

# NS M02L: INTERMEDIATE NURSING LAB I

**Originator**

clee

**Co-Contributor(s)**
**Name(s)**

Dieterich, Michelle (mdieterich)

**College**

Moorpark College

**Discipline (CB01A)**

NS - Nursing Science

**Course Number (CB01B)**

M02L

**Course Title (CB02)**

Intermediate Nursing Lab I

**Banner/Short Title**

Intermediate Nursing Lab I

**Credit Type**

Credit

**Start Term**

Fall 2023

**Catalog Course Description**

Part 1: provides the application of patient-centered, evidence-based nursing care to 1-2 mother/newborn couplets for maternity and 1-2 pediatric clients using the nursing process related to health promotion and deviations in common and emerging healthcare settings.

Part 2: provides the application of patient-centered, evidence-based intermediate medical/surgical nursing care to 2 adult patients with common, acute, and chronic healthcare needs in common and emerging healthcare settings using the nursing process related to health promotion and self-care deviations.

**Taxonomy of Programs (TOP) Code (CB03)**

1230.00 - \*Nursing

**Course Credit Status (CB04)**

D (Credit - Degree Applicable)

**Course Transfer Status (CB05) (select one only)**

B (Transferable to CSU only)

**Course Basic Skills Status (CB08)**

N - The Course is Not a Basic Skills Course

**SAM Priority Code (CB09)**

B - Advanced Occupational

**Course Cooperative Work Experience Education Status (CB10)**

N - Is Not Part of a Cooperative Work Experience Education Program

**Course Classification Status (CB11)**

Y - Credit Course

**Educational Assistance Class Instruction (Approved Special Class) (CB13)**

N - The Course is Not an Approved Special Class

**Course Prior to Transfer Level (CB21)**

Y - Not Applicable

**Course Noncredit Category (CB22)**

Y - Credit Course

**Funding Agency Category (CB23)**

Y - Not Applicable (Funding Not Used)

**Course Program Status (CB24)**

1 - Program Applicable

**General Education Status (CB25)**

Y - Not Applicable

**Support Course Status (CB26)**

N - Course is not a support course

**Field trips**

Will not be required

**Grading method**

(L) Letter Graded

**Alternate grading methods**

(E) Credit by exam, license, etc.

**Does this course require an instructional materials fee?**

No

**Repeatable for Credit**

No

**Is this course part of a family?**

No

**Units and Hours**

**Carnegie Unit Override**

No

**In-Class**

**Lecture**

**Activity**

**Laboratory**

**Minimum Contact/In-Class Laboratory Hours**

236.25

**Maximum Contact/In-Class Laboratory Hours**

236.25

**Total in-Class****Total in-Class****Total Minimum Contact/In-Class Hours**

236.25

**Total Maximum Contact/In-Class Hours**

236.25

**Outside-of-Class****Internship/Cooperative Work Experience****Paid****Unpaid****Total Outside-of-Class****Total Outside-of-Class****Total Student Learning****Total Student Learning****Total Minimum Student Learning Hours**

236.25

**Total Maximum Student Learning Hours**

236.25

**Minimum Units (CB07)**

4.5

**Maximum Units (CB06)**

4.5

**Prerequisites**

NS M01 and NS M01L

**Corequisites**

NS M02

**Limitations on Enrollment**

Criminal background clearance  
 Current negative TB test or chest x-ray  
 Drug and alcohol clearance  
 No acrylic or long nails in clinical settings  
 No visible tattoos or visible body piercings except single studs in earlobes  
 Physical examination demonstrating general good health  
 Proof of freedom from and immunity to communicable diseases  
 Others (specify)

**Other Limitations on Enrollment**

Admission to the Moorpark College Nursing Program that requires completion of program prerequisites and requirements.

Additional clinical facility clearance requirements that are not limited to:

CPR BLS Provider card from American Heart Association only.

Los Angeles City Hospital Fire and Life Safety card.

Current health insurance.

Current student nurse liability insurance.

Social Security Number or Individual Taxpayer ID Number.

Additional grooming standards for clinical settings: hair color of a natural shade; hair worn off the face and above the collar; facial hair groomed so facial masks fit snugly; no artificial nails of any type; make-up if worn is to be conservative in style; if wearing jewelry a single simple ring is allowed.

## Entrance Skills

### Entrance Skills

NS M01, NS M01L

### Prerequisite Course Objectives

NS M01-Safety/Technical Skills:

- describe caring, safe, technically competent patient-centered fundamental and beginning medical-surgical primary nursing care for patients with common, acute and chronic health and self-care needs of adult and geriatrics in common and emerging healthcare settings.

— focus on comprehensive head-to-toe physical assessment and documentation addressing all body systems for the adult and geriatric client, activities of daily living, growth and nutrition, and medication administration.

NS M01-Critical Thinking and Clinical Reasoning:

- discuss implementation of fundamental and beginning medical-surgical clinical decision-making with assistance, utilizing the nursing process applied to diverse adult and geriatric individuals and support systems and communities.

— focus on the foundations of nursing practice and the nursing process, cultural/spiritual diversity, the perioperative period, comfort and pain, diabetes mellitus, and care of patients with basic health deviations of the cardiovascular system and health deviations of the musculoskeletal system.

NS M01-Communication:

- identify patient-centered and interdisciplinary relationships characterized by caring and inclusive communications utilizing confidentiality through principles of verbal, nonverbal, and electronic communication systems in common and emerging healthcare settings.

— focus on the legal framework for nursing practice, cultural and spiritual diversity, documentation addressing all body systems for the adult and geriatric client, and maintenance of a safe environment.

NS M01-Responsibility and Accountability:

- discuss ethical and legal standards of nursing practice.

— focus on the foundations and the legal framework of nursing practice.

NS M01-Organization and Prioritization:

- identify advanced beginner skills in providing care for a group of patients with defined health deviations interacting with interdisciplinary healthcare team members in a collegial manner with assistance.

NS M01L-Safety/Technical Skills:

- provide caring, safe, technically competent fundamental and beginning medical-surgical patient-centered primary nursing care to 1-2 adult and/or geriatric patients with common, acute and chronic health and self-care needs in common and emerging healthcare settings.

- assist the patient with activities of daily living, provide safe medication administration and IV maintenance, and identify actual and potential health deviations.

NS M01L-Critical Thinking and Clinical Reasoning:

- implement fundamental and beginning medical-surgical clinical decision-making with assistance, utilizing the nursing process applied to diverse adult and geriatric individuals and support systems.

- develop a plan of care for diabetes mellitus, basic health deviations of the cardiovascular system, and health deviations of the musculoskeletal system.

- provide patient-centered care during the perioperative period including pain management.

NS M01L-Communication:

- identify patient-centered and interdisciplinary relationships characterized by caring and inclusive communications utilizing confidentiality through principles of verbal, nonverbal, and electronic communication systems in common and emerging healthcare settings.

NS M01L-Responsibility and Accountability:

- demonstrate ethical and legal standards of nursing practice.

NS M01L-Organization and Prioritization:

- demonstrate advanced beginner skills in providing care for a group of patients with defined health deviations while interacting with interdisciplinary healthcare team members in a collegial manner with assistance.

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## Requisite Justification

### Requisite Type

Corequisite

### Requisite

NS M02

**Requisite Description**

Corequisite

**Level of Scrutiny/Justification**

Closely related lecture/laboratory course

**Requisite Type**

Prerequisite

**Requisite**

NS M01, NS M01L

**Requisite Description**

Course in a sequence

**Level of Scrutiny/Justification**

Required by statute or regulation

**Requisite Type**

Enrollment Limitation

**Requisite**

Criminal background clearance, current negative TB test or chest x-ray, drug and alcohol clearance, no acrylic or long nails in clinical settings, no visible tattoos or visible body piercings except for single studs in earlobes, physical examination demonstrating general good health, proof of freedom from and immunity to communicable diseases.

Admission to the Moorpark College Nursing Program that requires completion of program prerequisites and requirements.

Additional clinical facility clearance requirements that are not limited to:

CPR BLS Provider card from American Heart Association only.

Los Angeles City Hospital Fire and Life Safety card.

Current health insurance.

Current student nurse liability insurance.

Social Security Number or Individual Taxpayer ID Number.

Additional grooming standards for clinical settings: hair color of a natural shade; hair worn off the face and above the collar; facial hair groomed so facial masks fit snugly; no artificial nails of any type; make-up if worn is to be conservative in style; if wearing jewelry a single simple ring is allowed.

**Requisite Description**

Credit program requisite (credit only)

**Level of Scrutiny/Justification**

Required by statute or regulation

**Student Learning Outcomes (CSLOs)**

**Upon satisfactory completion of the course, students will be able to:**

- |   |  |
|---|--|
| 1 | demonstrate intermediate-level knowledge, skills and attitudes essential to the function of Registered Nurses in common and emerging healthcare settings.  |
| 2 | demonstrate intermediate-level knowledge and theoretical concepts of the five critical competencies of safety/technical skills, critical thinking/clinical reasoning, communication skills, responsibility/accountability, and organization/prioritization skills. |

**Course Objectives**

**Upon satisfactory completion of the course, students will be able to:**

- |   |   |
|---|---|
| 1 | Safety/Technical Skills:<br>- provide caring, safe, technically competent patient-centered primary nursing care to 2 patients with common, acute and chronic health and self-care needs of pediatrics, maternal clients, and adults in common and emerging healthcare settings. |
|---|---|

- 2 Critical Thinking and Clinical Reasoning:
  - implement clinical decision-making concepts with assistance, utilizing the nursing process applied to diverse pediatric and adult individuals and support systems.
  - develop a plan of care for basic respiratory, peripheral vascular disease, hematology and oncology, and basic gastrointestinal disease processes.
- 3 Communication:
  - develop patient-centered and interdisciplinary relationships characterized by caring and inclusive communications utilizing confidentiality through principles of verbal, nonverbal, and electronic communication systems in common and emerging healthcare settings.
- 4 Responsibility/Accountability:
  - identify and implement ethical and legal standards of nursing practice and verify that patient care is within the ethical and legal framework of nursing.
- 5 Organization/Prioritization:
  - demonstrate competent management skills in providing care for a group of patients with common health deviations, revise care accordingly, and collaborate with interdisciplinary healthcare team members in a collegial manner with minimal assistance.

## Course Content

### Lecture/Course Content

N/A

### Laboratory or Activity Content

25% (Part I): Apply concepts of care for 1-2 maternal/newborn patients in the acute care setting including:

1. Safety/Technical skills
2. Critical thinking and clinical reasoning
3. Communication
4. Responsibility/Accountability
5. Organization/Prioritization

25% (Also Part I): Apply concepts of care for 1-2 pediatric patients in the acute care setting including:

1. Safety/Technical skills
2. Critical thinking and clinical reasoning
3. Communication
4. Responsibility/Accountability
5. Organization/Prioritization

50.00% Part II: Apply concepts of care for 2 adult patients in the medical/surgical acute care setting including:

1. Safety/technical skills
2. Critical thinking and clinical reasoning
3. Communication
4. Responsibility/accountability
5. Organization/prioritization

## Methods of Evaluation

**Which of these methods will students use to demonstrate proficiency in the subject matter of this course? (Check all that apply):**

Written expression  
Skills demonstrations

**Methods of Evaluation may include, but are not limited to, the following typical classroom assessment techniques/required assignments (check as many as are deemed appropriate):**

Clinical demonstration  
Journals  
Laboratory activities  
Reports/papers  
Simulations  
Skills demonstrations  
Other (specify)  
Projects  
Participation  
Reports/Papers/Journals

**Other**

Responses to clinical case scenarios  
 Medication proficiency exam  
 Clinical performance  
 Daily journals  
 Teaching plan

**Instructional Methodology****Specify the methods of instruction that may be employed in this course**

Clinical demonstrations  
 Distance Education  
 Group discussions  
 Instructor-guided interpretation and analysis  
 Laboratory activities  
 Observation  
 Practica  
 Other (specify)

**Specify other method of instruction**

Role modeling in the clinical setting  
 Verbal guidance in a debriefing after simulation and during clinical

**Describe specific examples of the methods the instructor will use:**

Discussion at post-conference  
 Role modeling in the clinical setting  
 Written feedback on daily journals and nursing care plan  
 Verbal guidance in a debriefing after simulation and during clinical

**Representative Course Assignments****Writing Assignments**

develop a teaching plan for a child hospitalized with cystic fibrosis.  
 maintain a self-reflective journal.  
 write a summary of the pathophysiology involved for a patient with a hematologic disorder.

**Critical Thinking Assignments**

analyze patient information to complete a patient daily journal.  
 note trends and analyze patient lab values, and change plan of care as needed.  
 utilize the nursing process to formulate a patient plan of care with gastrointestinal disorder.

**Reading Assignments**

read about assessment of the neonate in the textbook in preparation for practicing the skill in the lab.  
 read a peer-reviewed journal article about peripheral vascular disease and cite references from it in the nursing care plan for a patient with a diagnosis of peripheral vascular disease.

**Skills Demonstrations**

perform a physical assessment on a pediatric patient.  
 perform an assessment on an obstetric client.  
 administer medication by intermittent IV infusion to a client with a respiratory infection.  
 perform a central line dressing change using sterile technique.

**Problem-Solving and Other Assignments (if applicable)**

complete a dosage calculation module and practice worksheets in preparation for a medication proficiency exam.  
 analyze patient assessment data and formulate a nursing plan of care.  
 Complete an unfolding case study concerning deep vein thrombosis and heparin administration.

## Outside Assignments

### Articulation

#### Equivalent Courses at 4 year institutions

University	Course ID	Course Title	Units
CSU Long Beach	NRSG 250	Intermediate Medical Surgical Nursing	6
CSU San Bernardino	NURS 221	Intermediate Nursing Process, Roles and Skills: Laboratory	4

### District General Education

#### A. Natural Sciences

#### B. Social and Behavioral Sciences

#### C. Humanities

#### D. Language and Rationality

#### E. Health and Physical Education/Kinesiology

#### F. Ethnic Studies/Gender Studies

#### Course is CSU transferable

Yes

#### CSU Bacalaureate List effective term:

F1995



**CSU GE-Breadth****Area A: English Language Communication and Critical Thinking****Area B: Scientific Inquiry and Quantitative Reasoning****Area C: Arts and Humanities****Area D: Social Sciences****Area E: Lifelong Learning and Self-Development****Area F: Ethnic Studies****CSU Graduation Requirement in U.S. History, Constitution and American Ideals:****IGETC****Area 1: English Communication****Area 2A: Mathematical Concepts & Quantitative Reasoning****Area 3: Arts and Humanities****Area 4: Social and Behavioral Sciences****Area 5: Physical and Biological Sciences****Area 6: Languages Other than English (LOTE)****Textbooks and Lab Manuals****Resource Type**

Textbook

**Description**Perry, Shannon, et al. *Maternal Child Nursing Care*. 7th ed., Mosby, 2023.**Resource Type**

Textbook

**Description**Lynn, Pamela. *Taylor's Clinical Nursing Skills: A Nursing Process Approach*. 6th ed., Wolters Kluwer, 2022.**Resource Type**

Textbook

**Description**Willis, Laura. *Fluids and Electrolytes Made Incredibly Easy!* 7th ed., Walters Kluwer Health, 2019.**Resource Type**

Textbook

**Classic Textbook**

No

**Description**Harding, Mariann M., et al. *Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems*. 12th ed., Mosby, 2022.

**Resource Type**

Software

**Description**

Assessment Technologies Institute (ATI) Comprehensive Assessment and Review package. Assessment Technologies Institute.

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**Resource Type**

Other Resource Type

**Description**

Moorpark College Nursing Student Handbook.

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**Resource Type**

Other Resource Type

**Description**

Moorpark College Nursing Science Workbooks, Current Edition; NS 2, Part 1 and Part 2.

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## Library Resources

**Assignments requiring library resources**

Research, using the Library's print and online resources specializing in nursing topics, such as the use of the Nursing Care Plan and how to develop teaching plans for maternal and pediatric patients.

**Sufficient Library Resources exist**

Yes

**Example of Assignments Requiring Library Resources**

Research, using the Library's print and online resources specializing in nursing topics, such as the use of the Nursing Care Plan and how to develop teaching plans for maternal and pediatric patients.

## Distance Education Addendum

### Definitions

**Distance Education Modalities**

Hybrid (1%–50% online)  
Hybrid (51%–99% online)  
100% online

### Faculty Certifications

**Faculty assigned to teach Hybrid or Fully Online sections of this course will receive training in how to satisfy the Federal and state regulations governing regular effective/substantive contact for distance education. The training will include common elements in the district-supported learning management system (LMS), online teaching methods, regular effective/substantive contact, and best practices.**

Yes

**Faculty assigned to teach Hybrid or Fully Online sections of this course will meet with the EAC Alternate Media Specialist to ensure that the course content meets the required Federal and state accessibility standards for access by students with disabilities. Common areas for discussion include accessibility of PDF files, images, captioning of videos, Power Point presentations, math and scientific notation, and ensuring the use of style mark-up in Word documents.**

Yes

## Regular Effective/Substantive Contact

### Hybrid (1%–50% online) Modality:

Method of Instruction	Document typical activities or assignments for each method of instruction
Asynchronous Dialog (e.g., discussion board)	<p>Online instructors will provide lesson plans that require activities such as reading course material from a mandatory textbook and participating in discussion forums or chat room topics. Instructors will provide students with feedback on the content and quality of assignments and discussion posts.</p> <p>Additionally, instructors may engage students using the following communication activities available in the online classroom: contact students via e-mail within the course shell, by campus e-mail, and/or MyVCCCD.</p> <p>Instructors may involve students in active learning with the following activities: students may complete homework and receive feedback through the online course, and/or using an interactive online homework system provided by a publishing company; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes; students may interact with the instructor and classmates using an online discussion forum to ask questions; students may submit questions to the instructor by email or ask in person in a virtual classroom; instructor may create student groups or group activities using the online course.</p>
E-mail	Contact with students by college or Canvas email.
Other DE (e.g., recorded lectures)	<p>Online instructors will provide lesson plans that require activities such as reading course material from a mandatory textbook and participating in discussion forums or chat room topics.</p> <p>"Announcement" tool to remind students of important assignments and due dates; provide students with an online schedule of class events using the "calendar" tool in the online course shell.</p> <p>Instructors may involve students in active learning with the following activities: students may view video lessons and/or text-based lessons corresponding to course content and learning objectives; students may complete homework through the online course, and/or using an interactive online homework system provided by a publishing company; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes.</p>
Video Conferencing	<p>Instructors may involve students in active learning with the following activities: students may view video lessons and/or text-based lessons corresponding to course content and learning objectives; students may complete homework through the online course, and/or using an interactive online product provided by a publisher or vendor; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes; students may interact with the instructor and classmates using an online discussion forum to ask questions and complete interactive course activities such as case study review; instructor may create student groups or group activities using the online course.</p>

**Hybrid (51%–99% online) Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
Asynchronous Dialog (e.g., discussion board)	<p>Online instructors will provide lesson plans that require activities such as reading course material from a mandatory textbook and participating in discussion forums or chat room topics. Instructors will provide students with feedback on the content and quality of assignments and discussion posts.</p> <p>Additionally, instructors may engage students using the following communication activities available in the online classroom: contact students via e-mail within the course shell, by campus e-mail, and/or MyVCCCD.</p> <p>Instructors may involve students in active learning with the following activities:</p> <p>students may complete homework and receive feedback through the online course, and/or using an interactive online homework system provided by a publishing company; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes; students may interact with the instructor and classmates using an online discussion forum to ask questions; students may submit questions to the instructor by email or ask in person in a virtual classroom; instructor may create student groups or group activities using the online course.</p>
E-mail	Contact with students by college or Canvas email.
Other DE (e.g., recorded lectures)	<p>Online instructors will provide lesson plans that require activities such as reading course material from a mandatory textbook and participating in discussion forums or chat room topics.</p> <p>"Announcement" tool to remind students of important assignments and due dates; provide students with an online schedule of class events using the "calendar" tool in the online course shell.</p> <p>Instructors may involve students in active learning with the following activities:</p> <p>students may view video lessons and/or text-based lessons corresponding to course content and learning objectives; students may complete homework through the online course, and/or using an interactive online homework system provided by a publishing company; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes.</p>
Video Conferencing	<p>Instructors may involve students in active learning with the following activities:</p> <p>students may view video lessons and/or text-based lessons corresponding to course content and learning objectives; students may complete homework through the online course, and/or using an interactive online product provided by a publisher or vendor; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes; students may interact with the instructor and classmates using an online discussion forum to ask questions and complete interactive course activities such as case study review; instructor may create student groups or group activities using the online course.</p>

**100% online Modality:**

<b>Method of Instruction</b>	<b>Document typical activities or assignments for each method of instruction</b>
Asynchronous Dialog (e.g., discussion board)	<p>Online instructors will provide lesson plans that require activities such as reading course material from a mandatory textbook and participating in discussion forums or chat room topics. Instructors will provide students with feedback on the content and quality of assignments and discussion posts.</p> <p>Additionally, instructors may engage students using the following communication activities available in the online classroom: contact students via e-mail within the course shell, by campus e-mail, and/or MyVCCCD.</p> <p>Instructors may involve students in active learning with the following activities:</p> <p>students may complete homework and receive feedback through the online course, and/or using an interactive online homework system provided by a publishing company; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes; students may interact with the instructor and classmates using an online discussion forum to ask questions; students may submit questions to the instructor by email or ask in person in a virtual classroom; instructor may create student groups or group activities using the online course.</p>
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Other DE (e.g., recorded lectures)	<p>Online instructors will provide lesson plans that require activities such as reading course material from a mandatory textbook and participating in discussion forums or chat room topics.</p> <p>"Announcement" tool to remind students of important assignments and due dates; provide students with an online schedule of class events using the "calendar" tool in the online course shell.</p> <p>Instructors may involve students in active learning with the following activities:</p> <p>students may view video lessons and/or text-based lessons corresponding to course content and learning objectives; students may complete homework through the online course, and/or using an interactive online homework system provided by a publishing company; students may engage in internet searches and Library online database resources on topics corresponding to course content and learning objectives; students may test their knowledge with interactive online quizzes.</p>
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**Examinations****Hybrid (1%–50% online) Modality**

On campus  
Online

**Hybrid (51%–99% online) Modality**

On campus  
Online

**Primary Minimum Qualification**

NURSING

**Review and Approval Dates**

**Department Chair**

10/03/2022

**Dean**

10/04/2022

**Technical Review**

10/06/2022

**Curriculum Committee**

10/18/2022

**DTRW-I**

MM/DD/YYYY

**Curriculum Committee**

MM/DD/YYYY

**Board**

MM/DD/YYYY

**CCCCO**

MM/DD/YYYY

**Control Number**

CCC000433521

**DOE/accreditation approval date**

MM/DD/YYYY