

STRATEGY #4 PERSEVERANCE

Research shows that students who have "grit" are more likely to succeed in your class. However, grit is kind of hard to teach, so what do we do?

THREE EASY THINGS YOU CAN DO:



**BROUGHT TO YOU BY
THE TEACHING AND
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for more information
on resilience, read "How to
Teach Kids Resilience" in the
Atlantic: <https://www.theatlantic.com/magazine/archive/2016/06/how-kids-really-succeed/480744/>

- 1. Learn** about perseverance!
Farrington has found "four key beliefs that, when embraced by students, seem to contribute... to their tendency to persevere: "*I belong in this academic community. My ability and competence grow with my effort. I can succeed at this. This work has value for me*"
- 2. Build** curriculum and activities that encourage these beliefs in your students!
- 3. Create** challenging, meaningful activities: "belonging isn't enough...For a student to truly feel motivated...he also has to perceive that he is doing work that is challenging, rigorous, and meaningful."