

ADT Submission Form for Kinesiology CCC Major or Area

of Emphasis: Kinesiology

TOP Code: 127000

CSU Major(s): Kinesiology

Total Units: 20 *(all units are minimum semester units)*

Form # 008 Rev.

6: 09/01/22

In the four columns to the right under the **College Program Requirements**, enter the college's course identifier, title and the number of units comparable to the course indicated for the form. If the course may be double-counted with Cal-GETC, enter the GE Area to which the course is articulated. To review the GE Areas and associated unit requirements, please go to Chancellor's Office Academic Affairs page, RESOURCE section located at:

<https://www.cccco.edu/About-Us/Chancellors-Office/Divisions/Educational-Services-and-Support/What-we-do/Curriculum-and-Instruction-Unit/Templates-For-Approved-Transfer-Model-Curriculum>

or the ASSIST website:

<https://www.assist.org/>.

The units indicated in the template are the **minimum** semester units required for the prescribed course or list. All courses must be CSU transferable. **All courses with an identified C-ID Descriptor must be submitted to C-ID prior to submission of the Associate Degree for Transfer (ADT) proposal to the Chancellor's Office.**

Where no **C-ID Descriptor** is indicated, discipline faculty should compare their existing course to the example course(s) provided in the form at:

<http://www.c-id.net/degreereview.html>

Attach the appropriate ASSIST documentation as follows:

- *Articulation Agreement by Major (AAM)* demonstrating lower division preparation in the major at a CSU;
- *CSU Baccalaureate Level Course List by Department (BCT)* for the transfer courses; and/or,
- *CSU GE Certification Course List by Area (GECC)*.

The acronyms **AAM**, **BCT**, and **GECC** will appear in **C-ID Descriptor** column directly next to the course to indicate which report will need to be attached to the proposal to support the course's inclusion in the transfer degree. To access ASSIST, please go to <http://www.assist.org>.

Associate in Arts in Kinesiology for Transfer Degree
College Name:

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
REQUIRED CORE: (14 units minimum)					
Introduction to Kinesiology (3)	KIN 100	KIN M01	Introduction to Kinesiology	3	

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
Human Anatomy with Lab (4) AND Human Physiology with Lab (4) OR Human Anatomy and Physiology with Lab (8)	BIO 110B AND BIOL120B OR BIOL 115S	ANAT M01 AND PHSO M01 OR PHSO M01H	Human Anatomy AND Human Physiology OR Honors: Human Physiology	4 4 4	5B, 5C 5B, 5C 5B, 5C

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS				
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC	
<p>Movement Based Courses Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three units:</p> <p>Aquatics, Combatives, Team Sports, Individual Sports, Fitness, Dance</p>	AAM	DANCE				
		DANC M10A	Ballet I - Fundamentals	2		
		DANC M10B	Ballet II - Beginning	2		
		DANC M11A	Jazz Dance I - Fundamentals	2		
		DANC M11B	Jazz Dance II - Beginning	2		
		DANC M12A	Modern Dance I - Fundamentals	2		
		DANC M12B	Jazz Dance II - Beginning	2		
		DANC M13A	Tap I - Fundamentals	2		
		DANC M13B	Tap II - Beginning	1.5		
		DANC M16A	Hip Hop 1 - Fundamentals	1.5		
		DANC M17	Musical Theater Dance	0.5-2		
		DANC M30A	Ballroom Dance I - Fundamentals	1.5		
		DANC M30B	Ballroom Dance II - Beginning	1.5		
		FITNESS				
		DANC M19A	Conditioning Dance: Pilates I	1		
		DANC M19B	Conditioning Dance: Pilates II	1		
		KIN M23	Walking for Fitness	1		
		KIN M24	Running for Fitness and Conditioning	1		
		KIN M31	Body Conditioning/Fitness	1		
		KIN M32	Body Conditioning/Free Weights	1		
		KIN M33	Power Lifting/Free Weights	1		
		KIN M34	Body Conditioning Boot Campus	1		
		KIN M40	Cardio Step and Sculpt Aerobic	1		
		KIN M42	Dance Fitness	1		
		KIN M43	Cardio Kickboxing	1		
		KIN M50	Pilates Mat	1		
		KIN M51	Core Stability and Stretch	1		
		KIN M52	Core Fitness with Cardio	1		
		KIN M53	T'ai Chi	1		
		KIN M54	Yoga	1		
		KIN M92	Hiking and Backpacking	1		
		INDIVIDUAL				
		KIN M71	Golf	1		
		KIN M72	Tennis	1		
TEAM						
KIN M82	Basketball	1				
KIN M84	Soccer	1				
KIN M85	Softball	1				
KIN M87	Volleyball	1				

List A – Select 2 courses (6 units minimum):

Introduction to Statistics OR Introduction to Statistics in Sociology	MATH 110 SOCI 125	STAT C1000 STAT C1000H PSY M125 SOC M125	Introduction to Statistics Introduction to Statistics - Honors Statistics for the Behavioral and Social Services Statistics for the Behavioral and Social Services	4 4 4 4	2 2 2 2
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TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
Survey of General, Organic, and Biological Chemistry (5) OR General Chemistry for Science Majors I with Lab (5)	AAM OR CHEM 110	CHEM M01A	General Chemistry I	5	5A, 5C
		CHEM M01AH	Honors: General Chemistry I	5	5A, 5C
		CHEM M11	Foundations of General, Organic, and Biochemistry	5	5A, 5C
		CHEM M12	Introductory Chemistry I	4	5A, 5C
		CHEM M13	Introductory Chemistry II	4	5A, 5C

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
Algebra/Trigonometry-Based Physics A (4) OR Calculus-Based Physics for Scientists and Engineers: A (4)	PHYS 105 OR PHYS 205	PHYS M10A	General Physics I	4	5A
		AND	AND		
		PHYS M10AL	General Physics I Lab	1	5C
		OR	OR		
		PHYS M20A	Mechanics of Solid and Fluids	4	5A
		AND	AND		
		PHYS M20AL	Mechanics of Solids and Fluids Laboratory	1	5C

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
First Aid and CPR (3)	KIN 101	HED M05	CPR, AED, First Aid, and Personal Safety	3	

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
Introduction to Psychology OR Introduction to Sociology	PSY 110 OR SOC 110	PSYC C1000	Introduction to Psychology	3	4
		PSYC C1000H	Introduction to Psychology - Honors	3	4
		SOCI C1000	Introduction to Sociology	3	4
		SOCI C1000H	Introduction to Sociology - Honors	3	4

TRANSFER MODEL CURRICULUM (TMC)		COLLEGE PROGRAM REQUIREMENTS			
Course Title (units)	C-ID Descriptor	Course ID	Course Title	Units	Cal-GETC
Personal Health & Wellness	PH 100	HED M22	Personal Health and Wellness	3	
Total Units for the Major:	20	Total Units for the Major:		20-26	
				Total Units that may be double-counted (The transfer GE Area limits must not be exceeded)	4-10
				General Education (Cal-GETC) Units	34
				Elective Units	4-16
				Total Degree Units (maximum)	60