

# Moorpark College

## Associate in Science in Nutrition and Dietetics (AS-T)

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### Program Goals and Objectives

This transfer degree adheres to SB 1440. The degree offers an additional transfer pathway for potential CSU transfer students as it will help students focus on lower division major preparation courses and supports them as they move toward their transfer goal. Students who complete this degree will satisfy lower-division general education and major requirements for transfer to a Nutrition and Dietetics program at a CSU campus.

### Program Student Learning Outcomes

**Upon completion of this program, a student will be able to:**

- apply the science of nutrition to identify and analyze the role of nutrients in optimal health and well-being.
- identify ways in which social factors influence food-related choices, practices, and beliefs.

### Catalog Description

The Associate in Science in Nutrition and Dietetics for Transfer (AS-T Nutrition/Dietetics) is intended for students who plan to transfer and complete a bachelor's degree in Nutrition and Dietetics, or a "similar" major at a CSU campus. Each CSU campus determines which of the degrees it offers are "similar" and can be completed with the preparation included in the AS-T in Geology within 60 units once a student transfers, so which majors are "similar" varies from CSU to CSU. For a current list of what majors (and what options or areas of emphasis within that major) have been designated as "similar" to this degree at each CSU campus, please refer to the [CSU's Associate Degree for Transfer Major and Campus Search](#) website and seek guidance from a Moorpark College counselor. Students completing this degree are guaranteed admission to the CSU system, but not to a particular campus or major.

#### **To earn an AS-T in Nutrition and Dietetics degree, students must:**

1. Complete a minimum of 60 semester or 90 quarter units that are eligible for transfer to the California State University, including both of the following:
  - a. The California General Education Transfer Curriculum (Cal-GETC) requirements.
  - b. The required coursework for the AS-T in Nutrition and Dietetics as listed in the Moorpark College catalog.
2. Complete all courses in the major and the Cal-GETC with a grade of "C" or better or "Pass/Credit" if the course is taken on a "pass-no-pass" basis. Even though a "Pass/Credit" grade is allowed, it is highly recommended that students complete their major courses with a letter grade (A, B, or C). **Note:** the UC system allows a maximum of 14 semester (21 quarter) units of courses graded "Pass/Credit" toward the 60 transferable semester units required for transfer admission.

3. Obtain a minimum grade point average (GPA) of 2.0 in all CSU-transferable coursework. While a minimum GPA of 2.0 is required for admission, some transfer institutions and majors may require a higher GPA. Please consult with a counselor for more information.

4. Complete a minimum of 12 semester units within the Ventura County Community College District.

Students transferring to a CSU campus that does accept the AS-T in Nutrition and Dietetics will be required to complete no more than 60 units after transfer to earn a bachelor's degree (unless the major is a designated "high-unit" major at a particular campus). This degree may not be the best option for students intending to transfer to a particular CSU campus or to a university or college that is not part of the CSU system. Students should consult with a counselor to obtain more information on university admission and transfer requirements.

Course ID	Title	Units/Hours
<b>REQUIRED CORE: Complete the following</b>		
CHEM M01A	General Chemistry I	5
or CHEM M01AH	Honors: General Chemistry I	
MICR M01	General Microbiology	5
NTS M01	Introduction to Nutrition Science	3
PSYC C1000	Introduction to Psychology	3
or PSYC C1000H	Introduction to Psychology - Honors	
Units from LIST A		8-10
Units from LIST B		3-5
<b>Total Units for Major</b>		<b>27-31</b>
<b>LIST A: Select and complete two courses</b>		
ANAT M01	Human Anatomy	4
CHEM M01B	General Chemistry II	5
CHEM M07A	Organic Chemistry I	5
PHSO M01	Human Physiology	4
or PHSO M01H	Honors: Human Physiology	
STAT C1000	Introduction to Statistics	4
or STAT C1000H	Introduction to Statistics - Honors	

or PSY M125	Statistics for the Behavioral and Social Sciences	
or SOC M125	Statistics for the Behavioral and Social Sciences	
<b>LIST B: Complete a minimum of one course from the following</b>		<b>3-5</b>
If a Physics course is selected, the Lab must also be taken		
BIOL M01	Introduction to Biology	4
BIOL M02A	General Biology I	5
or BIOL M02AH	Honors: General Biology I	
BIOL M02B	General Biology II	5
BUS M30	Introduction to Business	3
BUS M33	Business Law	3
CHEM M01B	General Chemistry II	5
CHEM M07B	Organic Chemistry II	5
CHEM M12	Introductory Chemistry I	4
CHEM M13	Introductory Chemistry II	5
HED M05	First Aid, CPR, AED & Emergency Procedures	3
JOUR M02	Digital Media Reporting & Writing	3
MATH M05	College Algebra for STEM Studies	4
MATH M16A	Applied Calculus I	3
MATH M16B	Applied Calculus II	3
MATH M25A	Calculus with Analytic Geometry I	5
or MATH M25AH	Honors: Calculus with Analytic Geometry I	
MATH M25B	Calculus with Analytic Geometry II	5
or MATH M25BH	Honors: Calculus with Analytic Geometry II	
NTS M07	Cultural Foods	3
PHYS M10A & M10AL	General Physics I and General Physics I Lab	4, 1
PHYS M10B & M10BL	General Physics II and General Physics II Laboratory	4, 1

POLS C1000	American Government and Politics	3
or POLS C1000H	American Government and Politics - Honors	
PSY M07	Developmental Psychology (Lifespan)	3
SOC M110	Introduction to Sociology	3
or SOC M110H	Honors: Introduction to Sociology	
<b>Total Units for Major</b>		<b>27-31</b>
General Education (Cal-GETC)		34
Double-Counted Units		10-13
Elective Units		5-12
<b>Total Units for the AS-T Degree</b>		<b>60</b>