

# Understanding Communication Styles



How to better communicate with different communication styles!

## Why it matters

Understanding different communication styles can improve the ability to understand personal strengths, weaknesses, and growth opportunities. Being more aware of how other people tend to communicate also helps with learning the most effective communication styles.

## The Analyzer/ Thinker

- Critical thinker
- Likes the facts/data
- Systematic/structured
- Organized
- Prefer specific/precise language
- Logical
- Tends not to be emotional/strays away from emotion
- Others may view as cold

(Forbes, 2015)



## Tips for Communicating

- Stick to the facts when working with analyzers
- Be specific when possible (exact numbers, exact instructions, etc.)
- Utilize an analyzer's ability to apply logic
- Understand that they may feel frustrated if conversations get off-track or start to become emotionally driven



## Moorpark College Student Health Center



+805-378-1413



[www.moorparkcollege.edu/health](http://www.moorparkcollege.edu/health)



[mc\\_studenthealthcenter](https://www.instagram.com/mc_studenthealthcenter)



Moorpark College Admin Building Rm 111

Moorpark College does not discriminate on the basis of race, color, national origin, sex, disability, age or sexual orientation.

Note\* Communication styles and theories vary greatly depending on the literature/study of choice!

Free Communication Style Quiz from Michigan State University



This communication quiz is for fun and personal enlightenment. Results may vary depending on the day, one's mood, or other factors. It should not be over relied on to be informative past entertainment purposes.

# The Initiator/ Promoter

- Innovative
- Energetic
- Spontaneous
- Wants work to be fun
- Talkative and open
- Influential
- Enjoys a stimulating work environment

(Myers Briggs)



# The Relator/ Supporter

- Appreciates close relationships
- Patient and supportive
- Conscientious of others
- Desires support
- Likes to be consulted with ideas
- Affirms and empathetic

(Myers Briggs)



# The Director/ Controller

- Result oriented
- Independent
- Confident
- Considers the pros and cons
- Desires support for their ideas
- Prefers efficient work environments that are structured

(Myers Briggs)



## Tips for Communicating

- Allow room for creativity
- Foster their ability to see the big picture
- Consider this person for roles/conversations that allow for non-linear thinking patterns
- Avoid over focusing on the small logical steps

## Tips for Communicating

- Allow space to share emotion
- Consider them for emotional support, especially for group support
- Create independent work spaces or communication channels for individuals who are highly analytic vs more emotionally and people driven

## Tips for Communicating

- Don't skip the details
- Facilitate their implementation and organization strengths
- Break down information step-by-step