

STRATEGY #2

HABITS OF MIND

What do your students do when confronted with challenging material? What can you do to help them? Incorporate the Habits of Mind!



Costa and Kallick have described those habits that effective thinkers use, especially when confronted with difficult tasks, commenting that “The critical attribute of intelligent human beings is not only having information, but also knowing how to act on it.”

THREE EASY THINGS YOU CAN DO:



1. **Tell** your students about the 16 habits: you can find them at <https://www.edutopia.org/blog/habits-of-mind-terrell-heick>
2. **Choose** habits important to your discipline or class, and integrate them into your lessons/activities. Is it **persistence?** **thinking flexibly?** **innovation?** **finding humor?** These are all habits of mind! Be explicit to your students that these are successful habits important to your field.
3. **Share** stories with your students how you may have mastered or struggled with one or more of these habits!

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for more information and workshops on Habits of Mind, go to 3CSN.org