

# DANC M12B: MODERN DANCE II - BEGINNING

## Originator

rsalas

## Co-Contributor(s)

### Name(s)

Megill, Beth (bmegill)

Goldes, Vivian (VGoldes)

Bowen, Nathan (nbowen)

## College

Moorpark College

## Attach Support Documentation (as needed)

Domains of the Learning Dance Rubric MC 2021.docx

Technique rubric MC Curriculum Assessment 2021.docx

## Discipline (CB01A)

DANC - Dance

## Course Number (CB01B)

M12B

## Course Title (CB02)

Modern Dance II - Beginning

## Banner/Short Title

Modern Dance II - Beginning

## Credit Type

Credit

## Start Term

Fall 2023

## Catalog Course Description

Continues to develop the basic skills in modern dance techniques based on the teaching of modern dance masters such as Graham, Humphrey, Limon, and Laban. Develops beginning modern technique, simple improvisation and composition, the understanding of the principles of alignment and motion, and the experience of movement in more complex rhythmic forms.

## Taxonomy of Programs (TOP) Code (CB03)

1008.00 - Dance

## Course Credit Status (CB04)

D (Credit - Degree Applicable)

## Course Transfer Status (CB05) (select one only)

A (Transferable to both UC and CSU)

## Course Basic Skills Status (CB08)

N - The Course is Not a Basic Skills Course

## SAM Priority Code (CB09)

E - Non-Occupational

## Course Cooperative Work Experience Education Status (CB10)

N - Is Not Part of a Cooperative Work Experience Education Program

**Course Classification Status (CB11)**

Y - Credit Course

**Educational Assistance Class Instruction (Approved Special Class) (CB13)**

N - The Course is Not an Approved Special Class

**Course Prior to Transfer Level (CB21)**

Y - Not Applicable

**Course Noncredit Category (CB22)**

Y - Credit Course

**Funding Agency Category (CB23)**

Y - Not Applicable (Funding Not Used)

**Course Program Status (CB24)**

1 - Program Applicable

**General Education Status (CB25)**

Y - Not Applicable

**Support Course Status (CB26)**

N - Course is not a support course

**Field trips**

Will not be required

**Grading method**

(L) Letter Graded

**Alternate grading methods**

(O) Student Option- Letter/Pass

(P) Pass/No Pass Grading

**Does this course require an instructional materials fee?**

No

**Repeatable for Credit**

No

**Is this course part of a family?**

No

**Units and Hours**

**Carnegie Unit Override**

No

**In-Class**

**Lecture**

**Minimum Contact/In-Class Lecture Hours**

17.5

**Maximum Contact/In-Class Lecture Hours**

17.5

**Activity****Laboratory****Minimum Contact/In-Class Laboratory Hours**

52.5

**Maximum Contact/In-Class Laboratory Hours**

52.5

**Total in-Class****Total in-Class****Total Minimum Contact/In-Class Hours**

70

**Total Maximum Contact/In-Class Hours**

70

**Outside-of-Class****Internship/Cooperative Work Experience****Paid****Unpaid****Total Outside-of-Class****Total Outside-of-Class****Minimum Outside-of-Class Hours**

35

**Maximum Outside-of-Class Hours**

35

**Total Student Learning****Total Student Learning****Total Minimum Student Learning Hours**

105

**Total Maximum Student Learning Hours**

105

**Minimum Units (CB07)**

2

**Maximum Units (CB06)**

2

**Prerequisites**

DANC M12A

**Entrance Skills****Entrance Skills**

DANC M12A

**Prerequisite Course Objectives**

DANC M12A-demonstrate improvement in flexibility, strength, endurance and general coordination and alertness.

DANC M12A-perform basic modern dance movement technique and choreography.

DANC M12A-demonstrate knowledge of basic anatomy: the movement and function of bones, joints and skeletal muscles.

DANC M12A-work cooperatively with classmates, as well as individually, in solving problem situations in modern dance.

DANC M12A-recognize basic musical construction and demonstrate accuracy in movement responses in relationship to rhythm, accent, tempo and phrasing.

DANC M12A-demonstrate knowledge in the areas of history, theory and philosophy of modern dance.

DANC M12A-explain the relationship of physical movement (kinetic chains) and emotional expression (effort life) as an inroad to authentic movement and expression.

DANC M12A-demonstrate evaluative skills by observing and critiquing innovation and technical skill in classroom assignments and projects.

DANC M12A-evaluate and demonstrate an appreciation of dance as an art form as experienced through attendance and viewing of "live" concerts, films and videos; appraise in writing the various aspects of a dance production.

## Requisite Justification

### Requisite Type

Prerequisite

### Requisite

DANC M12A

### Requisite Description

Course in a sequence

### Level of Scrutiny/Justification

Closely related lecture/laboratory course

## Student Learning Outcomes (CSLOs)

**Upon satisfactory completion of the course, students will be able to:**

- |   |  |
|---|--|
| 1 | demonstrate knowledge in areas of history, theory and philosophy of modern dance   |
| 2 | describe and demonstrate aesthetic components and cultural values of modern dance.                                       |
| 3 | obtain the overall fitness level and technique to meet the needs of a beginning level modern dance class or performance. |

## Course Objectives

**Upon satisfactory completion of the course, students will be able to:**

- |   |   |
|---|---|
| 1 | demonstrate improvement in kinesthetic conditioning: flexibility, stability, strength, endurance, agility and effort as it pertains to performing modern dance technique and choreography.  |
| 2 | demonstrate knowledge of basic anatomy; the movement and function of main muscle groups.  |
| 3 | work cooperatively with classmates, as well as individually, in solving problem situations in modern dance.   |
| 4 | recognize and integrate musical construction and demonstrate accuracy in movement responses in relationship to rhythm, accent, tempo and phrasing.  |
| 5 | demonstrate knowledge in the areas of early history, theory and philosophy of modern dance: Denishawn through the pillars of American and German modern dance.  |
| 6 | relate and explain the interrelation of body movement and emotional expression as demonstrated in Laban's Effort/Shape work; demonstrate the ability to communicate ideas and feelings through the medium of movement and Language Of Dance (LOD) vocabulary. |
| 7 | create short movement studies that meet various requirements presented by the instructor: dimensional scale; exploring the sagittal, lateral and vertical uses of space.  |
| 8 | demonstrate evaluative skills by observing and critiquing innovation and technical skill in classroom assignments and projects.   |
| 9 | evaluate and demonstrate an appreciation of dance as an art form as experienced through attendance and viewing of "live" concerts, films and videos; appraise in writing the various aspects of a dance production.   |

## Course Content

### Lecture/Course Content

#### 1. (39%) Modern Dance Technique

- Develop technique
- Contract and release

- Fall and recovery
  - Strength and limitations
  - Concepts of mobility/stability - general body mechanics
  - Musicality
- 2. (6%) Critical thinking/performance**
- Attend and critique a modern performance
  - Participate in solo or group performances
- 3. (12%) Modern dance history**
- Historical figures
  - Roots and development
- 4. (13%) Movement Dynamics and Laban's Basic Action Efforts/Qualities**
- Punch
  - Press
  - Wring
  - Slash
  - Glide
  - Dab
  - Float
  - Flick
- 5. (6%) Improvisation and Exploration**
- Contact improvisation: structured/unstructured
  - Choreographic elements: giving focus, symmetry/asymmetry
  - Negative space
- 6. (12%) Shapes and Sculpture**
- Sequencing of movement
  - Simultaneous
  - Successive
  - Basic shape, form, design
  - Pin
  - Wall
  - Ball
- 7. (12%) Basic Locomotor Moves**
- Triplets/prances; complex patterns
  - Level changes
  - Directions; spatial matrix
  - Focus and intent

#### Laboratory or Activity Content

1. (50%) Beginning modern technique, alignment, strengthening, performance, conditioning
2. (25%) Critical thinking, assessment and analysis of performance and choreography
3. (25%) Beginning study and exploration of dynamics, space, shape and improvisation

#### Methods of Evaluation

Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):

Written expression  
Skills demonstrations

Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):

Essay exams  
Group projects  
Individual projects  
Journals  
Objective exams  
Performances  
Problem-solving exams  
Quizzes  
Recitals  
Reports/papers  
Skills demonstrations  
Written analyses  
Other (specify)  
Classroom Discussion

Projects  
Participation  
Reports/Papers/Journals

**Other**

choreograph a brief dance phrase according to criteria established for the beginning level.

**Instructional Methodology**

**Specify the methods of instruction that may be employed in this course**

Audio-visual presentations  
Class activities  
Class discussions  
Demonstrations  
Distance Education  
Group discussions  
Guest speakers  
Instructor-guided interpretation and analysis  
Laboratory activities  
Lecture  
Observation  
Readings  
Small group activities  
Other (specify)

**Specify other method of instruction**

Instructor models and verbally guided the students through the performance material.

**Describe specific examples of the methods the instructor will use:**

The instructor will teach dance combinations appropriate to the beginning level while cultivating the students development physically, cognitively, social/emotionally, and aesthetically.

Instructor will assess student level of performance according to the department rubric for technique courses as attached to this COR, addressing the interwoven components of the dancer's performance in sequencing/memory, alignment and facility, coordination/agility, musicality, and expression/embodiment. This rubric allows space for students to self-direct their learning toward their areas of weakness and interests for skills development and performance.

**Representative Course Assignments**

**Writing Assignments**

research and write a report on the life and contributions of a well-known dancer.

keep a journal recording reactions to class discussions and assignments.

**Critical Thinking Assignments**

choreograph a movement phrase/study utilizing three qualities for Laban Effort Graph.

write evaluations/critiques of a dance concert/dance company performance.

**Reading Assignments**

read and interpret a motif notation concept.

read and interpret a brief dance score.

read a historical article about the Laban Effort and Shape graphs

**Skills Demonstrations**

perform the warm up as lead by the instructor.

perform stepping patterns (like the pas de bouree, chase, ball change, etc.) with intermittent fluency and finesse.

demonstrate beginning level performance across the five areas of technique: sequencing/memory, alignment/facility, coordination/agility, musicality, and expression/embodiment.

**Outside Assignments**

**Representative Outside Assignments**

attend a dance performance or concert.

view an assigned dance video or televised program.

## Articulation

### Equivalent Courses at 4 year institutions

University	Course ID	Course Title	Units
UC Riverside	DNCE 67B	Intermediate Modern Dance Technique	2
Cal Poly San Luis Obispo	DANC 132	Beginning Modern Dance	2
CSU Dominguez Hills	DAN 225	Modern Dance II	2
CSU Long Beach	DANC 111	Beginning Modern Dance	2

### Comparable Courses within the VCCCD

DANC R102B - Modern Dance II  
DANC V10B - Modern II

## District General Education

### A. Natural Sciences

### B. Social and Behavioral Sciences

### C. Humanities

### D. Language and Rationality

### E. Health and Physical Education/Kinesiology

#### E2. Physical Education

Approved

### F. Ethnic Studies/Gender Studies

### Course is CSU transferable

Yes

### CSU Baccalaureate List effective term:

F1995

## CSU GE-Breadth

### Area A: English Language Communication and Critical Thinking

### Area B: Scientific Inquiry and Quantitative Reasoning

### Area C: Arts and Humanities

### Area D: Social Sciences

### Area E: Lifelong Learning and Self-Development

#### E Lifelong Learning and Self-Development

Approved

## Area F: Ethnic Studies

### CSU Graduation Requirement in U.S. History, Constitution and American Ideals:

#### UC TCA

UC TCA  
Approved

#### IGETC

##### Area 1: English Communication

##### Area 2A: Mathematical Concepts & Quantitative Reasoning

##### Area 3: Arts and Humanities

##### Area 4: Social and Behavioral Sciences

##### Area 5: Physical and Biological Sciences

##### Area 6: Languages Other than English (LOTE)

#### Textbooks and Lab Manuals

##### Resource Type

Textbook

##### Classic Textbook

Yes

##### Description

Legg, Joshua. *Introduction to Modern Dance Techniques*. Princeton Books, 2011.

---

##### Resource Type

Textbook

##### Classic Textbook

Yes

##### Description

Hackney, Peggy. *Making Connections: Total Body Integration through Bartenieff Fundamentals*. Routledge, 2000.

---

##### Resource Type

Textbook

##### Classic Textbook

Yes

##### Description

Penrod, James, and Janice Gudde Plastino. *The Dancer Prepares; Modern Dance for Beginners*. 5th ed., McGraw-Hill, 2004.

---

## Library Resources

### Assignments requiring library resources

Research, using the Library's print and online resources, a historical or contemporary dance figure and write a report on their significance to dance.



**Sufficient Library Resources exist**

Yes

**Example of Assignments Requiring Library Resources**

1. Analyze professionally choreographed dance pieces from the library resources (either DVD or streaming video). Students will use guided assignments to observe, identify, interpret, notate, and analyze movement ideas.
2. Analyze professionally choreographed dance pieces from the library resources (either DVD or streaming video). Students will use guided assignments to analyze the dancer's sequencing and memory, coordination and agility, facility and alignment, musicality, and expression and embodiment.

**Distance Education Addendum****Definitions****Distance Education Modalities**

Hybrid (1%–50% online)  
100% online

**Faculty Certifications**

**Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.**

Yes

**Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.**

Yes

**Regular Effective/Substantive Contact****Hybrid (1%–50% online) Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
E-mail	Email, class announcements and tools such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
Other DE (e.g., recorded lectures)	Recorded Lectures, Narrated Slides, Screencasts, Instructor created content, Discussions, 3rd Party (Publisher) Tools, Websites and Blogs, Multimedia (YouTube, Films on Demand, 3CMedia, Khan Academy, etc.)
Face to Face (by student request; cannot be required)	Narrated Lectures, Instructor created content, Discussions - for hybrid classes, face-to-face class time will provide opportunities for students to discuss amongst themselves (in groups or pairs) and ask questions about the material to facilitate SLOs and course outcomes.
Synchronous Dialog (e.g., online chat)	Communication, Online office hours, Online group discussions.

**100% online Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
Asynchronous Dialog (e.g., discussion board)	Regular Asynchronous discussion boards will be used to encourage discussion among students where they can compare and contrast/ discuss /identify and analyze elements of course outcomes. Other Discussion boards will also be used for Q&A and general class discussion by students and instructor to facilitate student learning outcomes.
E-mail	Email, class announcements and tools such as "Message Students Who" and "Assignment Comments" in Canvas will be used to regularly communicate with all students to clarify class content, remind of upcoming assignments, and provide immediate feedback to students on coursework to facilitate student learning outcomes. Students will be given multiple ways to email instructor through Canvas inbox and faculty provided email account through their own canvas email and school email.
Face to Face (by student request; cannot be required)	Narrated Lectures, Instructor created content, Discussions - for hybrid classes, face-to-face class time will provide opportunities for students to discuss amongst themselves (in groups or pairs) and ask questions about the material to facilitate SLOs and course outcomes.
Other DE (e.g., recorded lectures)	Recorded Lectures, Narrated Slides, Screencasts, Instructor created content, Discussions, 3rd Party (Publisher) Tools, Websites and Blogs, Multimedia (YouTube, Films on Demand, 3CMedia, Khan Academy, etc.)
Synchronous Dialog (e.g., online chat)	Communication, Online office hours, Online group discussions.

**Examinations****Hybrid (1%–50% online) Modality**

On campus

**Primary Minimum Qualification**

DANCE

**Review and Approval Dates****Department Chair**

MM/DD/YYYY

**Dean**

MM/DD/YYYY

**Technical Review**

11/03/2022

**Curriculum Committee**

11/15/2022

**DTRW-I**

MM/DD/YYYY

**Curriculum Committee**

MM/DD/YYYY

**Board**

MM/DD/YYYY

**CCCCO**

MM/DD/YYYY

**Control Number**

CCC000526143

**DOE/accreditation approval date**

MM/DD/YYYY