Unpaid

Total Outside-of-Class

Total Outside-of-Class

Total Student Learning**Total Student Learning****Total Minimum Student Learning Hours**

105

Total Maximum Student Learning Hours

105

Minimum Units (CB07)

2

Maximum Units (CB06)

2

Prerequisites

DANC M70C

Advisories on Recommended Preparation

DANC M10A or M11A or M12A or M16A

Limitations on Enrollment

Performance tryout is required

Entrance Skills**Entrance Skills**

DANC M70C

Prerequisite Course Objectives

DANC M70C-contextualize their dance/cheer performance into industry relevant situations, guided through the active participation in Moorpark College events.

DANC M70C-generate and model performance structures relevant to the talent and sports performance industry.

DANC M70C-embody and perform vernacular dance/cheer styles as practiced in the talent and sports performance industry.

DANC M70C-demonstrate cheer/dance technique and formation methods for improving balance and control during performances.

DANC M70C-assist in leading strength, coordination, and rhythmic training exercises for the squad.

DANC M70C-offer critical feedback to the squad in terms of space, time, and force in the execution of their performances.

DANC M70C-model a professional manner both in practice session and during events.

Requisite Justification

Requisite Type

Recommended Preparation

Requisite

DANC M10A or M11A or M12A or M16A.

Requisite Description

Credit program requisite (credit only)

Level of Scrutiny/Justification

Content review

Requisite Type

Enrollment Limitation

Requisite

Audition required
Performance tryout required

Requisite Description

Other (specify)

Specify Other Requisite Description

Students need to have prior movement experience in dance, gymnastics, cheer or other movement arts. It is recommended they achieve these skills to pass the tryout by taking one of more of the following Dance classes M16, M11A, M10A, or M12A.

Level of Scrutiny/Justification

Other (specify)

Specify Other Level of Scrutiny/Justification

movement experience skills

Requisite Type

Prerequisite

Requisite

DANC M70C

Requisite Description

Course in a sequence

Level of Scrutiny/Justification

Content review

Student Learning Outcomes (CSLOs)

Upon satisfactory completion of the course, students will be able to:

- 1 improve physical and performance skills.
- 2 model best practices for recruitment and marketing for the team as representatives of themselves and/or the MC Spirit Squad.
- 3 lead or model spirit routines for performance.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- 1 contextualize their dance/cheer performance into industry relevant situations, guided through the active participation in at Moorpark College events.
- 2 generate and model performance structures relevant to the talent and sports performance industry.

- | | |
|---|--|
| 3 | embody and perform vernacular dance/cheer styles as practiced in the talent and sports performance industry. |
| 4 | demonstrate cheer/dance technique and formation methods for improving balance and control during performances. |
| 5 | assist in leading strength, coordination, and rhythmic training exercises for the squad. |
| 6 | offer critical feedback to the squad in terms of space, time and force in the execution of their performances. |
| 7 | model professional manners both in practice session and during events. |

Course Content

Lecture/Course Content

N/A

Laboratory or Activity Content

1. (15%) Lead warm-up and conditioning
 - a. Stretching and lengthening
 - b. Increasing circulation for safety
 - c. Run or jog for endurance
 - d. Preparation for jumping and springing
2. (40%) Choreograph, co-teach or clean performance
 - a. Focusing on sequencing - Coordination
 - b. Rhythm and performance energy
3. (20%) Organize the squad for differing demands in a given performance venue
4. (20%) Participation in spirit squad events and performances
5. (5%) Professionalism
 - a. Performance during an event, the etiquette in engaging the crowd and being present and focused
 - b. Peer mentor first-year squad participants

Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Group projects

Performances

Skills demonstrations

Skills tests or practical examinations

Other (specify)

Other

Self-analysis of performance and/or class performance. Creative or choreographic tasks.

Instructional Methodology

Specify the methods of instruction that may be employed in this course

Audio-visual presentations

Class activities

Collaborative group work

Demonstrations

Field experience/internship

Field trips

Group discussions

Guest speakers

Instructor-guided interpretation and analysis

Internet research

Role-playing

Small group activities

Other (specify)

Specify other method of instruction

Teaching routines for halftime and other performance events.

Describe specific examples of the methods the instructor will use:

Instructor will model movement and coach performers in their execution of the routine. Instructor can introduce movement theory concepts to improve conceptual understanding of movement principles and encourage creative application for performance.

Representative Course Assignments**Writing Assignments**

1. Write a self-assessment of their participation at an event.
2. Design a recruitment and marketing plan for the team and/or themselves within the cheer and spirit industry.

Critical Thinking Assignments

1. Observe a professional dance team and compare and contrast skills between collegiate cheer and professional dancers for pro sports teams.
2. Problem solve replacement of a team member in case of an unexpected absence at a performance.

Reading Assignments

1. Read communication from external sources (i.e. athletic department, associated students, local schools or organizations) regarding team participation and expectations in order to convey essential information to the squad.
2. Read communication within the squad in order to maintain cohesion of the group and clear communication on all levels.

Skills Demonstrations

1. Perform routines for half time performances.
2. Model advanced jump sequences or choreographic patterns.

Outside Assignments**Representative Outside Assignments**

1. Organize team preparations for scheduled spirit events.
2. Organize team materials for review between practices.

Articulation**Equivalent Courses at other CCCs**

College	Course ID	Course Title	Units
San Joaquin Delta College	PEACTIV 19B	Advanced Spring Spirit Training	1

District General Education**A. Natural Sciences****B. Social and Behavioral Sciences****C. Humanities****D. Language and Rationality****E. Health and Physical Education/Kinesiology****E2. Physical Education**

Proposed

Approved

Date Proposed:

2/26/2020

Effective term:

Fall 2021

F. Ethnic Studies/Gender Studies

Course is CSU transferable

Yes

CSU Baccalaureate List effective term:

Fall 2021

CSU GE-Breadth

Area A: English Language Communication and Critical Thinking

Area B: Scientific Inquiry and Quantitative Reasoning

Area C: Arts and Humanities

Area D: Social Sciences

Area E: Lifelong Learning and Self-Development

E Lifelong Learning and Self-Development

Proposed

Approved

Date Proposed:

12/15/2020

Effective term:

Fall 2021

Area F: Ethnic Studies

CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

UC TCA

UC TCA

Proposed

Approved

Effective term:

Fall 2021

IGETC

Area 1: English Communication

Area 2A: Mathematical Concepts & Quantitative Reasoning

Area 3: Arts and Humanities

Area 4: Social and Behavioral Sciences

Area 5: Physical and Biological Sciences

Area 6: Languages Other than English (LOTE)

Textbooks and Lab Manuals

Resource Type

Textbook

Classic Textbook

Yes

Description

Benson, Jeff. *unBlocked: The Walls Come Tumbling Down*. Createspace, 2016.

Resource Type

Textbook

Classic Textbook

Yes

Description

Schwartz, Heather. *Cheerleading (Science Behind Sports)*. Lucent, 2012.

Library Resources

Assignments requiring library resources

Research using the library's print and online resources.

Sufficient Library Resources exist

Yes

Example of Assignments Requiring Library Resources

Utilizing library resources, research exercise-related strategies to enhance recovery and prevent injury.

Primary Minimum Qualification

DANCE

Additional Minimum Qualifications

Minimum Qualifications

Folk Dance

Additional local certifications required

Instructors not in possession of the MA in Dance or who are not qualified in Folk Dance must possess any bachelor's degree and two years of professional in cheer or professional dance team, or any associate degree and six years of professional experience in cheer or professional dance team.

Review and Approval Dates

Department Chair

02/11/2022

Dean

02/12/2022

Technical Review

03/03/2022

Curriculum Committee

3/15/2022

DTRW-I

MM/DD/YYYY

Curriculum Committee

MM/DD/YYYY

Board

MM/DD/YYYY

CCCCO

MM/DD/YYYY

Control Number

CCC000617772

DOE/accreditation approval date

MM/DD/YYYY