

Intercollegiate Athletics and Kinesiology for Moorpark College 2022-2023

C-ID (if applicable)	Intercollegiate Athletics (ICA) and Kinesiology (KIN)	OC Comparable Course	VC Comparable Course
	ICA M01A Intercollegiate Baseball – Men (4 units)	ICA R140 (3 units)	ICA V02 (4 units)
	ICA M01B Intercollegiate Baseball - Men Off Season (1 unit)	ICA R142 (.5-2 units)	No comparable course
	ICA M02A Intercollegiate Basketball - Men/Fall (4 units)	ICA R130A (3 units)	ICA V03 (4 units)
	ICA M02B Intercollegiate Basketball - Men/Spring (2.5 units)	ICA R130B (2 units)	No comparable course
	ICA M03A Intercollegiate Cross Country - Men (4 units)	ICA R110 (3 units)	ICA V05 (4 units)
	ICA M03B Intercollegiate Cross Country - Men/Off Season (1 unit)	ICA R162 (.5-2 units)	No comparable course
	ICA M04A Intercollegiate Football - Men (4 units)	No comparable course	ICA V07 (4 units)
	ICA M04B Intercollegiate Football - Men/Off Season (1 unit)	No comparable course	ICA V69 (1 unit)
	ICA M07A Intercollegiate Soccer - Men (4 units)	ICA R120 (3 units)	No comparable course
	ICA M07B Intercollegiate Soccer - Men/Off Season (1 unit)	ICA R122 (.5-2 units)	No comparable course
	ICA M10A Intercollegiate Track and Field - Men (4 units)	No comparable course	ICA V19 (4 units)
	ICA M10B Intercollegiate Track and Field - Men/Off Season (1 unit)	No comparable course	No comparable course
	ICA M11A Intercollegiate Volleyball - Men (4 units)	No comparable course	No comparable course
	ICA M11B Intercollegiate Volleyball - Men/Off Season (1 unit)	No comparable course	No comparable course
	ICA M20A Intercollegiate Basketball - Women/Fall (4 units)	ICA R190A (3 units)	ICA V04 (4 units)
	ICA M20B Intercollegiate Basketball - Women/Spring (2.5 units)	ICA R190B (2 units)	ICA V36 (3.5 units)
	ICA M21A Intercollegiate Cross Country - Women (4 units)	ICA R160 (3 units)	ICA V06 (4 units)
	ICA M21B Intercollegiate Cross Country - Women/Off Season (1 unit)	ICA R162 (.5-2 units)	No comparable course
	ICA M24A Intercollegiate Soccer - Women (4 units)	ICA R170 (3 units)	ICA V13 (4 units)
	ICA M24B Intercollegiate Soccer - Women/Off Season (1 unit)	ICA R172 (.5-2 units)	No comparable course
	ICA M25A Intercollegiate Softball - Women (4 units)	ICA R180 (3 units)	ICA V14 (4 units)
	ICA M25B Intercollegiate Softball - Women/Off Season (1 unit)	ICA R182 (.5-2 units)	No comparable course

	ICA M28A Intercollegiate Track and Field - Women (4 units)	No comparable course	ICA V20 (4 units)
	ICA M28B Intercollegiate Track and Field - Women/Off Season (1 unit)	No comparable course	No comparable course
	ICA M29A Intercollegiate Volleyball – Women (4 units)	No comparable course	ICA V22 (4 units)
	ICA M29B Intercollegiate Volleyball - Women/Off Season (1 unit)	No comparable course	No comparable course
	ICA M35A Conditioning and Training for Athletic Competition (1 unit)	No comparable course	ICA V31B (1 unit)
	ICA M35B In-Season Conditioning for Athletic Competition (1 unit)	No comparable course	ICA V30B (1 unit)
	ICA M36 Intercollegiate Women's Golf (4 units)	No comparable course	No comparable course
	ICA M38A Intercollegiate Wrestling (4 units)	No comparable course	No comparable course
	ICA M38B Intercollegiate Wrestling/Off Season (1 unit)	No comparable course	No comparable course
	ICA M40 Intercollegiate Beach Volleyball - Women (4 units)	No comparable course	ICA V25 (4 units)
	Kinesiology (KIN)		
KIN 100	KIN M01 Introduction to Kinesiology (3 units)	KIN R100 (3 units)	KIN V81 (3 units)
	KIN M13 Prevention and Care of Athletic Injuries (3 units)	No comparable course	KIN V84 (3 units)
	KIN M13L Prevention and Care of Athletic Injuries Lab (1 unit)	No comparable course	No comparable course
	KIN M13 Prevention and Care of Athletic Injuries (3 units) AND KIN M13L Prevention and Care of Athletic Injuries Lab (1 unit)	No comparable course	KIN V84 (3 units)
	KIN M16 Personal Training Principles (3 units)	No comparable course	No comparable course
	KIN M17 Teaching Group Fitness (3 units)	No comparable course	No comparable course
	KIN M18 Foundations of Fitness (3 units)	No comparable course	KIN V85 (3 units)
	KIN M20 Movement Analysis and Corrective Exercise (3 units)	No comparable course	No comparable course
	KIN M21 Strength and Conditioning for Performance (3 units)	No comparable course	No comparable course
	KIN M22 Youth, Women, and Seniors for Fitness Professionals (1 unit)	No comparable course	No comparable course

	KIN M23 Walking for Fitness (1 unit)	KIN R140 (1 unit)	KIN V20 (1 unit)
	KIN M24 Running for Fitness and Conditioning (1 unit)	KIN R141 (1 unit)	KIN V22 (1 unit)
	KIN M25 Fitness Management (3 units)	No comparable course	No comparable course
	KIN M26 Fitness Coaching and Behavior Modification (1 unit)	No comparable course	No comparable course
	KIN M31 Body Conditioning/Fitness (1 unit)	No comparable course	KIN V10 (1 unit)
	KIN M32 Body Conditioning/Free Weights (1 unit)	KIN R146A (1 unit)	KIN V26 (1 unit)
	KIN M33 Power Lifting/Free Weights (1 unit)	KIN R146B (1 unit)	No comparable course
	KIN M34 Body Conditioning Boot Camp (1 unit)	KIN R145A (1 unit)	KIN V33 (1 unit)
	KIN M40 Cardio Step and Sculpt (1 unit)	No comparable course	KIN V18 (1 unit)
	KIN M42 Aerobic Dance Fitness (1 unit)	No comparable course	No comparable course
	KIN M43 Cardio Kickboxing (1 unit)	KIN R120A (1 unit)	KIN V16 (1 unit)
	KIN M50 Pilates Mat (1 unit)	KIN R143 (1 unit)	KIN V74A (1 unit)
	KIN M51 Core Stability and Stretch (1 unit)	KIN R144 (1 unit)	No comparable course
	KIN M52 Core Fitness with Cardio (1 unit)	No comparable course	No comparable course
	KIN M53 T'ai Chi (1 unit)	No comparable course	KIN V76A (1 unit)
	KIN M54 Yoga (1 unit)	KIN R142A (1 unit)	KIN V70A (1 unit)
	KIN M55 Mind Body Fitness (1 unit)	No comparable course	No comparable course
	KIN M71 Golf (1 unit)	No comparable course	No comparable course
	KIN M72 Tennis (1 unit)	No comparable course	KIN V44A (1 unit)
	KIN M80 Internship in Kinesiology (1 to 4 units)	No comparable course	No comparable course
	KIN M82 Basketball (1 unit)	KIN R163A (1 unit)	KIN V40A (1 unit)
	KIN M84 Soccer (1 unit)	KIN R162A (1 unit)	KIN V48A (1 unit)
	KIN M85 Softball (1 unit)	No comparable course	No comparable course
	KIN M87 Volleyball (1 unit)	KIN R165A (1 unit)	KIN V46A (1 unit)

	KIN M92 Hiking and Backpacking (1 unit)	No comparable course	No comparable course
	KIN M122 Independent Study - Kinesiology (0.5 to 3 units)	No comparable course	No comparable course