

ADT Submission Form for Kinesiology CCC Major or Area

of Emphasis: Kinesiology

TOP Code: 127000

CSU Major(s): Kinesiology

Total Units: 20 (all units are minimum semester units)

Form # 008 Rev.

6: 09/01/22

In the four columns to the right under the **College Program Requirements**, enter the college's course identifier, title and the number of units comparable to the course indicated for the form. If the course may be double-counted with Cal-GETC, enter the GE Area to which the course is articulated. To review the GE Areas and associated unit requirements, please go to Chancellor's Office Academic Affairs page, RESOURCE section located at:

<https://www.cccco.edu/About-Us/Chancellors-Office/Divisions/Educational-Services-and-Support/What-we-do/Curriculum-and-Instruction-Unit/Templates-For-Approved-Transfer-Model-Curriculum>

or the ASSIST website:

<https://www.assist.org/>.

The units indicated in the template are the **minimum** semester units required for the prescribed course or list. All courses must be CSU transferable. **All courses with an identified C-ID Descriptor must be submitted to C-ID prior to submission of the Associate Degree for Transfer (ADT) proposal to the Chancellor's Office.**

Where no **C-ID Descriptor** is indicated, discipline faculty should compare their existing course to the example course(s) provided in the form at:

<http://www.c-id.net/degreereview.html>

Attach the appropriate ASSIST documentation as follows:

- *Articulation Agreement by Major (AAM)* demonstrating lower division preparation in the major at a CSU;
- *CSU Baccalaureate Level Course List by Department (BCT)* for the transfer courses; and/or,
- *CSU GE Certification Course List by Area (GECC)*.

The acronyms **AAM**, **BCT**, and **GECC** will appear in **C-ID Descriptor** column directly next to the course to indicate which report will need to be attached to the proposal to support the course's inclusion in the transfer degree. To access ASSIST, please go to <http://www.assist.org>.

Associate in Arts in Kinesiology for Transfer Degree
College Name: Moorpark College

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
REQUIRED CORE: (14 units minimum)					
Introduction to Kinesiology (3)	KIN 100	KIN M01	Introduction to Kinesiology	3	
Human Anatomy with Lab (4) AND Human Physiology with Lab (4) OR Human Anatomy and Physiology with Lab (8)	BIO 110B AND BIOL120B OR BIOL 155S	ANAT M01 AND PHSO M01 OR PHSO M01H	Human Anatomy AND Human Physiology OR Honors: Human Physiology	4 4 4	5B, 5C 5B,5C 5B, 5C
Movement Based Courses Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three units: Aquatics, Combatives, Dance Team Sports, Individual Sports, Fitness, Dance	AAM	<u>DANCE</u> DANC M10A DANC M10B DANC M11A DANC M11B DANC M12A DANC M12B DANC M13A DANC M13B DANC M16A DANC M17 DANC M30A DANC M30B <u>FITNESS</u> DANC M19A DANC M19B KIN M23 KIN M24 KIN M31 KIN M32 KIN M33 KIN M34 KIN M40 KIN M42 KIN M43 KIN M50 KIN M51 KIN M52 KIN M53 KIN M54 <u>INDIVIDUAL SPORTS</u> KIN M71 KIN M72	Ballet I - Fundamentals Ballet II - Beginning Jazz Dance I - Fundamentals Jazz Dance II - Beginning Modern Dance I - Fundamentals Modern Dance II - Beginning Tap I - Fundamentals Tap II - Beginning Hip Hop I - Fundamentals Musical Theater Dance Theory and Practice of Social Dance Forms: Ballroom Dance I Theory and Practice of Social Dance Forms: Ballroom II Conditioning Dance: Pilates I Conditioning Dance: Pilates II Walking for Fitness Running for Fitness and Conditioning Body Conditioning/Fitness Body Conditioning/Free Weights Power Lifting/Free Weights Body Conditioning Boot Camp Cardio Step and Sculpt Aerobic Dance Fitness Cardio Kickboxing Pilates Mat Core Stability and Stretch Core Fitness with Cardio T'ai Chi Yoga Golf Tennis	2 2 2 2 2 2 1.5 1.5 1.5 1.5-2 1.5 1.5 2 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	

		TEAM SPORTS	Basketball	1	
		KIN M82	Soccer	1	
		KIN M84	Softball	1	
		KIN M85	Volleyball	1	
		KIN M87			
List A – Select 2 courses (6 units minimum)					
Introduction to Statistics OR Introduction to Statistics in Sociology	MATH 110 SOCI 125	STAT C1000 OR STAT C1000H OR PSY M125 OR SOC M125	Introduction to Statistics Introduction to Statistics – Honors Statistics for the Behavioral and Social Science Statistics for the Behavioral and Social Sciences	4 4 4	2 2 2
Survey of General, Organic, and Biological Chemistry (5) OR General Chemistry for Science Majors I with Lab (5)	AAM OR CHEM 110	CHEM M11 CHEM M12 CHEM M13 CHEM M01A CHEM M01AH	Foundations of General, Organic, and Biochemistry Introductory Chemistry Introductory Chemistry II General Chemistry I Honors: General Chemistry I	5 4 5 5 5	5A, 5C 5A, 5C 5A, 5C 5A, 5C 5A, 5C
Algebra/Trigonometry-Based Physics A (4) OR Calculus-Based Physics for Scientists and Engineers: A (4)	PHYS 105 OR PHYS 205	PHYS M10A AND PHYS M10AL OR PHYS M20A AND PHYS M20AL	General Physics I AND General Physics Lab Mechanics of Solids and Fluids AND Mechanics of Solids and Fluids Lab	4 1 4 1	5A 5C 5A 5C
First Aid and CPR (3)	KIN 101	HED M05	CPR, AED, First Aid, and Personal Safety	3	
Introduction to Psychology OR Introduction to Sociology	PSY 110 OR SOCI 110	PSYC C1000 PSYC C1000H SOC M110 SOC M110H	Introduction to Psychology Introduction to Psychology - Honors Introduction to Sociology Honors: Introduction to Sociology	3 3 3 3	4 4 4 4
Personal Health & Wellness	PH 100	HED M22	Personal Health and Wellness	3	
Total Units for the Major:	20	Total Units for the Major:		20-25	
		Total Units that may be double-counted (The transfer GE Area limits must not be exceeded)			4-10
		General Education (Cal-GETC) Units			34
		Elective Units			10-11
		Total Degree Units (maximum)			60